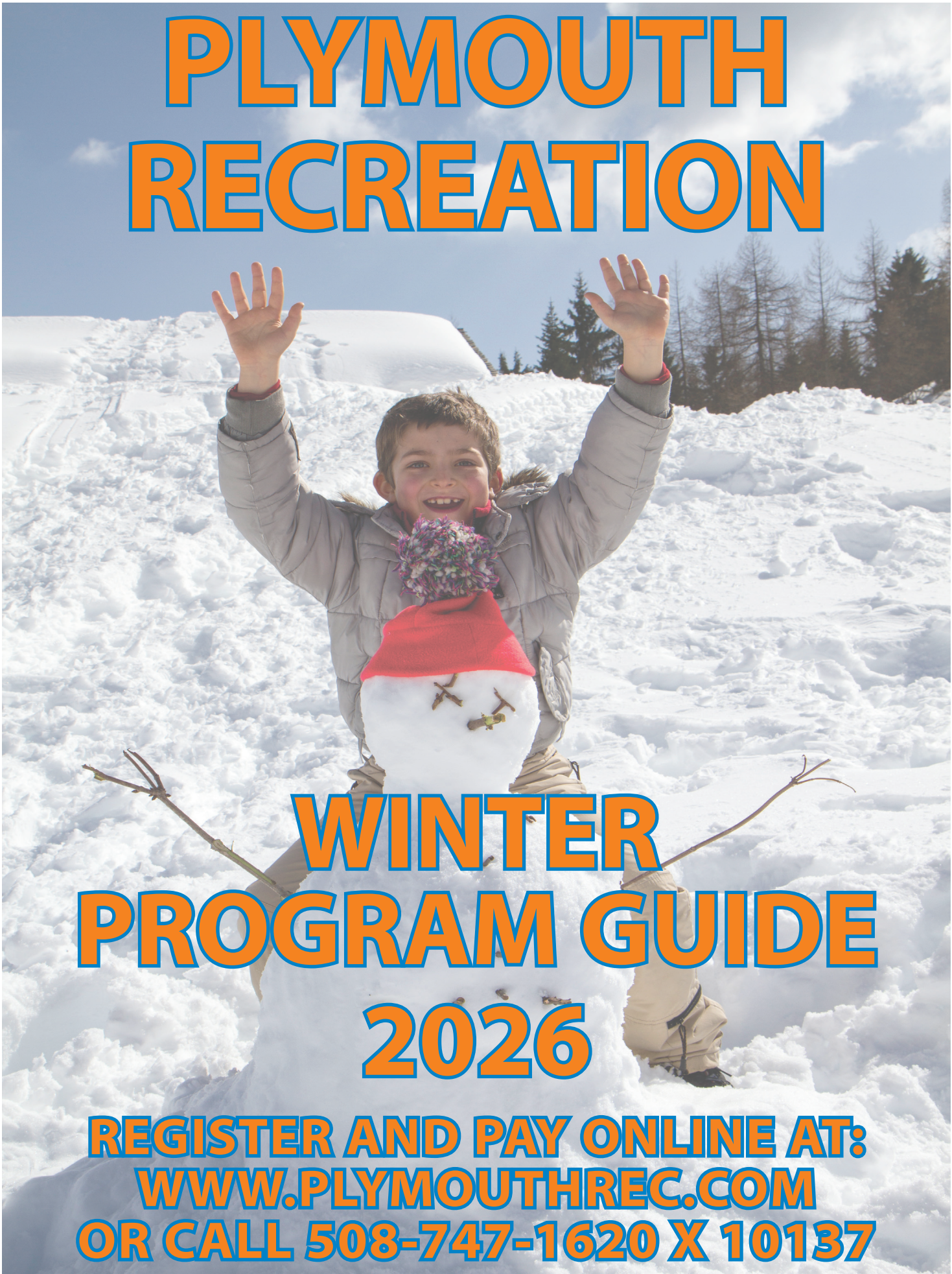


# PLYMOUTH RECREATION



## WINTER PROGRAM GUIDE 2026

REGISTER AND PAY ONLINE AT:  
[WWW.PLYMOUTHREC.COM](http://WWW.PLYMOUTHREC.COM)  
OR CALL 508-747-1620 X 10137

# ABOUT PLYMOUTH RECREATION

## Recreation Office hours are:

7:30a - 4:00p Mon, Wed, Thurs    7:30a-6:30p Tues  
7:30a-12:00p Fri

## HOW TO REGISTER

Register online or in person. Visit the office in person at Town Hall on the 1<sup>st</sup> floor, 26 Court St, Plymouth. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

## NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents for most of our programs. The \$10 non-resident surcharge is non-refundable.

## WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

## AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

## REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the first scheduled day of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is canceled by Recreation, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered. We do not issue refunds for weather cancellations, make-up classes or location changes. The \$10 non-resident surcharge is also non-refundable.

## FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs. Scholarships are available to Plymouth Residents only.

## WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website [www.plymouthrec.com](http://www.plymouthrec.com) or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

## AGE REQUIREMENTS FOR RECREATION PROGRAMS

Proof of age must be provided when registering your child for any Recreation program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified.

\*\*\*Children must meet the minimum age for a program within the first day of the scheduled program start date.\*\*\*

## RECREATION STAFF

### RECREATION DIRECTOR

ANNE SLUSSER  
508-747-1620 Ext. 10136  
[aslusser@plymouth-ma.gov](mailto:aslusser@plymouth-ma.gov)

### ASSISTANT DIRECTOR

SAM BOTELHO  
508-747-1620 Ext. 10196  
[sbotelho@plymouth-ma.gov](mailto:sbotelho@plymouth-ma.gov)

### OFFICE MANAGER / PROGRAM ADMIN

CATHERINE CALABRO  
508-747-1620 Ext. 10137  
[ccalabro@plymouth-ma.gov](mailto:ccalabro@plymouth-ma.gov)

### MYC DIRECTOR/REC ASSISTANT

GRACE CORREIA  
508-747-1620 Ext. 10203  
[gcorreia@plymouth-ma.gov](mailto:gcorreia@plymouth-ma.gov)

### MEMORIAL HALL DIRECTOR

JOSEPH GOLDBERG  
508-747-1620 Ext. 21100  
[jgoldberg@plymouth-ma.gov](mailto:jgoldberg@plymouth-ma.gov)

