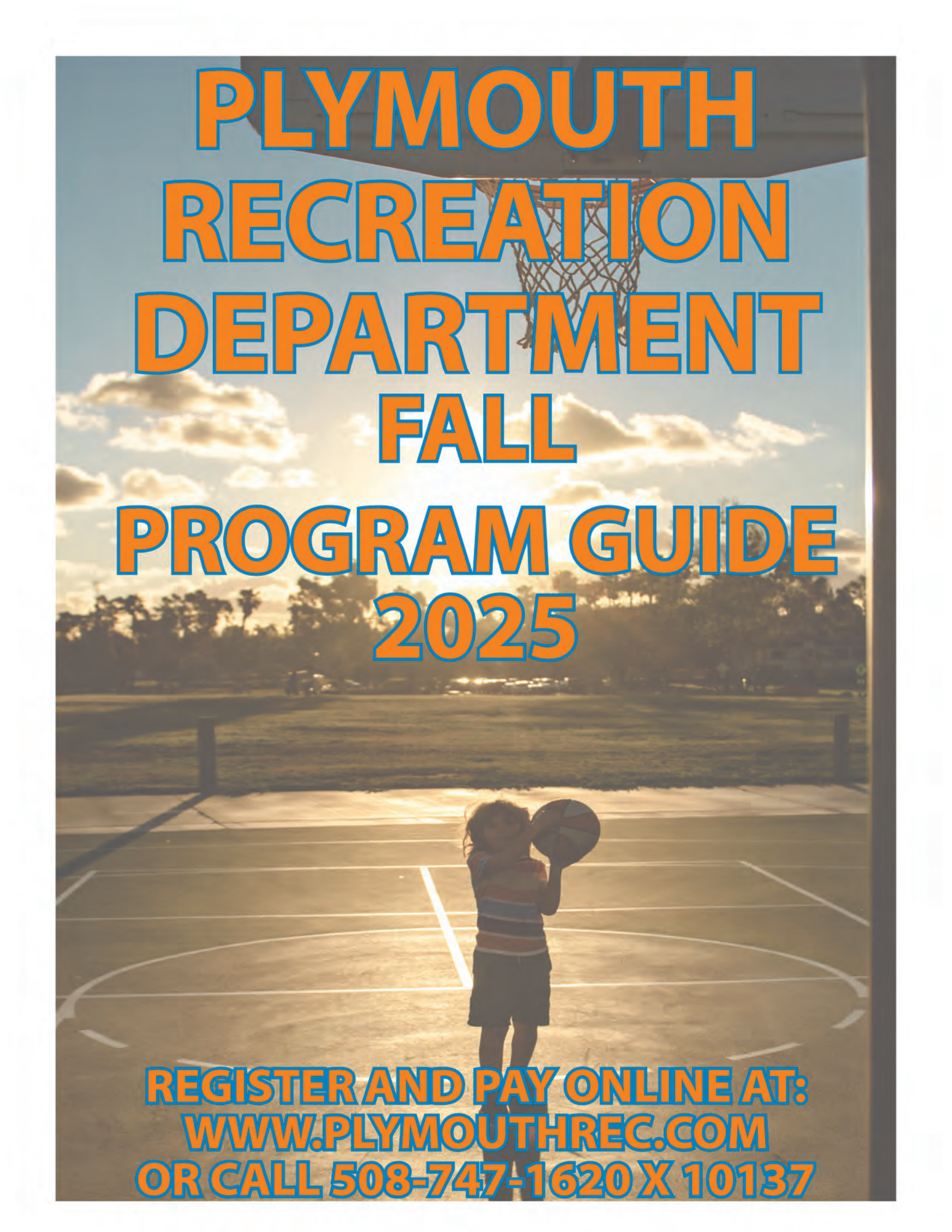


A child stands on a basketball court, holding a ball, with a sunset in the background. The scene is silhouetted against the bright, low sun, creating a warm, golden glow. The child is in the foreground, facing away from the camera. The basketball hoop and backboard are visible above the child. The court lines are visible on the ground. In the background, there are trees and a grassy area.

PLYMOUTH RECREATION DEPARTMENT FALL PROGRAM GUIDE 2025

**REGISTER AND PAY ONLINE AT:
WWW.PLYMOUTHREC.COM
OR CALL 508-747-1620 X 10137**

ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:

7:30a - 4:00p Mon, Wed, Thurs 7:30a-6:30p Tues
7:30a-12:00p Fri

HOW TO REGISTER

Register online, in person or by mail. Complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 26 Court St, Plymouth, MA 02360. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents for most of our programs. The \$10 non-resident surcharge is non-refundable.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the first scheduled day of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is canceled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered. We do not issue refunds for weather cancellations, make-up classes or location changes. The \$10 non-resident surcharge is also non-refundable.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs. Scholarships are available to Plymouth Residents only.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

AGE REQUIREMENTS FOR RECREATION PROGRAMS

Proof of age must be provided when registering your child for any Recreation Department program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified. ***Children must meet the minimum age for a program within the first day of the scheduled program start date.***

