

PLYMOUTH RECREATION WINTER 2022 PROGRAM GUIDE



**FOR MORE INFORMATION AND TO REGISTER FOR
CLASSES VISIT: WWW.PLYMOUTHREC.COM**

WE STRONGLY URGE EVERYONE TO REGISTER ON-LINE FOR THE FASTEST, EASIEST AND MOST EFFICIENT REGISTRATION PROCESS.

- Make Check Payable to: **Plymouth Recreation Department**
26 Court St / Plymouth, MA 02360 / 508-747-1620 Ext. 10137
- **WE ACCEPT CASH, CHECKS, VISA, MASTERCARD, DISCOVER**
- Refund requests must be submitted no later than 5 business days before the start of any program.
- There will be a \$10 processing fee for all refunds requested.
- Credit card purchases are refunded by check.
- There is a \$25 charge for any returned checks.
- There is a \$10 non-resident fee for all programs.

For Office Use

Cash \$ _____

Check # _____

Amount \$ _____

Date _____

- **ONLY E-MAIL CONFIRMATIONS WILL BE SENT OUT! PLEASE KEEP A RECORD OF ALL PROGRAM INFORMATION.**

HOUSEHOLD INFORMATION

Last Name: _____ Home Phone #: _____

Mailing/Residential Address: _____
(Street Address and/or PO Box) (City) (State) (Zip)

Parent: _____ DOB: ____/____/____ Work #: _____ Cell #: _____

Parent: _____ DOB: ____/____/____ Work #: _____ Cell #: _____

E-mail Address: _____
(This address will only be used by the Recreation Department for Registration and Program Updates.)

PROGRAM REGISTRATION – You may register up to 3 participants on this form

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: ☐ M ☐ F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: ☐ YXS (2-4) ☐ YS (6-8) ☐ YM (10-12) ☐ YL (14-16) ☐ YXL (18-20) ☐ AS ☐ AM ☐ AL ☐ AXL ☐ Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: ☐ M ☐ F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: ☐ YXS (2-4) ☐ YS (6-8) ☐ YM (10-12) ☐ YL (14-16) ☐ YXL (18-20) ☐ AS ☐ AM ☐ AL ☐ AXL ☐ Other

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Allergies/Medical Info/Limits?: _____

Check Shirt Size: ☐ YXS (2-4) ☐ YS (6-8) ☐ YM (10-12) ☐ YL (14-16) ☐ YXL (18-20) ☐ AS ☐ AM ☐ AL ☐ AXL ☐ Other

Program/Class Name	Session or Age Group	Day	Time	Fee

I, the (parent/guardian of the child named above) or (adult participant), have been made aware that the Town of Plymouth, the Recreation Dept. and its related parties, are not covered by insurance for persons injured while taking part in Recreation Department programs. In consideration of my or my child's upcoming participation, I hereby hold the Town, its servants and employees and related parties harmless from any injury I or my child may incur during said participation. Further, I am delegating authority in advance of any specific diagnosis or treatment to an authorized person from the Recreation Department and the doctor/clinic/hospital to exercise their best judgment as to necessary medical/surgical treatment for me or my child in the event I cannot be reached. I agree to hold harmless the Town of Plymouth, the Recreation Dept., its servants and employees, its related parties and the doctor/clinic/hospital treating me or my child for failure to obtain my consent. I further grant authorizations for any pictures taken of me or my child to be used for publicity and promotional purposes.

Signature of Parent/Guardian/ Adult Participant:		Date:	
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ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:

Monday, Wednesday, Thursday- 7:30a-4:00p

Tuesday- 7:30a-6:30p

Friday- 7:30a-12:00p

REGISTRATION IS OPEN

HOW TO REGISTER:

Register online or to register in person or by mail complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 26 Court St, Plymouth, MA 02360. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

SCHEDULES

The recreation department reserves the right to change a programs dates or locations due to weather, emergencies, or availability without a refund.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the start date of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is cancelled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

FACEBOOK PAGE

Join us on Facebook....at www.facebook.com/PlymouthRecreationDepartment, /Manomet-Youth-Center, /PlymouthMemorial for up to date information about programs, events and more!

COVID-19 INFORMATION

The Recreation Department will follow all local and state guidelines for COVID-19. Refunds will not be issued due to changing guidelines.

PROOF OF AGE REQUIREMENT

Proof of age must be provided when registering your child for any Recreation Department program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification.

Your child will not be allowed to start a program without their age being verified. Any participant must be the minimum age required on the first scheduled day of that program. No exceptions will be made.

Winter Registration is currently open. We would like to thank you for taking interest in the many programs the Plymouth Recreation Department offers. Our main goal is to offer individuals and families quality programs at an affordable price. At the Recreation Department you can expect friendly service and prompt attention to your concerns. If you have any questions or comments about any of our programs, please do not hesitate to contact us. We have provided our information below for your convenience.

Have a new, fun, innovative idea for a class we should offer? Please contact us with your program idea.