## LOCAL COMMUNITY ORGANIZATIONS

**Plymouth Youth Soccer**  
[www.plymouthyouthsoccer.com](http://www.plymouthyouthsoccer.com)

**Plymouth Vikings Football & Cheer**  
[www.plymouthvikings.org](http://www.plymouthvikings.org)

**South Plymouth Football & Cheer (Jaguars)**  
[www.psyf.net](http://www.psyf.net)

**South Plymouth Basketball**  
[www.southbball.com](http://www.southbball.com)

**Plymouth Girls Basketball**  
[www.plymouthgirlsbasketball.org](http://www.plymouthgirlsbasketball.org)

**North Plymouth Basketball Assoc.**  
[www.pnhoops.com](http://www.pnhoops.com)

**Plymouth Little League**  
[www.plymouthlittleleague.com](http://www.plymouthlittleleague.com)

**Plymouth Babe Ruth Baseball**  
[www.plymouthbaberuth.com](http://www.plymouthbaberuth.com)

**Plymouth Youth Baseball & Softball**  
[www.plymouthybs.org](http://www.plymouthybs.org)

**Plymouth Youth Wrestling**  
[plymouthyouthwrestling.com](http://plymouthyouthwrestling.com)

**Plymouth Youth Hockey**  
[www.plymouthyouthhockey.net](http://www.plymouthyouthhockey.net)

**Plymouth Rock Lacrosse (Boys+Girls)**  
[www.plymouthrocklacrosse.com](http://www.plymouthrocklacrosse.com)

**South Plymouth Cub Scout Pack 1620**  
[cubscoutpack1620@gmail.com](mailto:cubscoutpack1620@gmail.com)

**Cub Scout Pack #51**  
[newmember.cubscoutpack51@gmail.com](mailto:newmember.cubscoutpack51@gmail.com)

**Girl Scouts of Eastern Mass**  
[www.girlscoutseasternmass.org](http://www.girlscoutseasternmass.org)

**Plymouth Family Network**  
[www.facebook.com/pfnpta](https://www.facebook.com/pfnpta)

# WINTER PRESCHOOL PROGRAMS

## TOT SMART SOCCER

AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 5: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 6: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Time A: 10:00a-10:30a OR Time B: 10:35a-11:05a

Fee: \$50 per child (6 classes - no class 1/19 or 2/16)

Location: Memorial Hall-Auditorium (83 Court St)

## ARTSY TOTS

AGES 2-4 WITH PARENT

Enjoy creative self-expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book.

Session 3: Tuesday January 27<sup>th</sup>-February 24<sup>th</sup>

Session 4: Tuesday March 10<sup>th</sup>-31<sup>st</sup>

Time: 11:00a-11:45a

Fee: \$40 per child (4 classes - no class 2/17)

Location: Manomet Youth Center (659 State Rd)

## LITTLE SPORTS STARS

AGES 2-3 WITH PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is required.

Session 5: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 6: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Time: 10:00a-10:30a

Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

## SPORTS STARS

AGES 3-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken Little Sports Stars class first)

Session 3: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 4: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Time: 1:45p-2:30p

Fee: \$55 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

## BIDDY BASKETBALL

AGES 4-5

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 3: Saturday February 14<sup>th</sup>- March 14<sup>th</sup>

Session 4: Sunday February 15<sup>th</sup>-March 15<sup>th</sup> \*Time A only\*

Time A: 8:30a-9:15a

Time B: 9:30a-10:15a

Time C: 10:30a-11:15a

Fee: \$55 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

## PRESCHOOL OOEY GOOEY SLIMEY FUN!

AGES 3-6 WITH PARENT

Kids who are slime lovers will have a blast trying out all these slime recipes and will have a blast using different ingredients for slime. Children will make slime and will have cool slime creations to bring home.

Instructor: Coach Catherine

Session 3: Monday January 26<sup>th</sup>-February 23<sup>rd</sup>

Session 4: Monday March 9<sup>th</sup>-30<sup>th</sup>

Time: 2:00p-2:45p

Fee: \$55 per child (4 classes - no class 2/16)

Location: Manomet Youth Center (659 State Rd)

## ONE-HIT WONDER WORKSHOPS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and momentos that will last forever!

Ages: 2-5 with Parent Participation Fee: \$15 per workshop

Time: 10:00a-11:00a

Location: Memorial Hall - Blue Room (83 Court St)

### Valentine's Day

Valentine's Day is a great excuse for a crafty session with the kids. After all there is nothing better than getting a little something made by someone you love! Join us for a Valentine's Day themed children's story followed by a variety of crafts to bring home!

Date: Thursday February 12<sup>th</sup>

### St. Patrick's Day

Celebrate St. Patrick's Day with our collection of St. Patrick's Day crafts for kids! We will read a short story followed by crafts involving leprechauns, pots of gold, rainbows and shamrocks, all the traditional St. Patrick's Day symbols!

Date: Thursday March 12<sup>th</sup>

### Spring

With springtime comes a celebration of baby chicks and fluffy bunnies! This is a wonderful time for a short story and to do some crafts with your kids! Make spring more fun than ever with these wonderful spring-themed projects!

Date: Thursday April 2<sup>nd</sup>

## PARENT & TOT DANCE

AGES 2-3 WITH PARENT

Does your toddler like to dance around the house and bop their head when they listen to music? Our Parent and Tot Dance class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Open Space Studio Instructor

Session 3: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time: 9:30a-10:00a

Fee: \$55 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

## PRESCHOOL DANCE

AGES 3-5

The preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. 3 year olds must have taken Parent & Tot dance before enrolling in Preschool Dance.

Instructor: Open Space Studio Instructor

Session 3: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time: 10:15a-11:00a

Fee: \$60 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

# WINTER PRESCHOOL PROGRAMS

## TUMBLE WITH ME

AGES 2-3 WITH PARENT

A coach will guide the parents and children through various circuits that will begin to develop the basics for gymnastics. Parents are actively involved with their children while they explore the equipment. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills.

Instructor: Coach Catherine & Coach Grace

Session 3: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 4: Wednesday March 4<sup>th</sup>-April 8<sup>th</sup>

Time A: 9:30a-10:00a or Time B: 10:05a-10:35a

Fee: \$50 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

## PRESCHOOL COOKING

AGES 4-5

Preschoolers will enjoy the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). There are no stoves involved, so this class is safe for everyone! Please note ingredients used are pre-made and we cannot control the contents. Includes all supplies.

Session 3: Thursday January 15<sup>th</sup>-February 5<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-26<sup>th</sup>

Time: 2:00p-2:45p

Fee: \$60 per child (4 classes)

Location: Manomet Youth Center (659 State Rd)

## WINTERLAND LEARN TO ICE SKATE - TOT

AGES 4-6

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates available on a first-come, first-served basis and included in the class fee. Double blade skates not permitted
- Participants must be potty trained and capable of following directions.