RECREATION DEPARTMENT STAFF

RECREATION DIRECTOR

ANNE SLUSSER
508-747-1620 Ext. 10136
aslusser@plymouth-ma.gov

ASSISTANT DIRECTOR

SAM BOTELHO
508-747-1620 Ext. 10196
sbotelho@plymouth-ma.gov

OFFICE MANAGER / PROGRAM ADMIN

CATHERINE CALABRO
508-747-1620 Ext. 10137
ccalabro@plymouth-ma.gov

MYC DIRECTOR/REC ASSISTANT

GRACE CORREIA
508-747-1620 Ext. 10203
gcorreia@plymouth-ma.gov

MEMORIAL HALL DIRECTOR

JOSEPH GOLDBERG
508-747-1620 Ext. 21100
jgoldberg@plymouth-ma.gov

LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth Soccer
www.plymouthyouthsoccer.com

Plymouth Vikings Football & Cheer
www.plymouthvikings.org

South Plymouth Football & Cheer (Jaguars)
www.psyf.net

South Plymouth Basketball
www.southbball.com

Plymouth Girls Basketball
www.plymouthgirlsbasketball.org

North Plymouth Basketball Assoc.
www.pnhoops.com

Plymouth Little League
www.plymouthlittleleague.com

Plymouth Babe Ruth Baseball
www.plymouthbaberuth.com

Plymouth Youth Baseball & Softball
www.plymouthybs.org

Plymouth Youth Wrestling
plymouthyouthwrestling.com

Plymouth Youth Hockey
www.plymouthyouthhockey.net

Plymouth Rock Lacrosse (Boys+Girls)
www.plymouthrocklacrosse.com

South Plymouth Cub Scout Pack 1620
cubscoutpack1620@gmail.com

Cub Scout Pack #51
newmember.cubscoutpack51@gmail.com

Girl Scouts of Eastern Mass
www.girlscoutseasternmass.org

Plymouth Family Network
www.facebook.com/pfnpta

FALL PRESCHOOL PROGRAMS

TOT SMART SOCCER

AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 1: Monday September 8th-October 20th

Session 2: Monday November 3rd-December 8th

Session 1 & 2 Time A: 10:00a-10:30a

Session 1 & 2 Time B: 10:35a-11:05a

Session 1 & 2 Fee: \$50 per child (6 classes - no class 10/13)

Session 1 & 2 Location: Memorial Hall-Auditorium (83 Court St)

Session 3: Sunday January 4th-February 1st

Session 4: Sunday February 15th-March 15th

Session 3 & 4 Time: 9:30a-10:00a

Session 3 & 4 Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Road)

LITTLE SPORTS STARS

AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is required.

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Session 1 & 2 Time: 10:00a-10:30a

Fee: \$50 per child (6 classes - no class 11/11)

Location: Memorial Hall-Auditorium (83 Court St)

Session 3: Sunday January 4th-February 1st

Session 4: Sunday February 15th-March 15th

Session 3 & 4 Time A: 10:15a-10:45a

Session 3 & 4 Time B: 10:50a-11:20a

Session 3 & 4 Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

BIDDY BASKETBALL

AGES 4-5

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 1: Saturday January 3rd - January 31st

Session 3: Saturday February 14th - March 14th

Session 2: Sunday January 4th-February 1st *Time A only*

Session 4: Sunday February 15th-March 15th *Time A only*

Time A: 8:30a-9:15a Time B: 9:30a-10:15a

Time C: 10:30a-11:15a

Location: Manomet Youth Center (659 State Road)

Fee: \$55 per child (5 classes)

PRESCHOOL KARATE

AGES 4-6

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform and belt for first time participants.

Instructor: Sensei Mike Murphy

Session 1: Friday September 12th-October 17th

Session 2: Friday November 7th-December 19th

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

Time: 4:30p-5:00p

Fee: \$90 per child (6 classes - no class 11/28)

ARTSY TOTS

AGES 2-4 & PARENT

Enjoy creative self-expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book.

Session 1: Tuesday September 16th-October 7th

Session 2: Tuesday November 18th-December 9th

Location: Manomet Youth Center (659 State Rd)

Time: 11:00a-11:45a

Fee: \$40 per child (4 classes)

SPORTS STARS

AGES 3-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken Little Sports Stars class first)

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Time: 1:45p-2:30p

Fee: \$55 per child (6 classes - no class 11/11)

Location: Manomet Youth Center (659 State Rd)

QUICK START TENNIS

AGES 4-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level to learn tennis skills with fun games! Racquets will be provided if needed free of charge.

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Time A: 4:30p-5:00p

Time B: 5:00p-5:30p

Fee: \$95 per child (6 classes - no class 11/11)

Location: Village Sports Club (30 Golf Drive)

PRESCHOOL DANCE

AGES 3-5

The preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. 3 year olds must have taken Parent & Tot dance before enrolling in Preschool Dance.

Instructor: Open Space Studio Instructor

Session 1: Thursday September 11th-October 16th

Session 2: Thursday October 30th-December 11th

Location: Manomet Youth Center (659 State Rd)

Time: 10:15a-11:00a

Fee: \$60 per child (6 classes - no class 11/27)

PARENT & TOT DANCE

AGES 2-3 & PARENT

Does your toddler like to dance around the house and bop their head when they listen to music? Our Parent and Tot Dance class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Open Space Studio Instructor

Session 1: Thursday September 11th-October 16th

Session 2: Thursday October 30th-December 11th

Location: Manomet Youth Center (659 State Rd)

Time: 9:30a-10:00a

Fee: \$55 per child (6 classes - no class 11/27)

FALL PRESCHOOL PROGRAMS

TUMBLE WITH ME

AGES 2-3 & PARENT

A coach will guide the parents and children through various circuits that will begin to develop the basics for gymnastics. Parents are actively involved with their children while they explore the equipment. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills. This class will help children become more independent and prepare them for the Advanced Tumble with Me class.