RECREATION DEPARTMENT INFORMATION

DIRECTOR OF COMMUNITY RESOURCES

BARRY DEBLASIO
508-830-4230 Ext. 111
bdeblasio@plymouth-ma.gov

MANOMET YOUTH CENTER DIRECTOR / RECREATION ASSISTANT

ERIC ABRUZZI
508-830-4114 (MYC)
508-747-1620 Ext. 10203 (office)
eabruzzo@plymouth-ma.gov

RECREATION OFFICE MANAGER

508-747-1620 Ext. 10137

RECREATION DIRECTOR

ANNE SLUSSER
508-747-1620 Ext. 10136
aslusser@plymouth-ma.gov

RECREATION PROGRAM SUPERVISOR

AJ GAUTHIER
508-747-1620 Ext. 10196
agauthier@plymouth-ma.gov

MEMORIAL HALL DIRECTOR

JOE GOLDBERG
508-830-4087
jgoldberg@plymouth-ma.gov

LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth Soccer

www.plymouthyouthsoccer.com

Plymouth Vikings Football

www.plymouthvikings.com

Plymouth Vikings Cheerleading

www.plymouthvikings.com

South Plymouth Football (Jaguars)

www.psyf.net

South Plymouth Cheerleading (Jaguars)

www.psyf.net

Recreation Dept. NFL Flag Football League

www.plymouthrec.com

Recreation Dept. Basketball League

www.plymouthrec.com

South Plymouth Basketball

<https://southbball.com>

Plymouth Girls Basketball

www.plymouthgirlsbasketball.org

North Plymouth Basketball Assoc.

www.pnhoops.com

Plymouth Little League

www.plymouthlittleleague.com

Plymouth Youth Baseball & Girls Softball

www.plymouthybs.org

Plymouth Babe Ruth Baseball

www.plymouthbaberuth.com

Plymouth Youth Wrestling Club

pshspe@aol.com

Plymouth Youth Hockey

www.plymouthyouthhockey.net

Plymouth Rock Lacrosse (Boys)

www.plymouthrocklacrosse.com

Plymouth Rock Lacrosse (Girls)

www.plymouthrocklacrosse.com

South Plymouth Cub Scout Pack 1620

CubScoutPack1620@gmail.com

Cub Scout Pack #51

www.manometpack51.org

West Plymouth Cub Scout Pack #40

mikewmac@verizon.net

Girl Scouts of Eastern Mass

www.girlscoutseasternmass.org

Plymouth Family Network

www.facebook.com/pfnpta

PRESCHOOL PROGRAMS

TOT SMART SOCCER

AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 2: Thursday January 13th-February 17th

Session 3: Thursday March 10th-April 14th

Time: 10:00a-10:30a

Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

Enter through Memorial Dr glass doors only

QUICK START TENNIS

AGES 4-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level to learn tennis skills with fun games! All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 8th-April 12th

Location: Village Racquet and Fitness (30 Golf Dr)

Time: 5:30p-6:00p

Fee: \$95 per child (6 classes)

SPORTS STARS

AGES 3-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken Little Sports Stars)

Session 3: Tuesday January 11th - February 15th

Session 4: Tuesday March 8th - April 12th

Time: 1:45p-2:30p

Fee: \$55 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

BIDDY BASKETBALL

AGES 4-5

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 2: Saturday January 9th-February 5th

Time C: 11:45a-12:30p

Session 3: Saturday February 19th - March 19th

Time A: 8:30a-9:15a

Time B: 9:30a-10:15a

Location: Manomet Youth Center (659 State Road)

Fee: \$55 per child (5 classes)

LEARN TO ICE SKATE - TOT

AGES 4-6

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates are available on a first-come, first-served basis and included in the class fee. You are welcome to bring your own skates, but double blade skates are not permitted
- Participants must be potty trained and capable of independently wearing a mask, social distancing and following directions.

Winter Session 1: Wednesday January 5th-February 23rd

Winter Session 3: Wednesday March 2nd-April 20th

Time: 4:55p-5:20p

Fee: \$152 per child (8 classes)

Winter Session 2: Sunday January 9th-February 27th

Winter Session 4: Sunday March 6th-April 30th

Time: 2:00p-2:50p

Fee: \$172 per child (8 classes - no class 4/17)

Location: Armstrong Arena (103 Long Pond Rd)

LITTLE SPORTS STARS

AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is required.

Session 3: Tuesday January 11th - February 15th

Session 4: Tuesday March 8th - April 12th

Time: 10:00a-10:30a

Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

Enter through back ticket door only

PARENT & TOT DANCE

AGES 2-3 & PARENT

Does your toddler like to dance around the house and bob their head when they listen to music? Our Parent and Tot Dance class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Nicole Purtell

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Location: Manomet Youth Center (659 State Rd)

Time: 9:30a-10:00a

Fee: \$55 per child (6 classes)

PRESCHOOL KARATE

AGES 4-5

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & belt.

Instructor: Sensei Mike Murphy

Session 3: Friday January 7th-February 11th

Session 4: Friday March 4th-April 8th

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

Time: 4:30p-5:00p

Fee: \$90 per child (6 classes)

PRESCHOOL DANCE

AGES 3-6

The preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. 3 year olds must have taken Parent and Tot dance before they can take Preschool Dance.

Instructor: Nicole Purtell

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Location: Manomet Youth Center (659 State Rd)

Time: 10:15a-11:00a

Fee: \$60 per child (6 classes)

PRESCHOOL PROGRAMS

INDOOR SMART SOCCER

AGES 2-6

This program is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-sided play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. *Shin guards are recommended for children ages 4-6 but are not required*

Session 1: Sunday January 9th-February 6th

Session 2: Sunday February 20th-March 20th

Ages 2 with parent participation: 8:30a-9:00a

Ages 3: 9:10a-9:40a

Ages 4-5 9:50a-10:50a

Ages 6: 11:00a-12:00p

Location: Manomet Youth Center (659 State Rd)

Fee Ages 2-3 : \$50 per child (5 classes)

Fee Ages 4-6: \$60 per child (5 classes)

MERYL'S MUSIC CLASS

AGES 2-3 & PARENT

Meryl's Music Class is 45 minutes of singing, dancing, instrument play and chants. This is a mixed ages class from 1 to 5 years so families can all attend together without having to get childcare for one of the kids. Research has shown learning music supports all areas of learning and informal, developmentally appropriate music activities are the best way for children under 6 to gain basic music competence! Parent participation is required. Includes a full length CD of all the music we will be experiencing during the class.