\*Minors must be accompanied by a parent/guardian who stays in the building during the lesson

Session 5: Thursday January 8<sup>th</sup>-February 26<sup>th</sup>

Session 7: Thursday March 5<sup>th</sup>-April 23<sup>rd</sup>

Thursday Time: 4:55p-5:20p

Session 6: Sunday January 4<sup>th</sup>-February 22<sup>nd</sup>

Session 8: Sunday March 1<sup>st</sup>-April 26<sup>th</sup>

Sunday Time: 2:25p-2:50p

Fee: \$184 per child (8 classes - no class 4/5)

Location: Armstrong Arena (103 Long Pond Rd)

## ADVANCED TUMBLE WITH ME

AGES 4-5

This class is designed for children that feel confident following direction and participating in a group environment type of class without their parents presence. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills.

Instructor: Coach Catherine & Coach Grace

Session 3: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 4: Wednesday March 4<sup>th</sup>-April 8<sup>th</sup>

Time: 10:45a-11:30a

Fee: \$60 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

## FREE PLAY FRIDAY'S

AGES 1-4 WITH PARENT

Free Play is a parent supervised session for infants-preschool aged children. Children are free to explore our wonderful gymnastics area and use all the traditional gymnastics equipment such as balance beams, trampolines, and wedge mats. We also have an awesome range of special climbing equipment through soft shapes and play huts.

Session 3: Friday January 9<sup>th</sup>-February 13<sup>th</sup>

Session 4: Friday February 27<sup>th</sup>-April 10<sup>th</sup> (no class 4/3)

Time: 9:30a-11:30a

Fee: \$24 per session, or \$5 per day drop in

Location: Manomet Youth Center (659 State Rd)

## PRESCHOOL KARATE

AGES 4-6

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Fee includes uniform and belt for first time participants.

Instructor: Sensei Mike Murphy

Session 3: Friday January 9<sup>th</sup>-February 13<sup>th</sup>

Session 4: Friday February 27<sup>th</sup>-April 3<sup>rd</sup>

Time: 4:30p-5:00p

Fee: \$90 per child (6 classes)

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

## INDOOR SMART SOCCER

AGES 3-5

This program is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-sided play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. \*Shin guards are recommended for children, but are not required\*

Session 2: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 3: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Ages 3: Time: 4:15p-4:45p

Fee: \$52 per child (6 classes)

Ages 4-5: Time: 4:50p-5:50p

Fee: \$82 per child (6 classes)

Location: Memorial Hall - Auditorium (83 Court St)

## TOT TUMBLE & MOVEMENT

AGES 2-5 WITH PARENT

A playful and engaging parent-and-child class designed for toddlers and their caregivers! This class focuses on developing motor skills, coordination, and confidence through fun activities like crawling, climbing, balancing, and music-based movement. With guided instruction in a safe, supportive environment, it's a perfect way to bond, move, and explore together! Please wear comfortable clothing, sneakers.

Session 1: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 2: Friday January 9<sup>th</sup>-February 13<sup>th</sup>

Session 3: Wednesday February 25<sup>th</sup>-April 1<sup>st</sup>

Session 4: Friday February 27<sup>th</sup>-April 3<sup>rd</sup>

Time: 10:00a-10:30a

Fee: \$70 per child (6 classes)

Location: Northern Lights Cheer (54 Holman Rd - Building B)

**REGISTRATION OPENS  
NOVEMBER 17<sup>TH</sup> FOR PLYMOUTH  
RESIDENTS, NOVEMBER 24<sup>TH</sup> FOR  
NON-RESIDENTS**

# WINTER YOUTH PROGRAMS

## DEVELOPMENTAL VOLLEYBALL

AGES 10-13

Powered by the expertise of JAM Volleyball Club and their experienced coaches, this 6 week program will focus on skill development, teamwork, and game play in a supportive and fun environment. The first sessions will focus on learning volleyball basics—covering skills, drills, and game strategy in a supportive and fun environment. The following weeks will bring it all together with modified game play, giving players the chance to put their skills to the test, build teamwork, and enjoy the thrill of volleyball competition!

Instructor: JAM Volleyball

Session 3: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 4: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Time: 4:15p-5:30p

Fee: \$80 per child (6 classes - no class 1/19 or 2/16)

Location: Memorial Hall - Auditorium (83 Court St)

## INDOOR FLAG FOOTBALL CLINIC

AGES 7-9

Participants will be put through various drills and activities during the clinic, which will help them develop their flag football skills and gain a better understanding of the game.

Instructor: Coach Sam

Session 1: Wednesday January 14<sup>th</sup>-February 11<sup>th</sup>

Session 2: Wednesday February 25<sup>th</sup>-March 2<sup>nd</sup>

Fee: \$50 per child (5 classes)

Time: 4:15p-5:00p

Location: Memorial Hall - Auditorium (83 Court St)

## INTRO TO CHEERLEADING

AGES 5-11

A fun and energetic class designed to introduce kids to the fundamentals of cheerleading! Students will learn jumps, motions, and beginner stunts in a supportive and team-focused environment. Perfect for building confidence, coordination, and spirit! Please wear comfortable clothing, sneakers and hair must be pulled back/up.

Session 1: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 2: Saturday January 10<sup>th</sup>-February 14<sup>th</sup>

Session 3: Tuesday February 24<sup>th</sup>-March 31<sup>st</sup>

Tuesday Time: 5:00p-6:00p      Saturday Time: 11:00a-12:00p

Fee: \$155 per child (6 classes)

Location: Northern Lights Cheer (54 Holman Rd - Building B)

## INTRO TO TUMBLE

AGES 5-10

Beginners will focus on the following skills: Forward Roll, backward roll, handstand, Cartwheel, Power Hurdle Round Off. Please wear comfortable clothing, sneakers and hair must be pulled back/up.

Session 1: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 2: Tuesday February 24<sup>th</sup>-March 31<sup>st</sup>

Time: 6:00p-7:00p      Fee: \$155 per child (6 classes)

Location: Northern Lights Cheer (54 Holman Rd - Building B)

## HOME ALONE & STAYING SAFE

GRADES 4-8

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Session 2: Saturday March 28<sup>th</sup>

Instructor: Bette Antonellis & Denise Laiosa

Time: 9:30a-12:00p      Fee: \$55 per child (1 class)

Location: Memorial Hall- Blue Room (83 Court St)

## INTRO TO CROSSFIT FOR KIDS

AGES 5-10

CrossFit Kids is a strength and conditioning program that is specifically designed for kids and helps them develop a lifelong love of fitness. In a group setting, children participate in fun and engaging workouts that deliver measurable results and prepare them to be well-rounded athletes.