Instructor: Coach Catherine & Coach Grace

Session 1: Wednesday September 10th-October 15th

Session 2: Wednesday October 29th-December 10th

Time A: 9:30a-10:00a or Time B: 10:05a-10:35a

Fee: \$50 per child (6 classes - no class 11/26)

Location: Manomet Youth Center (659 State Rd)

ADVANCED TUMBLE WITH ME

AGES 4-5

This class is designed for children that feel confident following direction and participating in a group environment type of class without their parents presence. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills.

Instructor: Coach Catherine & Coach Grace

Session 1: Wednesday September 10th-October 15th

Session 2: Wednesday October 29th-December 10th

Time: 10:45a-11:30a

Fee: \$60 per child (6 classes - no class 11/26)

Location: Manomet Youth Center (659 State Rd)

FREE PLAY FRIDAY'S

AGES 12 MONTHS-4

Free Play is a parent supervised session for infants-preschool aged children. Children are free to explore our wonderful gymnastics area and use all the traditional gymnastics equipment such as balance beams, trampolines, and wedge mats. We also have an awesome range of special climbing equipment through soft shapes and play huts.

Session 1: Friday September 12th-October 17th

Session 2: Friday October 31st-December 12th (no class 11/28)

Time: 9:30a-11:30a

Location: Manomet Youth Center (659 State Rd)

Fee: \$24 per session, or \$5 per day drop in

ONE-HIT WONDER WORKSHOPS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and momentos that will last forever!

Ages: 2-5 with Parent Participation Fee: \$15 per workshop
Time: 10:00a-11:00a

Location: Memorial Hall - Blue Room (83 Court St)

Halloween

Join us for a fun filled hour of pumpkin, witch and other holiday themed crafts! Dress in your costume for a special treat at the end!

Date: Thursday October 30th

Thanksgiving

Join us for a fun filled hour of turkeys, the Mayflower, and Pilgrims.

Date: Thursday November 20th

Holiday Ornament

We will be making ornaments to adorn your trees with!

Date: Thursday December 4th

Gingerbread Mania

We will be making our own gingerbread houses from graham crackers, frosting, and of course sweet treats!

Date: Thursday December 11th

PRESCHOOL OOEY GOOEY SLIMEY FUN!

AGES 3-6 & PARENT

Kids who are slime lovers will have a blast trying out all these slime recipes and will have a blast using different ingredients for slime. During this program children will make slime and will have tons of cool slime creations to bring home.

Instructor: Coach Catherine & Coach Grace

Session 1: Wednesday September 10th-October 8th

Session 2: Wednesday October 29th-November 19th

Location: Manomet Youth Center (659 State Rd)

Time: 1:30p-2:15p

Fee: \$55 per child (4 classes - no class 9/17)

WINTERLAND LEARN TO ICE SKATE - TOT

AGES 4-6

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates are available on a first-come, first-served basis and included in the class fee. Double blade skates are not permitted
- Participants must be potty trained and capable of and following directions.

*Minors must be accompanied by a parent or guardian who stays in the building during the lesson

Instructor: Winter Wonderland Instructors

Session 1: Thursday September 4th-October 23rd

Session 3: Thursday October 30th-December 18th

Thursday Time: 4:55p-5:20p

Session 2: Sunday September 7th-November 2nd

Session 4: Sunday November 9th-December 28th

Sunday Time: 2:25p-2:50p

Session 1, 2 & 4 Fee: \$184 per child (8 classes - no class 10/26)

Session 3 Fee: \$161 per child (7 classes - no class 11/27)

Location: Armstrong Arena (103 Long Pond Rd)

SMART SOCCER-WEEKNIGHTS

AGES 3-5

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship.

Session A: Tuesday September 9th-October 14th

Location: Forges Field- Adult Softball Field (83 Jordan Rd)

Ages 3: Time: 4:30p-5:00p Fee: \$52 per child (6 classes)

Ages 4-5: Time: 5:15p-6:15p Fee: \$82 per child (6 classes)

INDOOR SMART SOCCER

AGES 3-5

This program is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-sided play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. *Shin guards are recommended for children, but are not required*

Session 1: Tuesday October 28th-December 9th

Ages 3: Time: 4:15p-4:45p Fee: \$52 per child (6 classes)

Ages 4-5: Time: 4:50p-5:50p Fee: \$82 per child (6 classes)

Location: Memorial Hall - Auditorium (83 Court St)

Fee: \$82 per child (6 classes - no class 11/11)

FALL PRESCHOOL PROGRAMS

FOX WOODS FARM PRESCHOOL PONIES

AGES 3-5

Calling all little horse lovers! Join us at Fox Woods Farm for a fun-filled adventure with our gentle ponies. Our Pony program is perfect for preschool-age kids who want to learn about horses. Classes will include taking a guided ride around on one of their friendly ponies, learning how to brush and care for their ponies and get up close and personal with these adorable animals. **Parent participation is required.**

Session 1: Tuesday September 2nd-23rd

Session 2: Tuesday October 7th-28th

Time: 9:00a-10:00a

Fee: \$275 per child (4 classes)

Location: Fox Woods Farms (5 Foxwoods Rd, Plymouth)

PRESCHOOL COOKING CLASS

AGES 4-5

Preschoolers will enjoy the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). There are no stoves involved, so this class is safe for everyone! Please note ingredients used are pre-made and we cannot control the contents. Includes all supplies.