Instructor: Meryl

Session 3: Wednesday January 12th-February 16th

Session 4: Wednesday March 9th-April 13th

Location: Manomet Youth Center (659 State Rd)

Time: 11:00a-11:45a

Fee: \$105 per child (6 classes)

****Please note that at this time instruments will not be brought by the instructor.**** Participants can bring their own instruments or purchase an instrument kit for \$30 from the instructor for class.

For a list of required instruments for class, please check out our website at www.plymouthrec.com.

**TO REGISTER VISIT:
WWW.PLYMOUTHREC.COM**

ONE-HIT WONDERS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and mementos that will last forever!

Ages: 2-5 with Parent Participation Fee: \$10 per workshop Time: 10:00a-11:00a

Location: Memorial Hall - Blue Room (83 Court St)

Valentine's Day

Valentine's Day is a great excuse for a crafty session with the kids. After all there is nothing better than getting a little something made by someone you love! Join us for a Valentine's Day themed children's story followed by a variety of crafts to bring home!

Date: Thursday February 10th

St. Patrick's Day

Celebrate St. Patrick's Day with our collection of St. Patrick's Day crafts for kids! We will read a short story followed by crafts involving leprechauns, pots of gold, rainbows and shamrocks, all the traditional St. Patrick's Day symbols!

Date: Thursday March 10th

Spring

With springtime comes a celebration of baby chicks and fluffy bunnies! This is a wonderful time for a short story and to do some crafts with your kids! Make spring more fun than ever with these wonderful spring-themed projects!

Date: Thursday April 14th

YOUTH PROGRAMS

MINDS IN MOTION PRESENTS: SOLAR BOT.14

AGES 8-12

Come and take home your very own 14 in 1 educational solar robot kit! Every hour more solar energy reaches the Earth then humans use in an entire year! Learn how solar energy works and witness firsthand how this technology can harness the sun's energy source. This kit contains unique components and parts that operate on land and water. Construct 14 different solar powered robots from functional to comical designs which include a tortoise bot, bug bot, paddle bot, tumbler bot, monster bot, big wheeler bot, car bot, surfer bot, and rowing bot! Working with its motor, gears, and solar panel, watch your solar bot come to life without any batteries as it uses the power of the sun. Take part in one of the alternative energies that is used most widely across the globe. Use your own creativity, put your mind in motion, and create your own designs!

Dates: Wednesday January 26th-March 23rd

Instructor: Minds in Motion

Location: Memorial Hall - Blue Room (83 Court St)

Time: 4:45p-5:45p

Fee: \$135 per child (8 classes - no class 2/23)

BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned baby-sitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful baby-sitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke-saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Date: Saturday February 26th

Instructor: Bette Antonellis

Location: Memorial Hall - Blue Room (83 Court St)

Time: 9:30a-12:00p

Fee: \$55 per child

**CHECK OUT OUR WEBSITE
FOR NEW ACTIVITIES!**

YOUTH PROGRAMS

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills, and more. Each class combines fun cardiovascular exercises with martial arts training that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & Belt.

Instructor: Sensei Mike Murphy

Session 3: Friday January 7th-February 11th

Session 4: Friday March 4th-April 8th

Location: Smilin' Mikes Dojo of Champions (96 Long Pond Rd)

Time: 5:15p-6:00p

Fee: \$90 per child (6 classes)

CANDY CHARACTERS ACTING PROGRAM

AGES 6-8

For young actors looking to explore the wonderful world of Theatre, CAST for Kids is for you. Children explore acting through a variety of theatre games, and exercises. During the classes, each participant will create a unique candy character and design a t-shirt costume reflecting their character traits. Be it a Snickers Bar, Skittles, Sour Patch Kids, or other favorite sweet, participants will create a Candy skit all culminating in a special performance for family members. There will be a performance for family members on Thursday March 10th at 5:30p.

Instructor: Plymouth CAST

Session 1: Tuesday January 18th-March 1st

Time: 4:30p-5:30p

Fee: \$155 per child (6 classes - no class 2/22)

Location: Memorial Hall – Blue Room (83 Court St)



PLYMOUTH COMMEDIA ACTING PROGRAM

AGES 9-13

Commedia Dell'Arte was an Italian form of comedy that was especially popular in the 16th to 18th centuries. Commedia troupes would travel from town to town performing in the open air. It was an ensemble genre, and built its comedy around physical humor and the improvisational skills of its actors. Participants will be taught about the specific traits of popular commedia characters. From there, they will develop their own version of one of the traditional commedia characters. MASKS are a key component! Each child will design and make a character mask. They will learn and experiment with exaggerated comedic movement and choreography that fit their stock character. From there, we will perform a one act Commedia show for family members. There will be a performance for family members on Thursday March 10th at 5:30p.

Instructor: Plymouth CAST

Session 1: Thursday January 20th-March 3rd

Time: 4:30p-6:30p

Fee: \$225 per child (6 classes - no class 2/24)

Location: Memorial Hall – Auditorium (83 Court St)



YOUTH BASKETBALL

AGES 6-9

This program teaches kids the basics of basketball in an exciting indoor environment. Kids will work on developing their skills in all aspects of the game as well as participate in fun drills and games using previously learned skills.