Session 3: Thursday January 8<sup>th</sup>-March 5<sup>th</sup>

Session 4: Thursday March 12<sup>th</sup>-May 7<sup>th</sup>

Time: 4:30p-5:15p

Fee: \$100 per child (8 classes)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

## YOUTH COOKING CLASS

AGES 6-10

Kids love the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). There are no stoves involved, so this class is safe for everyone! Please note ingredients used are pre-made and we cannot control the contents. If your child has a food allergy please call for more details.

Session 3: Thursday January 15<sup>th</sup>-February 5<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-26<sup>th</sup>

Time: 6:00p-6:45p

Fee: \$60 per child (4 classes)

Location: Manomet Youth Center (659 State Rd)

## VIDEO GAME CLUB

AGES 6-12

Video Game Club is a program that will provide kids a safe, fun, and competitive club, where they can play video games with their friends. The games that will be offered are Super Smash Brothers, Mario Kart, Minecraft and more. The games will all be played on a Nintendo Switch.

Session 3: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time: 5:30p-6:45p

Fee: \$30 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

## YOUTH YOGA

AGES 8-13

Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self-respect and respect for others with the practice of fun and challenging Yoga poses and Yoga games. Children must bring their own Yoga mat.

Instructor: Jaime Houde

Session 2: Thursday January 15<sup>th</sup>-February 5<sup>th</sup>

Time: 5:15p-6:00p

Fee: \$45 per child (4 classes)

Location: Memorial Hall - Blue Room (83 Court St)

## HIP HOP DANCE

AGES 6-10

This is a high energy class that teaches the popular moves of today. You will learn combinations and dance routines that will get your body moving, and have you closer to looking like a dancer in your favorite music video. At the end of the 6 weeks your child will perform their routine on stage!

Instructor: Open Space Dance Studio

Session 3: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 4: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Time: 5:00p-5:45p

Fee: \$65 per child (6 classes - no class 1/19 or 2/16)

Location: Memorial Hall- Blue Room (83 Court St)

# WINTER YOUTH PROGRAMS

## CHEMICAL CREATIONS

AGES 6-10

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit, enabling you to complete many activities! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. You will also make and take home some cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!

Instructor: Minds in Motion

Date: Wednesday January 21<sup>st</sup>-March 4<sup>th</sup>

Time: 5:30p-6:30p

Fee: \$150 per child (6 classes - no class 2/18)

Location: Memorial Hall - Blue Room (83 Court St)

## X IN 1 ROBOT FUN

AGES 6-10

If you are new to robot building, this is for you! Come assemble up to five different vehicles, three different dinosaurs, and two windmills as you work on and take home your very own X in 1 Robot kit! You will construct ten animated building options with child-friendly parts that function indoors with the use of a Hand Generator, outdoors with the use of the XL Solar Panel, and indoors and outdoors with the Wind Powered LED. Developing manual dexterity and building confidence has never been this fun! You will also learn three separate renewable energy concepts: Hand Generator power, Solar power, and Wind power. With the aid of your instructor, you will utilize the colored instruction manual and work with over 115 pieces as you explore, create, and innovate! With X in 1 Renewable Energy Kit, the fun never has to end. Come unleash your inner robot engineer!

Instructor: Minds in Motion

Date: Wednesday March 18<sup>th</sup>-April 29<sup>th</sup>

Time: 5:30p-6:30p

Fee: \$150 per child (6 classes - no class 4/22)

Location: Memorial Hall - Blue Room (83 Court St)

## WINTERLAND LEARN TO ICE SKATE

AGES 6-15

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates available on a first-come, first-served basis and included in the class fee. Double blade skates not permitted
- Participants must be potty trained and capable of following directions.

\*Minors must be accompanied by a parent/guardian who stays in the building during the lesson

Instructor: Winterland Instructors

Session 5: Thursday January 8<sup>th</sup>-February 26<sup>th</sup>

Session 7: Thursday March 5<sup>th</sup>-April 23<sup>rd</sup>

Thursday Time: 4:30p-4:55p

Session 6: Sunday January 4<sup>th</sup>-February 22<sup>nd</sup>

Session 8: Sunday March 1<sup>st</sup>-April 26<sup>th</sup>

Sunday Time: 2:00p-2:25p

Fee: \$184 per child (8 classes - no class 4/5)

Location: Armstrong Arena (103 Long Pond Rd)

## INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills and more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & belt for first time registrants.

Instructor: Sensei Mike Murphy

Session 3: Friday January 9<sup>th</sup>-February 13<sup>th</sup>

Session 4: Friday February 27<sup>th</sup>-April 3<sup>rd</sup>

Time: 5:15p-6:00p

Fee: \$90 per child (6 classes)

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

## YOUTH BASKETBALL

AGES 6-9

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 2: Saturday January 3<sup>rd</sup> - January 31<sup>st</sup> \*Time A&B FULL\*

Session 4: Saturday February 14<sup>th</sup> - March 14<sup>th</sup>

Session 3: Sunday January 4<sup>th</sup>-February 1<sup>st</sup> \*Time A only\*

Session 5: Sunday February 15<sup>th</sup>-March 15<sup>th</sup> \*Time A only\*

6&7 Time A: 11:30a-12:30p

6&7 Time B: 12:45p-1:45p

8&9 Time C: 2:00p-3:00p

Fee: \$70 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

## BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned babysitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful babysitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Session 2: Saturday January 24<sup>th</sup>

Instructor: Bette Antonellis

Time: 9:30a-12:00p

Fee: \$55 per child (1 class)

Location: Memorial Hall- Blue Room (83 Court St)

## KID'S NIGHT OUT

AGES 6-12

The Manomet Youth Center will be hosting three Friday night "Parties". They are open to everyone and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room and challenge each other to matches of ping-pong, pool and air hockey! Pizza and drinks are provided.

Fee: \$15 per child per night

Time: 6:00p-9:30p

Location: Manomet Youth Center (659 State Rd)

## DODGEBALL NIGHT

When: Friday January 23<sup>rd</sup>

## VIDEO GAME NIGHT

When: Friday February 27<sup>th</sup>

## GAGA NIGHT

When: Friday March 27<sup>th</sup>

# WINTER TENNIS PROGRAMS @ VSC

## MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS

AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. Rackets will be provided if needed free of charge.