Session 1: Thursday September 18th-October 9th

Session 2: Thursday October 30th-November 20th

Location: Manomet Youth Center (659 State Rd)

Time: 2:00p-2:45p

Fee: \$60 per child (4 classes)

FALL YOUTH PROGRAMS

DEVELOPMENTAL VOLLEYBALL

AGES 10-13

Powered by the expertise of JAM Volleyball Club and their experienced coaches, this 6 week program will focus on skill development, teamwork, and game play in a supportive and fun environment. The first sessions will focus on learning volleyball basics—covering skills, drills, and game strategy in a supportive and fun environment. The following weeks will bring it all together with modified game play, giving players the chance to put their skills to the test, build teamwork, and enjoy the thrill of volleyball competition!

Instructor: JAM Volleyball

Session 1: Monday September 8th-October 20th

Session 2: Monday November 3rd-December 8th

Location: Memorial Hall - Auditorium (83 Court St)

Time: 4:15p-5:30p

Fee: \$80 per child (6 classes - no class 10/13)

INTRO TO SKATEBOARDING

AGES 7-14

Designed for beginner skateboarders with little to no experience, this class teaches fundamental skateboarding tricks and skills. Concentrating on balance, turning, accelerating, stopping, transitions, dropping in, Ollies, and a variety of other skills, we not only teach tricks but help participants develop confidence to apply them on their own. Proper safety equipment (helmet, knee and elbow pads, and wrist guards) and skateboards are required. For those that can't bring them, they will be provided but you must let us know upon registration. Participants must keep all safety gear on at all times and wear athletic shoes.

Session 1: Sunday October 19th

Instructor: Knucklebones

Location: Nathaniel Morton Elementary (10 Lincoln St)

Time: 9:00p-12:00p

Fee: \$65 per child (1 class)

YOUTH COOKING CLASS

AGES 6-10

Kids love the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). There are no stoves involved, so this class is safe for everyone! Please note ingredients used are pre-made and we cannot control the contents. If your child has a food allergy please call for more details.

Session 1: Thursday September 18th-October 9th

Session 2: Thursday October 30th-November 20th

Time: 6:00p-6:45p

Fee: \$60 per child (4 classes)

Location: Manomet Youth Center (659 State Rd)

INTRO TO CROSSFIT FOR KIDS

AGES 5-10

CrossFit Kids is a strength and conditioning program that is specifically designed for kids and helps them develop a lifelong love of fitness. In a group setting, children participate in fun and engaging workouts that deliver measurable results and prepare them to be well-rounded athletes.

Session 1: Tuesday September 9th-October 28th

Session 2: Tuesday November 4th-December 23rd

Time: 4:30p-5:15p

Fee: \$100 per child (8 classes)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

CYBER-CRAWLER ROBOT

AGES 7-12

Build and take home your very own CyberCrawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your CyberCrawler on its way! You can design obstacles and maze courses with your classmates and see how far you can go. With a maximum storage capacity of 64 tasks, your CyberCrawler Robot will be a terrific starter tool to learn the joy of coding. This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating and educational robotic experience!

Date: Wednesday October 29th-December 3rd

Time: 5:30p-6:30p

Fee: \$145 per child (6 classes)

Location: Memorial Hall - Blue Room (83 Court St)

VIDEO GAME CLUB

AGES 6-12

Video Game Club is a program that will provide kids a safe, fun, and competitive club, where they can play video games with their friends. The games that will be offered are Super Smash Brothers, Mario Kart, Minecraft and more. The games will all be played on a Nintendo Switch.

Session 1: Thursday September 11th-October 16th

Session 2: Thursday October 30th-December 11th

Location: Manomet Youth Center (659 State Rd)

Time: 5:30p-6:45p

Fee: \$30 per child (6 classes - no class 11/27)

FALL YOUTH PROGRAMS

HOT SHOTS TENNIS

AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the fundamentals of all strokes and will start work on match play. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 1: Tuesday September 9th-October 14th

Session 2: Thursday September 11th-October 16th

Session 3: Tuesday October 28th-December 9th

Session 4: Thursday October 30th-December 11th

Tuesday Time: 6:30p-7:30p Thursday Time: 4:30p-5:30p

Fee: \$135 per child (6 classes - no class 11/11 or 11/27)

Location: Village Sports Club (30 Golf Drive)

HIP HOP DANCE

AGES 6-10

This is a high energy class that teaches the popular moves of today. You will learn combinations and dance routines that will get your body moving, and have you closer to looking like a dancer in your favorite music video. At the end of the 6 weeks your child will perform their routine on stage!

Session 1: Monday September 8th-October 20th

Session 2: Monday November 3rd-December 8th

Instructor: Open Space Dance Studio

Location: Memorial Hall- Blue Room (83 Court St.)

Time: 5:00p-5:45p

Fee: \$65 per child (6 classes - no class 10/13)

LITTLE HOT SHOTS TENNIS

AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes. Rackets will be provided if needed free of charge.