Instructor: Coach AJ & Coach Eric

Session 3: Saturday January 8th - February 5th

Session 4: Saturday February 19th - March 19th

Ages 6-7:

Time A: 10:30a-11:30a

Time C: 1:00p-2:00p

Ages 8-9:

Time D: 2:15p-3:15p

Fee: \$65 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)



LEARN TO ICE SKATE - YOUTH

AGES 6-15

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens are recommended; little ones should wear waterproof items
- Rental skates are available on a first-come, first-served basis and included in the class fee
- You are welcome to bring your own skates, double blade skates are not permitted
- Participants must be potty trained and capable of independently wearing a mask, social distancing and following directions.

Location: Armstrong Arena (103 Long Pond Rd)

Winter Session 1: Wednesday January 5th-February 23rd

Winter Session 3: Wednesday March 2nd-April 20th

Time: 4:30p-4:55p

Fee: \$152 per child (8 classes)

Winter Session 2: Sunday January 9th-February 27th

Winter Session 4: Sunday March 6th-April 30th

Time: 2:00p-2:50p

Fee: \$172 per child (8 classes - no class 4/17)

INDOOR FUTSAL LEAGUE

Join our 5 vs. 5 futsal league that plays once a week at Memorial Hall. The games will be two 20-minute halves with running time. All teams will be coached by Plymouth Rec Staff and there will be one referee who will call penalties, keep score and time. There will be 1 goalie, 2 defensive players, and 2 offensive players. Players will rotate between positions during the game. There will be a limit of 8 kids to a team. The first week of the program will be a skill refresher/scrimmage, with the remaining 7 weeks consisting of the first 10 minutes being a warmup followed by the game. The team with best record at the end of the season will receive medals. *Basic soccer knowledge required*

Instructor: Coach AJ

Dates: Tuesday January 18th-March 15th

Ages: 7-9

Game Times: 5:30p or 6:30p

Fee: \$80 per child (includes team shirt - 8 classes - no class 2/22)

Location: Memorial Hall Auditorium (83 Court St)

Weather Hotline: 508-747-1620 Ext. 10321 or www.plymouthrec.com | Office: 508-747-1620 Ext. 10137

Winter 2022 | Plymouth Recreation Department Program Guide

YOUTH PROGRAMS



Kids' Test Kitchen

inspire healthy eaters



KIDS' TEST KITCHEN TASTE TEST AGES 6-12

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! In this special, one-time, 1-hour class, that we call a "Taste Test" we'll work together to prepare one of our favorite KTK recipes – whose key ingredients are known to be really good for us! At the end of class your aspiring chef will receive the main ingredient and the recipe so that they can show off what they've learned! Each class arrives with fresh recipes and ideas to inspire your healthy eater!

Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration.

Instructor: Kids' Test Kitchen Instructor

Date: Monday January 24th

Time: 4:30p-5:30p

Fee: \$25 per child (1 class)

Location: Memorial Hall – Blue Room (83 Court St)

KIDS' TEST KITCHEN AGES 6-12

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce as much as possible. Spring brings longer, busier days! Let the kids help plan and prep dinner – we'll work to boost their confidence in the kitchen so you can enjoy meal prep together, or maybe – maybe – you can step aside and watch! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration.

SPRING session: Edamame Salad, Ener-Cheese, Asian Inspired Broccoli, Super Spear & Orange Stir-fry, Skillet Pizza with Veggies, Green Smoothie

Instructor: Kids' Test Kitchen Instructor

Session 1: Monday February 28th-April 4th

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes)

Location: Memorial Hall – Blue Room (83 Court St)

YOUTH YOGA AGES 8-13

Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self-respect and respect for others with the practice of fun and challenging Yoga poses and Yoga games. Children must bring their own Yoga mat. Masks are required for anyone entering the facility.

Instructor: Jaime Houde

Location: Memorial Hall - Auditorium (83 Court St)

Session 2: Wednesday January 19th-February 9th

Session 3: Wednesday March 2nd-March 23rd

Time: 4:45p-5:30p

Fee: \$45 per child (4 classes)

INTRO TO SKATEBOARDING AGES 7-14

Designed for beginner skateboarders with little to no experience, this class teaches fundamental skateboarding tricks and skills. Concentrating on balance, turning, accelerating, stopping, transitions, dropping in, Ollies, and a variety of other skills, we not only teach tricks but help participants develop confidence to apply them on their own. Proper safety equipment (helmet, knee and elbow pads, and wrist guards) and skateboards are required. For those that can't bring them, they will be provided but you must let us know upon registration. Participants must keep all safety gear on at all times and wear athletic shoes. Masks are required to be worn during the program.

Date: Saturday April 30th

Instructor: Knucklebones Staff

Location: Center for Active Living Lot (44 Nook Rd)

Time: 9:00a-12:00p

Fee: \$55 per child (1 class)

LITTLE HOT SHOTS TENNIS AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 8th-April 12th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes)

HOT SHOTS AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the the fundamentals of all strokes and will start work on match play. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. Rackets will be provided if needed free of charge.

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 8th-April 12th

Location: Village Racquet & Fitness (30 Golf Drive)

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. Rackets will be provided if needed free of charge.

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Location: Village Racquet & Fitness (30 Golf Drive)

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

YOUTH PROGRAMS

INDOOR FLAG FOOTBALL CLINIC

AGES 7-9

Participants will be put through various drills and activities during the clinic, which will help them develop their flag football skills and gain a better understanding of the game.