Session 3: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 4: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS

AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. Rackets will be provided if needed free of charge.

Session 3: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 4: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## HOT SHOTS TENNIS

AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the fundamentals of all strokes and will start work on match play. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 5: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 6: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 7: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Session 8: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Tuesday Time: 6:30p-7:30p Thursday Time: 4:30p-5:30p

Fee: \$135 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## HOT SHOTS LEVEL 2 TENNIS

AGES 10-12

This class is intended for students who have previously taken the Hot Shots Level 1 class, and are looking for more advanced lessons. Students must be recommended for the class by the instructor, and taking a previous Level 1 Hot Shots Tennis is required.

Session 1: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 2: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Time: 5:30p-6:30p

Fee: \$135 per child (6 classes - no class 1/19 or 2/16)

Location: Village Sports Club (30 Golf Dr)

## INDOOR TENNIS ADULT LEVEL 1

AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Rackets available to use free of charge.

Session 3: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 4: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Session 3 & 4 Time: 7:30p-8:30p

Session 5: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 6: Wednesday March 4<sup>th</sup>-April 8<sup>th</sup>

Session 5 & 6 Time: 6:00p-7:00p

Fee: \$135 per person (6 classes)

Location: Village Sports Club (30 Golf Dr)

## LITTLE HOT SHOTS LEVEL 1 TENNIS

AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes. Rackets will be provided if needed free of charge.

Session 5: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 6: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 7: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Session 8: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time: 5:30p-6:30p

Fee: \$135 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## LITTLE HOT SHOTS LEVEL 2 TENNIS

AGES 7-9

This class is intended for students who have previously taken the Little Hot Shots Level 1 class, and are looking for more advanced lessons. Students must be recommended for the class by the instructor, and taking a previous Level 1 Little Hot Shots Tennis is required.

Session 1: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 2: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 3: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Session 4: Wednesday March 4<sup>th</sup>-April 8<sup>th</sup>

Monday Time: 4:30p-5:30p

Wednesday Time: 5:00p-6:00p

Fee: \$135 per child (6 classes - no class 1/19 or 2/16)

Location: Village Sports Club (30 Golf Dr)

## QUICK START LEVEL 1 TENNIS

AGES 4-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level class to develop tennis skills with fun games! Rackets will be provided if needed free of charge.

Session 3: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 4: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>

Time A: 4:30p-5:00p

Time B: 5:00p-5:30p

Fee: \$95 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## QUICK START LEVEL 2 TENNIS

AGES 5-6

This class is intended for students who have previously taken the Quick Start Level 1 class, and are looking for more advanced lessons. Students must be recommended for the class by the instructor, and taking a previous Level 1 Quick Start class is required.

Session 1: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>

Session 2: Wednesday March 4<sup>th</sup>-April 8<sup>th</sup>

Time: 4:30p-5:00p

Fee: \$95 per child (6 classes)

Location: Village Sports Club (30 Golf Dr)

## INDOOR TENNIS ADULT LEVEL 2

AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Session 3: Monday January 5<sup>th</sup>-February 23<sup>rd</sup> (Time A only)

Session 4: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 5: Monday March 2<sup>nd</sup>-April 6<sup>th</sup> (Time A only)

Session 6: Thursday March 5<sup>th</sup>-April 9<sup>th</sup>

Time A: 6:30p-7:30p

Time B: 7:30p-8:30p

Fee: \$135 per person (6 classes)

Location: Village Sports Club (30 Golf Dr)

# WINTER ADULT PROGRAMS

## PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body," "Mind, Body, & Spirit". Please bring a Yoga mat to class each week.

Instructor: Laurette Ryan

Session 3: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>

Session 4: Monday March 9<sup>th</sup>-April 13<sup>th</sup>

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes - no class 1/19 or 2/16)

## KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session 3: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Session 4: Thursday February 26<sup>th</sup>-April 2<sup>nd</sup>

Session 5: Thursday April 16<sup>th</sup>-May 21<sup>st</sup>

Time: 6:30p-7:45p

Fee: \$65 per person (6 classes)

Location: Memorial Hall - Blue Room (83 Court Street)

## MASTERS BAYSTATE CROSSFIT

AGES 45+

Muscular strength is a predictor of longevity, and Sarcopenia is the age-related progressive loss of muscle mass and strength. The primary treatment for Sarcopenia is exercise, specifically strength training. We'll help you build strength, mobility, stability, balance, unilateral strength, and principles that counteract the natural occurrence of lost muscle mass as you age. **Participants can choose up to 2 different classes a week to attend.**

Session 3: Monday January 5<sup>th</sup>-Saturday February 28<sup>th</sup>

Session 4: Monday March 2<sup>nd</sup>-Saturday April 25<sup>th</sup>

Choose two weekly: Monday, Wednesday, Thursday, Friday or Saturday at 6:30a-7:30a

Fee: \$190 per person (16 classes)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

## ADULT INTRO TO CROSSFIT

AGES 18+

Think small group classes while being personally trained. You can expect to move through about 5-15 minutes of a warmup followed by a skill or strength section before moving into whatever the workout is programmed for the day. Movements/workouts are individually adjusted and scaled for each athlete based on their physical ability. **Participants can choose up to 2 different classes a week to attend.**

Session 3: Monday January 5<sup>th</sup>-Friday February 27<sup>th</sup>

Session 4: Monday March 2<sup>nd</sup>-Friday April 24<sup>th</sup>

Daily Times Available: 5:00a, 8:00a, 9:15a or 5:15p

Fee: \$190 per person (16 classes)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

## FIRST AID, CPR & AED TRAINING

AGES 16+

Be Educated. Act Rapidly. Join B.E.A.R Training Academy for an AHA-certified CPR, AED, and First Aid class that equips you with the skills and confidence to save a life. Taught by an experienced nurse and certified instructor, you'll learn how to respond to cardiac arrest, choking, allergic reactions, and everyday emergencies. Perfect for parents, caregivers, teachers, and businesses—hands-on, practical, and lifesaving.

Instructor: B.E.A.R. Training Academy

Date: Sunday February 1<sup>st</sup>

Date: Sunday March 15<sup>th</sup>

Time: 2:00p-5:00p

Fee: \$80 per person (1 class)

Location: Manomet Youth Center (659 State Rd)

## INTRO TO KNITTING

AGES 18+

Learn the basic knit and purl stitch as well as the cast off and an easy cast on technique. Learn about the many options and characteristics of yarn and needles available. Additionally, participants will begin to learn how to read a pattern. Participants will have the option to select and begin their own first knit project at the end of the class.