Session 1: Tuesday September 9th-October 14th

Session 2: Thursday September 11th-October 16th

Session 3: Tuesday October 28th-December 9th

Session 4: Thursday October 30th-December 11th

Time: 5:30p-6:30p

Fee: \$135 per child (6 classes - no class 11/11 or 11/27)

Location: Village Sports Club (30 Golf Drive)

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills and more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & belt for first time registrants.

Instructor: Sensei Mike Murphy

Session 1: Friday September 12th-October 17th

Session 2: Friday November 7th-December 19th

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

Time: 5:15p-6:00p

Fee: \$90 per child (6 classes - no class 11/28)

MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS

AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. Rackets will be provided if needed free of charge.

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes - no class 11/11)

Location: Village Sports Club (30 Golf Drive)

MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS

AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. Rackets will be provided if needed free of charge.

Session 1: Thursday September 11th-October 16th

Session 2: Thursday October 30th-December 11th

Location: Village Sports Club (30 Golf Drive)

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes - no class 11/27)

TENNIS LESSONS

AGES 6-11

The curriculum will teach the basics of the game and how to have fun on the tennis court. Emphasis will be placed on stroke production and quickly developing players for match play. They will learn strategy, court positioning, conditioning and drills for match play.

Instructor: Coach O

Date: Monday September 8th-September 29th

Ages: 6-8 years old Time: 4:00p-4:45p

Date: Wednesday September 10th-October 1st

Ages: 9-11 years old Time: 4:00p-4:45p

Fee: \$55 per child (4 classes)

Location: Stephens Field Tennis Courts (132R Sandwich St.)

WINTERLAND LEARN TO ICE SKATE

AGES 6-15

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates are available on a first-come, first-served basis and included in the class fee. Double blade skates are not permitted
- Participants must be potty trained and capable of and following directions.

*Minors must be accompanied by a parent or guardian who stays in the building during the lesson

Instructor: Winter Wonderland Instructors

Session 1: Thursday September 4th-October 23rd

Session 3: Thursday October 30th-December 18th

Thursday Time: 4:30p-4:55p

Session 2: Sunday September 7th-November 2nd

Session 4: Sunday November 9th-December 28th

Sunday Time: 2:00p-2:25p

Session 1, 2 & 4 Fee: \$184 per child (8 classes - no class 10/26)

Session 3 Fee: \$161 per child (7 classes - no class 11/27)

Location: Armstrong Arena (103 Long Pond Rd)

FOX WOODS FARM HOMESCHOOL HORSEMANSHIP PROGRAM

AGES 6-12

Fox Woods Farm offers a fun and educational horsemanship class for homeschoolers aged 6 and up. Learn basic horse care, riding skills, and safety in a supportive environment.

Session 1: Tuesday September 2nd-23rd

Session 2: Tuesday October 7th-28th

Time: 10:00a-11:30a

Fee: \$415 per child (4 classes)

Location: Fox Woods Farms (5 Foxwoods Rd, Plymouth)

FALL YOUTH PROGRAMS

YOUTH BASKETBALL

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 1: Wednesday September 10th-October 15th

Ages 6-7 Time A: 5:00p-5:45p Ages 6-7 Time B: 6:00p-6:45p
Ages 8-9 Time C: 7:00p-7:45p

Location: Manomet Elementary School (70 Manomet Point Rd)

Fee: \$65 per child (6 classes)

Session 2: Saturday January 3rd - January 31st

Session 4: Saturday February 14th - March 14th

Session 3: Sunday January 4th-February 1st *Time A only*

Session 5: Sunday February 15th-March 15th *Time A only*

A: 6&7 Time: 11:30a-12:30p B: 6&7 Time: 12:45p-1:45p
C: 8&9 Time: 2:00p-3:00p

Location: Manomet Youth Center (659 State Road)

Fee: \$70 per child (5 classes)

AGES 6-9

YOUTH YOGA

Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self-respect and respect for others with the practice of fun and challenging Yoga poses and Yoga games. Children must bring their own Yoga mat.

Instructor: Jaime Houde

Location: Memorial Hall - Blue Room (83 Court St)

Session 1: Wednesday September 24th-October 22nd

Time: 5:00p-5:45p

Fee: \$45 per child (4 classes - no class 10/8)

AGES 8-13

NINJA WARRIOR

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements.

Date: Tuesday November 4th

Location: Memorial Hall - Auditorium (83 Court St)

Time: 9:00a-12:00p

Fee: \$65 per child (1 class)

AGES 6-8

BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned babysitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful babysitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Session 1: Saturday October 4th

Instructor: Bette Antonellis

Location: Memorial Hall- Blue Room (83 Court St.)

Time: 9:30a-12:00p

Fee: \$55 per child (1 class)

HOME ALONE & STAYING SAFE

GRADES 4-8

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Session 1: Saturday September 20th

Instructor: Bette Antonellis & Denise Laiosa

Location: Memorial Hall- Auditorium (83 Court St.)

Time: 9:30a-12:00p

Fee: \$55 per child (1 class)

PLYMOUTH REC BASKETBALL LEAGUES

A fun instructional/competitive league for children. This league is based on learning the game, improving skills, knowing the right way to be competitive and most important: having fun!!! Includes practices, games, t-shirts, and playoffs! Registration deadline is Friday November 7th. Practices start week of December 1st.