Instructor: Coach AJ

Session 1: Tuesday January 11th-February 8th

Session 2: Tuesday March 1st-March 29th

Time: 4:30p-5:15p Fee: \$45 per child (5 classes)

Location: Memorial Hall Auditorium (83 Court St)

HOME ALONE & STAYING SAFE

GRADES 4 & 5

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Date: Saturday January 15th

Instructor: Bette Antonellis & Denise Laiosa

Location: Memorial Hall- Blue Room (83 Court St)

Time: 9:30a-12:00p Fee: \$55 per child (1 class)

MANOMET YOUTH CENTER

AFTER SCHOOL at the MYC

AGES 6-13

During the school year the Manomet Youth Center located at 659 State Road will be available for youth to drop-in. The MYC is operated by the Plymouth Recreation Department and is a fun place for children to stay active after school. The youth center has a game room, TV room, and a gymnasium!! Children can challenge each other in bumper pool, air hockey, ping pong, or join us in the gymnasium for a game of dodgeball, basketball, soccer, inflatable Gaga and more! The MYC is officially open until June 16th, 2022

Times: Monday-Friday 3:00p-6:00p

Fee: \$100 per child before December 31st or \$75 after January 1st or \$5 for daily drop-in

HALF DAYS at the MYC

AGES 6-13

Offered every half-day during the school year, this program provides a fun and exciting environment for your child. Our professionally trained staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, pool, and more.

Parents can pre-register with a credit card by calling 508-747-1620 Ext. 10137

Fee: \$5 for members, \$10 for non-members

Dates: 11/17, 12/1, 12/8, 1/12, 2/9, 3/9, 3/23, 4/6, 5/11

Times: 12:00p-6:00p

VACATION DAYS AT THE YOUTH CENTER

This program provides a fun and exciting environment for your child. They can come and spend their days at the Youth Center during school vacations while you are at work or they just need a break! Our professionally trained staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, billiards, Nintendo Switch and more!

Director: Eric Abruzzi

Location: Manomet Youth Center (659 State Rd)

Time: 7:00am-6:00pm Ages: 6-13

Fee: Before 3:00p MYC Members-\$10 Non-MYC Members-\$15

After 3:00p MYC Members- FREE Non-MYC Members- \$5

Dates: 11/24, 12/23, 12/27, 12/28, 12/29, 12/30, 2/23, 2/23, 2/24, 2/25, 4/15, 4/19, 4/20, 4/21, 4/22

The Youth Center is closed: 11/25, 11/26, 12/24, 12/31, 1/17, 2/21, 4/18, 5/30

KID'S NIGHT OUT

Ages 6-12

The Manomet Youth Center will be hosting three Friday night "Parties". They are open to everyone and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room and challenge each other to matches of ping-pong, pool and air hockey! Masks are required for all attendees at all times. During pizza time, children will be spread out throughout the facility allowing them to eat and be socially distant from their peers.

Fee: \$12 per child per night Time: 6:00p-9:30p



VIDEO GAME NIGHT

The evening will include video game tournaments all night. We will have the inflatable screen set up in the gym to play games, on Nintendo Switch on them.

When: Friday January 28th

DODGEBALL NIGHT

Dive, Dodge, Duck, Dodge! We will be having our second annual Dodgeball Kids Night Out. We will play mini tournaments all night.

When: Friday February 11th

GAGA NIGHT

Come join us as we set up our inflatable gaga pit in the gym and play all night! Gaga is a fast paced dodge ball like sport played in an octagonal pit!

When: Friday March 11th

PLYMOUTH REC E-SPORTS LEAGUE

Interested in joining an E-sports league?! Plymouth Rec has joined the South Shore GG E-Sports League! Play against opponents from all over the South Shore from the comfort of your own home. This league offers flexible options to give everyone the opportunity to participate. Please note you must have the correct gaming system and game in order to participate. (Rocket League and Fort Nite are free to download)

NEW PRICING

Fee: \$40 per player for a season pass *a season pass allows you to play any game with in the Winter season*

YOUR SEASON PASS INCLUDES THE FOLLOWING:

MADDEN 21

System Required: PS4 with Playstation Plus Subscription OR Xbox One with Xbox Live Subscription

Time: 7:00p-8:00p (Youth Division: Ages 8-12)

8:00p-9:00p (Teen Division: Ages 13-17)

9:00p-10:00p (Adult Division: 18+)

Date: Monday January 24th-March 14th

FORTNITE

System Required: PlayStation, Xbox, PC, Nintendo Switch

Time: 7:00p-8:00p (Youth Division: Ages 8-12)

8:00p-9:00p (Teen Division: Ages 13-17)

9:00p-10:00p (Adult Division: 18+)

Date: Tuesday January 25th-March 15th

ROCKET LEAGUE - BEGINNER OR COMPETITIVE DIVISIONS

System Required: PlayStation, Xbox, PC, Nintendo Switch

Time: 7:00p-8:00p (Youth Division: Ages 8-12)

8:00p-9:00p (Teen Division: Ages 13-17)

9:00p-10:00p (Adult Division: 18+)

Date: Wednesday January 26th-March 16th

SUPER SMASH BROTHERS

System Required: Nintendo Switch with an Online Subscription

Time: 7:00p-8:00p (Youth Division: Ages 8-12)

8:00p-9:00p (Teen Division: Ages 13-17)

9:00p-10:00p (Adult Division: 18+)

Date: Thursday January 27th-March 17th



Please note - You must create a GG Leagues account after registering with the Plymouth Recreation Department for a GG Leagues Season Pass. We will email you an access code to use to set up your GG Leagues account once your season pass has been purchased. *ACCOUNTS MUST BE CREATED BY JANUARY 10th*

MINDS IN MOTION FEBRUARY VACATION STEM

FUTURE ENGINEERS

AGES 8-12

If you like to create and build things, this program is for you! Take home your very own engineering kit! You will build up to 8 working models including a material lift, stationary bike, crane bridge, construction crane, and a windmill! With the aid of your instructor and the easy-to-follow manual, you will learn different scientific principles involving pulleys and mechanics. You will also learn about basic circuits as you construct a Maze Challenge, Flying Disc, Turbo Air, and Alarm System with our STEM Lab kit! As future engineers, the STEM lab will teach you how to comprehend a schematic diagram and interpret the flow of electricity. Design your own diagrams and watch your confidence soar as you transform wires, springs, and plastic parts into fully functioning circuits. Come obtain the necessary skills and experience to take on the technological challenges of the future!