Instructor: Plymouth Harbor Knits - Jennifer Bernard

Session 3: Wednesday January 7<sup>th</sup>-28<sup>th</sup>

Session 4: Wednesday March 4<sup>th</sup>-25<sup>th</sup>

Time: 4:30p-6:00p

Fee: \$72 per person (4 classes)

Location: Plymouth Harbor Knits (170 Water St, Village Landing)

## MENS PICK-UP BASKETBALL

AGES 18+

Come join our popular pick-up basketball at the Manomet Youth Center. Space is limited to 18 per night so pre-registration is encouraged to secure your spot! This ensures that everyone gets plenty of time to play.

Session 2: Thursday January 8<sup>th</sup>-March 5<sup>th</sup>

Session 3: Thursday March 19<sup>th</sup>-May 14<sup>th</sup>

Location: Manomet Youth Center (659 State Rd)

Time: 7:00p-9:00p

Fee: \$40 per person (8 nights - no class 2/19 & 4/23)

## SUNDAY BOOTCAMP

AGES 18+

Time to get sweaty! Class starts with a warmup before we head into a 25-30-minute bootcamp style session that will include plyometrics, bodyweight, conditioning, and light weights. This class is perfect for the person who's ready to rev up their fitness routine!

Session 3: Sunday January 4<sup>th</sup>-February 22<sup>nd</sup>

Session 4: Sunday March 1<sup>st</sup>-April 19<sup>th</sup>

Time: 9:15a-10:15a

Fee: \$85 per person (8 classes)

Location: Baystate Crossfit (114 Long Pond Rd Unit 6)

## HIIT TRAINING FOR ADULTS 55+

Designed for adults over 55, intensity interval training circuit class using ropes, Bosu, free weights, TRX, kettlebells and medicine balls and more. It's always challenging and fun! Tuesday's class is instructed by Janet Enos, a retired physical therapist/master personal trainer and certified rehab liaison instructor. Thursday's class is instructed by Russ Enos, veteran and former athletic director with a passion for HIIT and modifying workouts for all abilities. Every limitation is considered and modifications applied. Don't let your age stop you from achieving your best life.

Session 3: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>

Session 4: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>

Time: 10:45a-11:45a

Fee: \$70 per person for 1 session or \$130 per person for both sessions

Location: Baystate Crossfit (114 Long Pond Rd)

# WINTER ADULT PROGRAMS

## ARCHERY FOR WOMEN: A JOURNEY OF PRECISION AND POWER AGES 18+

This archery class is designed for women of all skill levels who want to experience the art of archery. Whether you are a beginner or looking to improve your form, this class will guide you through the fundamentals and help you build confidence, strength, and focus. Emphasis is placed on technique, safety and having fun! All equipment provided. Instructor: Dee Sacchetti  
Session 1: Tuesday March 3<sup>rd</sup>-24<sup>th</sup>  
Time: 6:00p-7:30p Fee: \$155 per person (4 classes)  
Location: Manomet Youth Center (659 State Rd)

## BEGINNER PICKLEBALL LESSONS AGES 18+

Come learn the latest racquet sport craze! All the basics will be taught; handling and use of racquet, court positioning, game strategy, and scoring. This is an introductory instructional program.

**\*Paddles are provided by Village Sports Club if needed\***

Session 4: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>  
Session 7: Monday March 9<sup>th</sup>-April 27<sup>th</sup>  
Monday Time: 2:30p-3:30p  
Session 5: Thursday January 8<sup>th</sup>-February 12<sup>th</sup>  
Session 6: Thursday March 5<sup>th</sup>-April 16<sup>th</sup>  
Time A: 10:00a-11:00a Time B: 11:00a-12:00p  
Fee: \$105 per person (6 classes-no class 1/19, 2/16, 3/23, 3/26 or 4/20)  
Location: Village Sports Club (30 Golf Dr)

## INDOOR PM PICKLEBALL AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts.  
Session 7: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>  
Session 8: Tuesday January 6<sup>th</sup>-February 10<sup>th</sup>  
Session 9: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>  
Session 10: Monday March 9<sup>th</sup>-April 13<sup>th</sup>  
Session 11: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>  
Session 12: Wednesday February 25<sup>th</sup>-April 1<sup>st</sup>  
Time: 6:00p-8:00p  
Fee: \$30 per person (6 classes - no class 1/19, 2/16)  
Location: Memorial Hall - Auditorium (83 Court Street)

## INDOOR AM PICKLEBALL AGES 18+

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, game! We will provide all the equipment! What level do you belong in? If you are a 3.0 player and above, you belong in the intermediate/advanced group. If you don't know what level you are or looking to just play, have fun and socialize? Stick with the beginner/intermediate group.  
Session 1: Wednesday January 7<sup>th</sup>-February 11<sup>th</sup>  
Session 2: Wednesday February 25<sup>th</sup>-April 1<sup>st</sup>  
Beginners/Intermediate: 8:00a-9:30a  
Intermediate/Advanced: 9:30a-11:00a  
Fee: \$30 per person (6 classes)  
Location: Memorial Hall - Auditorium (83 Court St)

**\*There are no instructors at this program\***

## INTRO TO COUNTRY LINE DANCING AGES 18+

Here is a beginner level class to learn popular country, pop and ballroom line dances. This class is great exercise and lots of fun. No partner required.  
Instructor: Paul & Kelly Wybieracki  
Session 3: Tuesday January 13<sup>th</sup>-February 17<sup>th</sup>  
Session 4: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>  
Session 5: Tuesday April 21<sup>st</sup>-May 26<sup>th</sup>  
Time A: 5:00p-6:00p or Time B: 6:05p-7:05p  
Fee: \$55 per person (6 classes)  
Location: Memorial Hall - Blue Room (83 Court St)

## WEST COAST SWING FOR COUPLES AGES 18+

WCS is a social partner danced with roots from Lindy Hop. It's popular because it is danced to many music genres and tempos. It is primarily danced in a slotted area making it perfect for dancing in a small or crowded space. There are opportunities for improvisation that add to the fun. **\*This is a partner's only class\***

Instructor: Paul & Kelly Wybieracki  
Dates: Tuesday January 13<sup>th</sup>-February 17<sup>th</sup>  
Time: 7:15p-8:15p Fee: \$130 per couple (6 classes)  
Location: Memorial Hall - Blue Room (83 Court St)