Games start the week of January 5th. Fee: \$85 per child

Divisions:

Mites - Grades 1-2:

Games: Monday-Thursday Nights @ 5:30p or 6:30p at MYC or Manomet Elementary (teams practice and play once a week)

Junior - Grades 3-5:

Games: Tuesday & Thursday nights at Manomet Elementary from 5:30p, 6:30p, 7:30p

**REGISTER AT:
PLYMOUTHREC.COM**

FALL ADULT PROGRAMS

HYROX INDOOR FITNESS COMPETITION

AGES 18+

Hyrox training focuses on preparing individuals for the Hyrox fitness races. These races combine 8 kilometers of running with 8 functional workout stations, completed consecutively. Stations include the ski erg, a rowing machine, sled pushes, sled pull, burpee broad jumps, weighted lunges, farmers carry & wall balls. **Classes meet on both Mondays & Thursdays.**

Session 1: Thursday September 4th-Monday October 27th

Session 2: Thursday October 30th-Monday December 22nd

Time: 4:30p-5:30p

Session 1 Fee: \$190 per person (16 classes)

Session 2 Fee: \$180 per person (15 classes - no class 11/27)

Location: Baystate Crossfit (114 Long Pond Rd Unit 6)

Weather Hotline: 508-747-1620 Ext. 10321 or www.plymouthrec.com | Office: 508-747-1620 Ext. 10137

Fall 2025 | Plymouth Recreation Department Program Guide

FALL ADULT PROGRAMS

OPEN SPACE COMMUNITY HIKE - BLACK CAT PRESERVE

The Open Space Committee will lead a fun hike for the public at the Black Cat Preserve, on Black Cat Road in West Plymouth. Members of the Open Space Committee will discuss the rewilding of former cranberry bogs, glacial features, upland vegetation, wetlands, and vernal pools as we traverse the highly varied terrain of this area. The leaves should be near peak color. Walkers of all ages and families with school age children are welcome. Please bring water and insect repellent as needed; no dogs are allowed.

Location: Black Cat Preserve (167 Black Cat Rd)

Date: Saturday October 25th (there is no rain date)

Call 774.454.1980 if weather is questionable

Distance: 2 to 3 miles

Time: 1:00p (hike will take about 1.5-2 hours)

Activity level: moderate

Fee: Free, but you must register at www.plymouthrec.com

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body", "Mind, Body, & Spirit". Please bring a Yoga mat to class each week.

Instructor: Laurette Ryan

Session 1: Monday September 15th-October 27th

Session 2: Monday November 3rd-December 8th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes - no class 10/13)

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session 1: Thursday September 11th-October 23rd

Session 2: Thursday October 30th-December 11th

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p-7:45p

Fee: \$65 per person (6 classes - no class 9/18 or 11/27)

PICKLEBALL TIPS & TECHNIQUES

AGES 18+

Looking for a place to elevate your Pickleball game? Then join PPR Certified Pickleball Instructor, Pete Duggan for Tips and Techniques on how to play! Pete will provide instructions and tips during the first 45 minutes of the class, followed by match play during the last 45 minutes. Instructions and help will still be provided during open play. Participants must have basic knowledge of the game and know how to score. This is not a beginner class.

Instructor: Peter Duggan

Session 1: Tuesday September 16th-October 21st

Location: Forges Field Pickleball Courts (83 Jordan Rd)

Time A: 11:15a-12:45p or Time B: 1:00p-2:30p

Fee: \$65 per person (6 classes)

INDOOR TENNIS ADULT LEVEL 1

AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Location: Village Sports Club (30 Golf Drive)

Time: 7:30p-8:30p

Fee: \$135 per person (6 classes - no class 11/11)

INDOOR TENNIS ADULT LEVEL 2

AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Session 1: Thursday September 11th-October 16th

Session 2: Thursday October 30th-December 11th

Location: Village Sports Club (30 Golf Drive)

Time A: 6:30p-7:30p

Time B: 7:30p-8:30p

Fee: \$135 per person (6 classes - no class 11/27)

LADIES TENNIS

AGES 18+

Join a tennis program which provides comprehensive instruction for players of all ability levels. This program runs for 8 sessions and is designed to give participants a competitive and fun learning experience.

Instructor: Coach O

Session 1: Monday & Wednesday September 8th-October 1st

Time: 5:00p-6:30p

Fee: \$70 per person (8 classes)

Location: Stephens Field Tennis Courts (132R Sandwich St.)

MASTERS BAYSTATE CROSSFIT

AGES 45+

Muscular strength is a predictor of longevity, and Sarcopenia is the age-related progressive loss of muscle mass and strength. The primary treatment for Sarcopenia is exercise, specifically strength training. We'll help you build strength, mobility, stability, balance, unilateral strength, and principles that counteract the natural occurrence of lost muscle mass as you age. **Participants can choose up to 2 different classes a week to attend.**

Session 1: Wednesday September 3rd-Saturday October 25th

Session 2: Monday October 27th-Saturday December 20th

Choose two weekly: Monday, Wednesday, Thursday, Friday or Saturday at 6:30a-7:30a

Fee: \$190 per person (16 classes)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

ADULT INTRO TO CROSSFIT

AGES 18+

Think small group classes while being personally trained. You can expect to move through about 5-15 minutes of a warmup followed by a skill or strength section before moving into whatever the workout is programmed for the day. Movements/workouts are individually adjusted and scaled for each athlete based on their physical ability. **Participants can choose up to 2 different classes a week to attend.**

Session 1: Tuesday September 2nd-Friday October 24th

Session 2: Monday October 27th-Friday December 19th

Daily Times Available: 5:00a, 8:00a, 9:15a or 5:15p

Fee: \$190 per person (16 classes - no class 10/13)

Location: Baystate Crossfit (114 Long Pond Rd, Unit 6)

FALL ADULT PROGRAMS

HIIT TRAINING FOR ADULTS 55+

Designed for adults over 55, intensity interval training circuit class using ropes, bosu, free weights, TRX, kettlebells and medicine balls and more. Always challenging and fun, it's instructed by a retired physical therapist/ master personal trainer and certified rehab liaison instructor. Every limitation is considered and modifications applied. Don't let your age stop you from achieving your best life.