Date: Tuesday February 22nd-Friday February 25th

Location: Memorial Hall-Blue Room (83 Court St)

Time: 9:00a-12:00p

Fee: \$150 per child (4 days)

RE/CO ROBOT

AGES 8-12

Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and its tank-like tracks, make it perfect for rugged conditions! With the wireless remote control added, RE/CO Robot can access new play modes like storytelling, singing, dancing, and even programming. Students can enjoy guiding it over all sorts of terrain or allow the friendly robot to lead the way, using its infrared sensor to find a clear path in patrol mode. For parents who look to get the most out of their children's time, RE/CO Robot is a great all in one package! It combines assembling with 106 pieces, STEAM learning with infrared sensors, programming with easy directional commands, and having fun with the freedom of a handy wireless remote control!

Date: Tuesday February 22nd-Friday February 25th

Location: Memorial Hall-Blue Room (83 Court St)

Time: 12:30-3:30p

Fee: \$150 per child (4 days)

Children who sign up for both will have a supervised 30 minute lunch

APRIL VACATION YOUTH PROGRAMS



APRIL VACATION ARCHERY CLINIC

AGES 8-14

Archery is a sport that nearly anyone can pursue. Students learn how to properly hold and load a bow, and gain an appreciation for being patient and positive. Our youth archery program offers children the unique opportunity to discover the joy of shooting a bow as well as learning about different disciplines of the sport. Each day the children will learn to develop proper shooting form based on the National Training System.

Instructor: Dee Sachetti Location: Forges Adult Softball Field 1 (83 Jordan Rd)

Date: Monday April 18th - Thursday April 21st

Time: 9:30a-11:30a Fee: \$150 per child (4 classes, 4/22 rain make up date)

APRIL VACATION SOCCER CLINIC

AGES 4-11

We have partnered with New England Futsal to offer this fun and exciting clinic. It provides a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport. *Rain make-up Friday April 22nd*

Dates: Tuesday April 19th-Thursday April 21st

Location: Forges Soccer Field #1 (83 Jordan Rd)

Little Kickers

Ages: 4-6 year olds

Time: 9:00a-10:30a

Fee: \$50 per child

Soccer Juniors

Ages: 7-11 year olds

Time: 10:30a-1:00p

Fee: \$70 per child



APRIL VACATION PARKOUR CLINIC

AGES 7-10

Parkour is a training discipline using movement that developed from military obstacle course training. Participants aim to get from one point to another in a complex environment, without assistance and in the fastest and most efficient way possible. Parkour includes running, climbing, swinging, vaulting, jumping, rolling, quadrupedal movement, and other movements. Come learn this exciting sport in a safe environment with trained professionals!

Instructor: Parkour Generations Location: Memorial Hall - Auditorium (83 Court St)

Dates: Tuesday April 19th-Thursday April 21st

Time: 1:00p-4:00p Fee: \$170 per child (3 days)

APRIL VACATION FIELD HOCKEY CLINIC

AGES 6-12

Participants will learn the basic fundamental skills of field hockey, including dribbling, passing and receiving, shooting, positioning and game play. Our drills are designed specific to the age group. Repetition is the key to skill development so our drills are fun and engaging while developing consistency of these skills. (sticks are provided by a grant the Recreation Dept received from USA Field Hockey. You may bring your own if you have one)

MOUTH GUARD REQUIRED

Instructor: Cape Cod Field Hockey Location: Plymouth South High Turf Softball Field

April Break: Tuesday April 19th-Thursday April 21st

Time: 1:30p-3:30p Fee: \$105 per child (3 days - Rain Date - 4/22)



KNUCKLEBONES ONE DAY VACATION CLINICS

NINJA WARRIOR

AGES 6-8

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements. Sneakers are required.

Date: Tuesday February 22nd (Snow date 23rd)

Instructor: Knucklebones Staff

Location: Memorial Hall - Auditorium (83 Court St)

Time: 9:00a-12:00p

Fee: \$55 per child (1 class)

ATHLETICS

AGES 6-8

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing, playing Messy Backyard and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

Date: Tuesday April 19th

Instructor: Knucklebones Staff

Location: Memorial Hall - Auditorium (83 Court St)

Time: 9:00a-12:00p

Fee: \$55 per child (1 class)

Weather Hotline: 508-747-1620 Ext. 10321 or www.plymouthrec.com | Office: 508-747-1620 Ext. 10137

Winter 2022 | Plymouth Recreation Department Program Guide

TEEN / ADULT PROGRAMS

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session 3: Thursday January 6th-February 10th

Session 4: Thursday February 24th-March 31st

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p - 7:45p Fee: \$65 per person (6 classes)

LEARN TO ICE SKATE TEEN/ADULT

AGES 16+

Ages 16 and older are invited to learn to skate or enhance skating skills in a fun and comfortable learning environment. Skaters will be grouped by age and/or ability as needed. PREREQUISITE: Skaters must be at least 16 years of age. A helmet, such as a bike helmet or HECC helmet is required.