## 2STEP DANCING FOR COUPLES AGES 18+

The two-step is a couples' progressive country-western dance characterized by a pattern of quick and slow steps, typically danced counter-clockwise around the perimeter of the dance floor. **\*This is a partner's only class\***

Instructor: Paul & Kelly Wybieracki  
Dates: Tuesday March 3<sup>rd</sup>-April 7<sup>th</sup>  
Time: 7:15p-8:15p Fee: \$130 per couple (6 classes)  
Location: Memorial Hall - Blue Room (83 Court St)

## NIGHT CLUB DANCING FOR COUPLES AGES 18+

Nightclub Two-Step, a smooth and romantic partner dance designed for slow to mid-tempo ballads. **\*This is a partner's only class\***

Instructor: Paul & Kelly Wybieracki  
Dates: Tuesday April 21<sup>st</sup>-May 26<sup>th</sup>  
Time: 7:15p-8:15p  
Fee: \$130 per couple (6 classes)  
Location: Memorial Hall - Blue Room (83 Court St)

## ADULT JAZZ DANCE AGES 18+

This upbeat class is open to all levels—whether you're brand new to dance or already have experience. We'll focus on jazz technique, musicality, and expressive choreography in a supportive and fun environment. Beginners will learn foundational steps and combinations at an accessible pace, while more advanced dancers will be given exciting variations and challenges to keep pushing their skills. Every class ends with a piece of choreography that brings it all together, so you can move, perform, and enjoy the energy of jazz dance at your own level.

Instructor: Nicole Purtell  
Session 1: Monday January 5<sup>th</sup>-February 23<sup>rd</sup>  
Session 2: Monday March 9<sup>th</sup>-April 13<sup>th</sup>  
Time: 7:15p-8:15p  
Fee: \$55 per person (6 classes - no class 1/19 or 2/16)  
Location: Memorial Hall - Blue Room (83 Court St)

# SCHOOL VACATION PROGRAMS

## VACATION FLAG FOOTBALL CLINICS AGES 7-13

This clinic is designed as an introduction to football, teaching the skills of passing, receiving, running with the ball, and defense. The clinic will stress skill development and game competition.

February: Tuesday February 17<sup>th</sup>-Thursday February 19<sup>th</sup>

Location: Plymouth South Middle School (488 Long Pond Rd)

April: Tuesday April 21<sup>st</sup>-Thursday April 23<sup>rd</sup>

Time: 9:30a-11:30a Fee: \$65 per child (3 classes)

Location: Forges Lower Football Field (83 Jordan Rd)

**\*Rain make-up for April Vacation is Friday April 24<sup>th</sup>\***

## VACATION ARTS & CRAFTS CLINICS AGES 6-10

These clinics encourage kids to explore their creativity through projects like mask making, crayon art, slime and much more.

Supplies are provided, but you'll need to bring your creativity!

February: Tuesday February 17<sup>th</sup>-Thursday February 19<sup>th</sup>

April: Tuesday April 21<sup>st</sup>-Thursday April 23<sup>rd</sup>

Time: 9:30a-11:30a Fee: \$65 per child (3 classes)

Location: Memorial Hall - Green Room (83 Court St)

## KNUCKLEBONES NINJA WARRIOR AGES 6-8

Ninja Warrior is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements.

February: Tuesday February 17<sup>th</sup> April: Tuesday April 21<sup>st</sup>

Time: 12:30p-3:30p Fee: \$65 per child (1 class)

Location: Memorial Hall - Auditorium (83 Court St)

## VACATION DAYS AT THE YOUTH CENTER

This program provides a fun and exciting environment for kids. Come and spend your days at the Youth Center during school vacations while your parents are at work or you just need a break! Staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, billiards, Nintendo Switch and more!

Time: 7:00am-6:00pm Ages: 6-12

Fee: MYC Members-\$10 Non-MYC Members-\$15

Dates: 11/26, 12/22, 12/23, 12/29, 12/30, 1/2, 2/17, 2/18, 2/19, 2/20, 4/3, 4/21, 4/22, 4/23, 4/24

## APRIL VACATION SOCCER CLINIC AGES 4-11

We have partnered with New England Futsal to offer this fun and exciting clinic. It provides a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport.

Dates: Tuesday April 21<sup>st</sup>-Thursday April 23<sup>rd</sup>

Location: Forges Soccer Field #1 (83 Jordan Rd)

**Little Kickers** Ages: 4-6

Time: 9:00a-10:30a

Fee: \$65 per child

**Soccer Juniors** Ages: 7-11

Time: 10:30a-1:00p

Fee: \$85 per child

## APRIL VACATION TENNIS CLINIC AGES 8-12

This program is intended for boys and girls of all skill levels. Children will learn correct form on all strokes as well as learn the basics of singles and doubles strategies. Please bring your own racket. This clinic is instructed by Coach O.

Dates: Tuesday April 21<sup>st</sup>-Thursday April 23<sup>rd</sup>

Time: 9:00a-12:00p

Fee: \$75 per child (3 classes)

Location: Stephens Field Tennis Courts

**\*Rain make-up is Friday April 24<sup>th</sup>\***

## VACATION VOLLEYBALL CLINICS AGES 10-13

Join JAM volleyball during school vacation weeks to learn the basic skills and rules of volleyball and work on fundamental skills.

February: Tuesday February 17<sup>th</sup>-Thursday February 19<sup>th</sup>

April: Tuesday April 21<sup>st</sup>-Thursday April 23<sup>rd</sup>

Time: 9:00a-12:00p

Fee: \$160 per child (3 classes)

Location: Memorial Hall - Auditorium (83 Court St)

## APRIL VACATION ARCHERY AGES 8-12

In Explore Archery, students participate in individual and team-building activities that require fundamental skills, a competitive edge and a bit of creativity. Students will learn the basic steps to the shot cycle as well as range safety and etiquette. Whether participants are trying to pop a balloon or shoot a Robin Hood, they will stay engaged and keep coming back for more! All equipment is provided, and no prior experience required.

Instructor: Dee Sacchetti - Level II Certified Instructor

Dates: Monday April 20<sup>th</sup>-Thursday April 23<sup>rd</sup>

Time: 9:30a-11:00a

Fee: \$155 per child (4 classes)

Location: Forges Adult Softball Field (83 Jordan Rd)

**\*Rain make-up is Friday April 24<sup>th</sup>\***

## ELECTRICITY & MAGNETMANIA

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments including making and taking home the World's Simplest Motor! Watch electricity being produced by a hand held generator and take part in a cool activity involving a very powerful magnet. Behold a special magnetic top levitating and much much more!