Instructor: Janet Enos

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 2nd

Time: 10:45a-11:30a

Fee: \$70 per person (6 classes)

Location: Baystate Crossfit (114 Long Pond Rd)

BEGINNER PICKLEBALL LESSONS

AGES 18+

Come learn the latest racquet sport craze! All the basics will be taught; handling and use of racquet, court positioning, game strategy, and scoring. This is an introductory instructional program. Lessons will be taught on the new indoor pickleball courts at Village Sports Club!

Paddles are provided by Village Sports Club if needed

Session 1: Monday September 8th-October 20th

Monday Time: 2:30p-3:30p

Session 2: Thursday September 11th-October 16th

Time A: 10:00a-11:00a

Time B: 11:00a-12:00p

Location: Village Sports Club (30 Golf Drive)

Fee: \$105 per person (6 classes - no class 10/13)

INDOOR PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts.

Session 1: Monday September 8th-October 20th

Session 2: Tuesday September 9th-October 14th

Session 3: Wednesday September 10th-October 22nd

Session 4: Monday November 3rd-December 8th

Session 5: Tuesday October 28th-December 9th

Time: 6:00p-8:00p

Fee: \$30 per person (6 classes - no class 10/8, 10/13, 11/11)

Location: Memorial Hall - Auditorium (83 Court Street)

MENS PICK-UP BASKETBALL

AGES 18+

Come join our popular pick-up basketball at the Manomet Youth Center. Space is limited to 18 per night so pre-registration is encouraged to secure your spot! This ensures that everyone gets plenty of time to play.

Session 1: Thursday September 18th-November 6th

Location: Manomet Youth Center (659 State Rd)

Time: 7:00p-9:00p

Fee: \$40 per person (8 nights)

INTRO TO COUNTRY LINE DANCING

AGES 18+

Here is a beginner level class to learn popular country, pop and ballroom line dances. This class is great exercise and lots of fun. No partner required.

Instructor: Paul & Kelly Wybieracki

Session 1: Tuesday September 9th-October 14th

Session 2: Tuesday October 28th-December 9th

Location: Memorial Hall - Blue Room (83 Court St)

Time A: 5:00p-6:00p or Time B: 6:05p-7:05p

Fee: \$55 per person (6 classes - no class 11/11)

WALTZ DANCING FOR COUPLES

AGES 18+

One of the oldest and most popular ballroom dances of all time. Considered "the mother of all dances", it is a must for weddings and social functions. ***This is a partner's only class***

Instructor: Paul & Kelly Wybieracki

Dates: Tuesday September 9th-October 14th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes)

SALSA DANCING FOR COUPLES

AGES 18+

The hottest Latin dance & a must if you are going to a Latin Club. It could be called the "Latin Swing" Casual dress and comfortable shoes are all you need. ***This is a partner's only class***

Instructor: Paul & Kelly Wybieracki

Dates: Tuesday October 28th-December 9th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes - no class 11/11)

INTRO TO KNITTING

AGES 18+

Learn the basic knit and purl stitch as well as the cast off and an easy cast on technique. Learn about the many options and characteristics of yarn and needles available. Additionally, participants will begin to learn how to read a pattern. Participants will have the option to select and begin their own first knit project at the end of the class.

Instructor: Plymouth Harbor Knits - Jennifer Bernard

Session 1: Wednesday September 10th-October 1st

Session 2: Wednesday October 22nd-November 12th

Time: 4:30p-6:00p

Fee: \$70 per person (4 classes)

Location: Plymouth Harbor Knits (170 Water St, Village Landing)

SUNDAY BOOTCAMP

AGES 18+

Time to get sweaty! Class starts with a warmup before we head into a 25-30-minute bootcamp style session that will include plyometrics, bodyweight, conditioning, and light weights. This class is perfect for the person who's ready to rev up their fitness routine!

Session 1: Sunday September 7th-October 26th

Session 2: Sunday November 2nd-December 21st

Time: 9:15a-10:15a

Fee: \$85 per person (8 classes)

Location: Baystate Crossfit (114 Long Pond Rd Unit 6)

OUTDOOR PICKLEBALL

AGES 18+

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, game! It's a fun sport that combines many elements of tennis, badminton, and ping-pong. We will provide all the equipment! What level do you belong in? If you are a 3.0 player and above, you belong in the intermediate/advanced group. If you don't know what level you are or looking to just play, have fun and socialize? Stick with the beginner/intermediate group.

Session A: Tuesday & Thursday September 9th-October 16th

Location: Forges Pickleball Courts (83 Jordan Rd)

Beginners/Intermediate: 8:00a-9:30a

Intermediate/Advanced: 9:30a-11:00a

Fee: \$30 per person (6 weeks) ***There are no instructors at this program***

POP UP PLAY GROUP

Join Plymouth Recreation for our free drop-in play group program for children 0-5 years old and their parent/caregiver!