Dates: Wednesday January 5th-February 23rd

Time: 4:40p-5:20p Fee: \$168 per person (8 classes)

Location: Armstrong Arena (103 Long Pond Rd)

Registration will end on Monday December 27th

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body"; "Mind, Body, & Spirit". Please bring a Yoga mat to class each week.

Instructor: Paul Wybieracki

Session 3: Monday January 10th-February 28th

Session 4: Monday March 7th-April 11th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes - no class 1/17, 2/21)

INTRO TO RUMBA DANCING

AGES 18+

Rumba is universally recognized as the dance of love. It is danced to slow, sensual music with a Latin beat and features a hip action known as "Cuban Motion." Rumba is derived from the Afro-Caribbean dance "Son" and has been popular in this country as a ballroom dance since the 1930's.

Session 1: Monday January 10th-February 28th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes - no class 1/17, 2/21)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

INTRO TO CHA CHA DANCING

AGES 18+

Cha Cha is a lively, fun, cheeky and playful dance. It is a non-progressive dance that emphasizes Cuban motion, distinguished by the chasses (cha-cha-cha) typically danced during the 4&1 counts of the music. Cuban motion in Cha Cha is more staccato than Rumba to reflect the music with emphasis on count 1.

Session 1: Monday March 7th-April 11th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

MENS PICK-UP BASKETBALL

AGES 18+

Come on down for a night of hoops with friends in a relaxed setting. Space is limited to 16 per night so pre-registration is required to secure your spot! This ensures that everyone gets plenty of time to play.

Session 2: Thursday January 13th-March 10th

Session 3: Thursday March 24th-May 19th

Location: Manomet Youth Center (659 State Rd)

Time: 7:15p-9:15p

Fee: \$35 per person (8 nights -no program 2/24 & 4/21)

POUND

AGES 18+

Pound is a high energy, drumming and Pilates-inspired workout. It is a mood-boosting, stress-releasing cardio interval fitness format that will leave you feeling strong and energized!

Instructor: Jenna Sorensen

Session 3: Wednesday January 12th-February 16th

Session 4: Wednesday March 2nd-April 6th

Location: Memorial Hall - Auditorium (83 Court St)

Times: 6:00p-7:00p

Fee: \$50 per person (6 classes)

SALSA FIT

AGES 18+

Salsa Fit is a fun easy to follow 60 minute cardio dance workout to ballroom and Latin Rhythms. A little bit of Salsa. Cha Cha, Samba, Swing, Merengue, Bachata and Tango too! Please bring a Yoga mat to class each week.

Instructor: Kelly Wybieracki

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 1st-April 5th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes)

VINYASA YOGA FUSION

AGES 18+

Dance your yoga flow is a 60 minute mind, body and spirit yoga dance fusion class to music. It is a great workout to improve balance, flexibility and strength. Roll out your mat and practice sun salutations, yoga stretches and dance conditioning movement. Please bring a Yoga mat to class each week.

Instructor: Kelly Wybieracki

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 1st-April 5th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$55 per person (6 classes)

BEGINNER PICKLEBALL LESSONS

AGES 18+

Come learn the latest racquet sport craze! All the basics will be taught; handling and use of racquet, court positioning, game strategy, and scoring. This is an introductory instructional program.

Paddle rackets provided by Village Racquet

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Location: Village Racquet and Fitness (30 Golf Dr)

Time: 10:00a-11:00a

Fee: \$105 per person (6 classes)

TEEN / ADULT PROGRAMS

ADULT COED SOFTBALL LEAGUE

AGES 18+

Join our fun and competitive coed adult softball league! Teams play one game per week. We will start accepting team registrations Monday January 31st. Team registration forms plus a nonrefundable deposit of \$150 is due upon registration. Teams will be taken on a first come first serve basis with the deposit. All remaining fees must be paid prior to April 7th, 2022. Failure to do so will result in forfeiting participation in the league and the team's registration deposit. Team applications are available online or in the Recreation office. If you need more information, email Anne Slusser at aslusser@plymouth-ma.gov

There is a MANDATORY USSSA bat testing done prior to the start of the season. Only bats tested and approved will be allowed to be used in our league.

Date: Monday-Thursday April 25th - July 21st
(make-up games on Fridays)

Location: Forges Adult Softball Field (83 Jordan Rd)

Time: 7:00p or 8:15p Fee: \$750 per team
(10 game season plus top 8 teams make the playoffs)

INTRO TO KNITTING

AGES 18+

Learn the basic knit and purl stitch as well as the cast off and an easy cast on technique. Learn about the many options and characteristics of yarn and needles available. Additionally, participants will begin to learn how to read a pattern. Participants will have the option to select and begin their own first knit project at the end of the class.

Instructor: Plymouth Harbor Knits

Session 3: Wednesday January 19th-February 9th

Location: Plymouth Harbor Knits (170 Water St)

Time: 4:30p-6:00p

Fee: \$65 per person (4 classes)

PICKLEBALL TIPS & TECHNIQUES

AGES 18+

New to Pickleball and looking for a place to learn? Then join pickleball ambassador, Joe Rofe for tips and techniques on how to play! Joe will provide instruction and tips during the first 45 minutes of the class, followed by match play during the last 45 minutes. Instruction and help will still be provided during matches.