Date: Tuesday April 21<sup>st</sup>-Friday April 24<sup>th</sup>

Time: 9:00a-12:00p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$170 per child (4 days)

## CSI CRIME SCENE INVESTIGATION

Come join our Minds in Motion Crime Team in this fun and interesting program! We will provide you with all the tools you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, and gathering clues and bring home your very own detective kit! Working in groups, you will conduct many science experiments in our crime lab to solve the mysteries at hand. You will learn all about fingerprinting and how to classify them and bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds in Motion Laboratory! We need you!

Date: Tuesday April 21<sup>st</sup>-Friday April 24<sup>th</sup>

Time: 12:30p-3:30p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$170 per child (4 days)

# SPRING 2026 LEAGUES & PROGRAMS

## T-BALL

This program is designed to keep your favorite t-ball player active during the Spring months and to prepare your young athlete for the youth baseball leagues in town.

\*Please bring a glove, sneakers and water for your child.

\*There are no player or team requests. Siblings will be placed together.

Location: Forges Jr. Baseball Field #1 & #2 (83 Jordan Rd)

Date: Sunday April 12<sup>th</sup>-May 10<sup>th</sup>

\*fee includes 5 classes & team shirt

**Age: 3**

**Time A:** 8:15a-8:45a

**Time B:** 9:00a-9:30a

**Fee:** \$52 per child

**Age: 4-6**

**Time A:** 9:45a-10:30a

**Time B:** 10:45a-11:30a

**Time C:** 11:45a-12:30p

**Fee:** \$67 per child

## SMART SOCCER - DEVELOPMENTAL LEAGUE -

**AGES 6-7**

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other developmental league teams. Plymouth Recreation is partnering with **MLS GO** to offer the Developmental League.

Fee includes instruction and full MLS kits (jersey, socks, & shorts)

Dates: Saturday April 11<sup>th</sup> - May 16<sup>th</sup> Time: 8:00a-9:00a

Fee: \$90 per child (6 classes)

Location: Forges Soccer Field #1 (83 Jordan Rd)



## SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. The 4-5 year old program will receive full MLS kits (jersey, socks & shorts).

Dates: Saturday April 11<sup>th</sup> - May 16<sup>th</sup>

Location: Forges Soccer Field #1 (83 Jordan Rd)

**Age: 3**

**Group 1:** 9:00a-9:30a

**Group 5:** 11:45a-12:15p

**Group 6:** 12:15p-12:45p

**Group 7:** 12:50p-1:20p

**Fee:** \$52 per child

**Age: 4-5**

**Group 2:** 9:35a-10:35a

**Group 3:** 10:40a-11:40a

**Group 4:** 11:45a-12:45p

**Group 8:** 12:50p-1:50p

**Fee:** \$90 per child

## NFL FLAG FOOTBALL LEAGUE

### 4 YEAR OLD DEVELOPMENTAL PROGRAM

This program is run by our Recreation staff. The goal of this program is to teach children a fun and non-competitive way to play the game of flag football. There are no teams for the league, and the program is strictly run by Recreation Staff. Space for the program is extremely limited.

Dates: Friday April 3<sup>rd</sup> - May 15<sup>th</sup> (no flag 4/24)

Time: 4:30p-5:15p

Fee: \$82 per child (6 classes - includes NFL Jersey)

Location: Forges Field (83 Jordan Rd)

### 5-6 YEAR OLD LEAGUE

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Thursdays; there will be no other practice requirements. We do not take special requests for team placement.

Dates: Thursday April 2<sup>nd</sup> - May 14<sup>th</sup> (no flag 4/23)

Time: 5:00p-6:00p or 6:00p-7:00p

Fee: \$107 per child (includes NFL Jersey)

Location: Forges Field (83 Jordan Rd)

### 7-9 & 10-13 YEAR OLD LEAGUES

This extremely successful and competitive flag football league teaches fundamentals as well as good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement, all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. Volunteer coaches are needed! \*\*\*Game nights are subject to change due to weather and make-ups.

**7-9 & 10-13 League Dates:** Friday nights April 3<sup>rd</sup> - May 29<sup>th</sup> (additional weeks for playoffs; no flag 4/24, 6 games)

**Time:** 5:30p, 6:30p, 7:30p or 8:30p

**Location:** Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

**Fee:** \$107 per child (includes NFL Jersey)

\*Evaluations are required for ALL PLAYERS

**REGISTRATION OPENS:** NOVEMBER 17<sup>TH</sup> FOR PLYMOUTH RESIDENTS

NOVEMBER 24<sup>TH</sup> FOR NON-RESIDENTS

**REGISTRATION CLOSES:** MARCH 6<sup>TH</sup> OR WHEN FULL.



Town of Plymouth  
Recreation Department  
26 Court Street  
Plymouth, MA 02360

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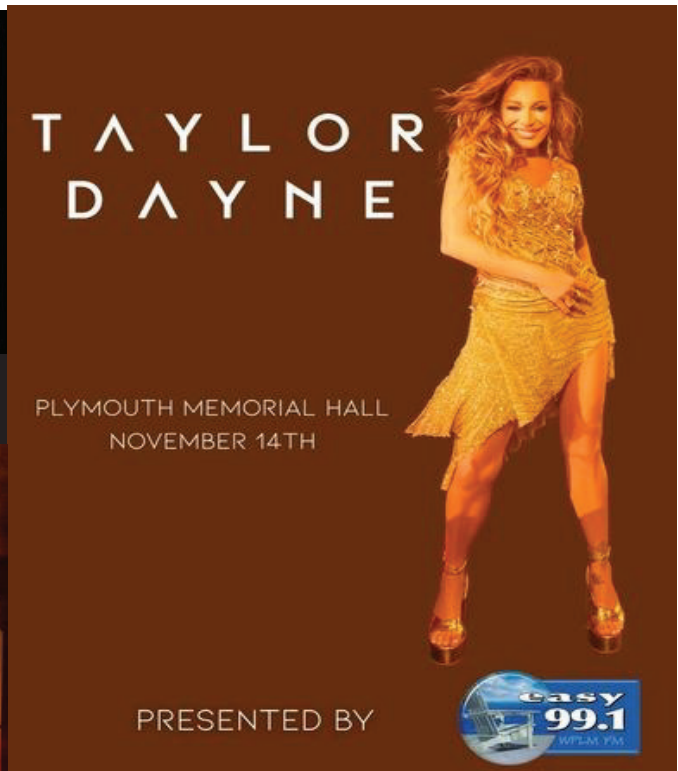
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