Must pre-register to join!

-Nature Play -Music -Bubbles -Building Blocks -Meeting New Friends

FORGES FIELD

83 Jordan Rd
September 11th
9:30a-11:00a

NELSON PARK

255 Water St
September 18th
9:30a-11:00a

ELMER RAYMOND

1138 Long Pond Rd
September 25th
9:30a-11:00a



THE GREAT PUMPKIN HUNT & HALLOWEEN EXTRAVAGANZA

Join us on this hunt for the "Great Pumpkin" sponsored by ConvenientMD. We've revamped our event to offer even more Halloween fun and excitement. We will have 2&3 year olds with parents, and 4-6 year olds hunt for their eggs in different waves to ensure fairness. One lucky child from each age group will find the egg with the "GREAT" Pumpkin Coin and win our "GREAT" Pumpkin prize. This year we will have tattoos, coloring stations, game stations like pin the nose on the jack-o'-lantern, ball toss, witch pitch, photos stations and more! Children are encouraged to dress in their costumes!

Children must report to the field between 9:30a-9:50a to receive their bracelets.

Only pre-registered children will be able to participate in the event.

Date: Sunday October 19th (Rain Date: Sunday November 2nd)

Ages: 2-6 **Fee:** \$5 per child

Time: 9:30a-11:30a

Ages 2&3 with Parent egg hunt wave will start at 10:00a

Ages 4-6 egg hunt wave will start at 10:30a (no parents or siblings allowed)

Location: Forges Adult Softball Field (83 Jordan Rd)

Thank you!

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KID'S NIGHT OUT

AGES 6-12

The Manomet Youth Center will be hosting four Friday night "Parties". They are open to anyone and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room, play sports in the gym, and challenge each other to matches of ping-pong, billiards and air hockey!

Fee: \$15 per child per night Time: 6:00p-9:30p

DODGEBALL NIGHT

Dive, Dodge, Duck, Dodge! We will be having our second annual Dodgeball Kids Night Out. We will play mini tournaments all night.
When: Friday September 26th

HALLOWEEN PARTY

The evening will include: pizza, drinks, treats and Halloween themed games in the gym. Make sure you dress your best for this event, we will be giving out costume prizes!
When: Friday October 24th

VIDEO GAME NIGHT

We will have video game tournaments all night! Super Smash Brothers, Mario Kart, and more! Prizes awarded to the top finishers!
When: Friday November 14th

HOLIDAY PARTY

The evening will include: pizza, drinks, treats, holiday movies, arts and crafts, and games in the gym.
When: Friday December 19th

MANOMET YOUTH CENTER

AFTER SCHOOL at the MYC

AGES 6-13

During the school year the Manomet Youth Center located at 659 State Road will be available for youth to drop-in. The MYC is operated by the Plymouth Recreation Department and is a fun place for children to stay active after school. The youth center has a game room, TV room, and a gymnasium!! Children can challenge each other in bumper pool, air hockey, ping pong, or join us in the gymnasium for a large game of dodgeball, basketball, soccer, inflatable Gaga and more!
The MYC will officially open on Wednesday August 27th!
Times: Monday-Friday 3:00p-6:00p
*hours are subject to change due to programing schedule
Fee: \$110 early registration or \$140 after August 26th

HALF DAYS at the MYC

AGES 6-13

Offered every half-day during the school year, this program provides a fun and exciting environment for your child. Our professionally trained staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, pool, and more.
Parents can pre-register with a credit card by calling 508-747-1620 Ext. 10137
Fee: \$5 for members, \$10 for non-members
Dates: 9/17, 10/18, 12/3, 12/10, 1/14, 2/4, 3/4, 3/18, 4/15, 5/6
Times: 12:00p-6:00p

VACATION DAYS AT THE YOUTH CENTER

Time: 7:00am-6:00pm Fee: MYC Members-\$10 Non-MYC Members-\$15
Dates: 8/29, 11/4, 11/26, 12/22, 12/23, 12/29, 12/30, 1/2, 2/17, 2/18, 2/19, 2/20, 4/3, 4/21, 4/22, 4/23, 4/24
The Youth Center is closed: 9/1, 10/13, 11/11, 11/27, 11/28, 12/24, 12/25, 12/26, 12/31, 1/1, 1/19, 2/16, 4/20, 5/25

Weather Hotline: 508-747-1620 Ext. 10321 or www.plymouthrec.com | Office: 508-747-1620 Ext. 10137
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(508) 830-4087



MEMORIAL HALL



The Candlelight Orchestra!

September 19th & October 24th @ 7pm



A TASTE OF
IRELAND

THE IRISH MUSIC & DANCE SENSATION

4:00PM | SUNDAY 28 SEPTEMBER 2025
PLYMOUTH MEMORIAL HALL PLYMOUTH



AMY
GRANT
AN EVENING WITH
Songs/Stories/Memories

Plymouth Memorial Hall

OCTOBER 2



FRANK SANTOS JR.

October 10th
7pm

R-RATED
HYPNOTIST



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SINCE 1986
2025 GOOD INTENTIONS TOUR

on
sale
now

with/
Dementia



OCTOBER 8
PLYMOUTH MEMORIAL HALL