Instructor: Joe Rofe

Session 1: Tuesday January 11th-February 15th

Location: Memorial Hall - Auditorium (83 Court St)

Time: 1:00p-2:30p

Fee: \$60 per person (6 classes)



INDOOR TENNIS ADULT LEVEL 1

AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr)

Session 3: Tuesday January 11th-February 15th

Session 4: Tuesday March 8th-April 12th

Time: 6:00p-7:00p

Fee: \$135 per person (6 classes)

INDOOR TENNIS ADULT LEVEL 2

AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr)

Session 3: Thursday January 13th-February 17th

Session 4: Thursday March 10th-April 14th

Time A: 5:30p-6:30p

Time B: 6:30p-7:30p

Fee: \$135 per person (6 classes)

PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts. (You are more than welcome to bring your own paddle). Space is limited!! YOU MUST REGISTER TO PLAY.

MASKS ARE REQUIRED FOR ALL PARTICIPANTS AT ALL TIMES

Session 1: Wednesday January 12th-February 16th

Session 2: Wednesday March 2nd-April 6th

Beginner/Intermediate Time: 8:00a-9:30a

Intermediate/Advanced Time: 9:30a-11:00a

Fee: \$15 per person (6 classes)

Session 4: Monday January 10th-February 28th

Session 5: Monday March 7th-April 11th

Times: 6:00p-8:00p

Fee: \$25 per person (6 classes - no class 1/17, 2/21)

Location: Memorial Hall - Auditorium (83 Court Street)

PLYMOUTH REC CORNHOLE TOURNAMENT

Break those winter blues and join us for our 5th annual Cornhole Tournament! Come challenge your friends and coworkers to a game of corn hole! Teams of 2 can register online at www.plymouthrec.com or fill out the form below and mail it to the Recreation Office. Make sure to register early, last year we filled! Beer and wine will be available for purchase.

Date: Saturday February 12th, 2022 Time: Registration & Warm-up 4:30-5:00pm - Bags Fly @ 5:00pm

Location: Memorial Hall Auditorium (83 Court St.) Fee: \$40 per team (Teams of 2) Must be 18+ to play

*All equipment is provided. Players cannot bring their own bags or boards.

PRIZES!! \$100 for 1st, \$60 for 2nd, \$40 for 3rd for Competitive Bracket & Gift Certificates will be awarded for the social bracket

To register for the event visit www.plymouthrec.com. If you do not have an account, you will need to select create an account. If your phone number is showing you have an account, give the office a call and we can register you over the phone with a credit card.

At this time masks are required for anyone inside of Town Buildings

SPRING 2022 PROGRAMS

SPRING 2022 SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. We have partnered with New England Futsal to help coach the program. The fee for this program includes 6 classes.

Dates: Saturday April 9th - May 21st (no program 4/16 could be used as a make-up)

Location: Forges Soccer Field #1 (83 Jordan Rd)

Age: 3

Group 1: 9:00a-9:30a

Group 5: 11:45a-12:15p

Group 6: 12:15p-12:45p

Fee: \$48 per child

Age: 4-5

Group 2: 9:35a-10:35a

Group 3: 10:40a-11:40a

Group 4: 11:45a-12:45p

Fee: \$78 per child



SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other developmental league teams.

Ages: 6-7

Dates: Saturday April 9th - May 21st (no program 4/16, could be used as a make-up)

Time: 12:50-1:50p Location: Forges Soccer Field #1 (83 Jordan Rd)

Fee: \$83 per child (fee includes 6 classes & team shirt)

NFL FLAG FOOTBALL LEAGUE

4 YEAR OLD DEVELOPMENTAL PROGRAM

This program is run by our Recreation staff. The goal of this program is to teach children a fun and non-competitive way to play the game of flag football. There are no teams for the league, and the program is strictly run by Recreation Staff. Space for the program is extremely limited.

Dates: Thursday April 7th - May 19th (no flag 4/21) **Time:** 4:30p-5:15p

Location: Forges Field (83 Jordan Rd)

Fee: \$75 per child (includes NFL Jersey)

5-6 YEAR OLD LEAGUE

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Thursdays; there will be no other practice requirements. We do not take special requests for team placement.

Dates: Thursday April 7th - May 19th (no flag 4/21) **Time:** 5:30p-6:30p

Location: Forges Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey)



7-9 & 10-13 YEAR OLD LEAGUES

This extremely successful and competitive flag football league teaches fundamentals as well as good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement, all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. Volunteer coaches are needed! ***Game nights are subject to change due to weather and make-ups.

7-9 & 10-13 League Dates: Friday nights April 8th - June 3rd (additional weeks for playoffs; no flag 4/22, 6 games)

Time: 5:30p, 6:30p, 7:30p or 8:30p

Location: Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey)

*Evaluations are required for ALL PLAYERS

You will be advised of evaluation times 1 week before your evaluation date.

REGISTRATION OPENS: JANUARY 4TH FOR RESIDENTS
JANUARY 11TH FOR NON RESIDENTS

REGISTRATION CLOSES: FEBRUARY 18TH OR WHEN FULL.



SPRING 2022 PROGRAMS

T-BALL

This program is designed to keep your favorite t-ball player active during the winter months and to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.

*Please make sure to bring a glove, sneakers and water for your child.

*There are no player or team requests. Siblings will be placed together.

Location: Forges Jr. Baseball Field #1 & #2 (83 Jordan Rd)

Date: Sunday April 24th-May 22nd

*fee includes 5 classes & team shirt

Age: 3

Age: 4-6

Time: 9:00a-9:30a

Time A: 9:45a-10:30a

Fee: \$48 per child

Time B: 10:45a-11:30a

Fee: \$63 per child



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DECEMBER 2ND 7:30PM
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TICKETS ON SALE
OCTOBER 1 AT 10AM



DECLAN KELLY

ANTHONY KEARNS

RONAN TYNAN



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