

PLYMOUTH RECREATION DEPARTMENT'S WINTER GUIDE



FOR MORE INFORMATION AND TO REGISTER FOR
CLASSES VISIT: WWW.PLYMOUTHREC.COM

- Make Check Payable to: **Plymouth Recreation Department**
26 Court St / Plymouth, MA 02360 / 508-747-1620 Ext. 10137
- **WE ACCEPT CASH, CHECKS, VISA, MASTERCARD, DISCOVER**
- Refund requests must be submitted no later than 5 business days before the start of any program.
- There will be a \$10 processing fee for all refunds requested.
- Credit card purchases are refunded by check.
- There is a \$25 charge for any returned checks.
- There is a \$10 non-resident fee for all programs.
- **ONLY E-MAIL CONFIRMATIONS WILL BE SENT OUT! PLEASE KEEP A RECORD OF ALL PROGRAM INFORMATION.**

<i>For Office Use</i>
Cash \$ _____
Check # _____
Amount \$ _____
Date _____

HOUSEHOLD INFORMATION

Last Name: _____ Home Phone #: _____

Mailing/Residential Address: _____
(Street Address and/or PO Box) (City) (State) (Zip)

Parent: _____ DOB: ____/____/____ Work #: _____ Cell #: _____

Parent: _____ DOB: ____/____/____ Work #: _____ Cell #: _____

E-mail Address: _____
(This address will only be used by the Recreation Department for Registration and Program Updates.)

PROGRAM REGISTRATION – You may register up to 3 participants on this form

Participant's Name: _____ Age: ____ DOB: _____ Grade: ____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: ____ DOB: _____ Grade: ____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: ____ DOB: _____ Grade: ____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

I, the (parent/guardian of the child named above) or (adult participant), have been made aware that the Town of Plymouth, the Recreation Dept. and its related parties, are not covered by insurance for persons injured while taking part in Recreation Department programs. In consideration of my or my child's upcoming participation, I hereby hold the Town, its servants and employees and related parties harmless from any injury I or my child may incur during said participation. Further, I am delegating authority in advance of any specific diagnosis or treatment to an authorized person from the Recreation Department and the doctor/clinic/hospital to exercise their best judgment as to necessary medical/surgical treatment for me or my child in the event I cannot be reached. I agree to hold harmless the Town of Plymouth, the Recreation Dept., its servants and employees, its related parties and the doctor/clinic/hospital treating me or my child for failure to obtain my consent. I further grant authorizations for any pictures taken of me or my child to be used for publicity and promotional purposes.

Signature of Parent/Guardian/ Adult Participant:	Date:
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ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:

Monday, Wednesday, Thursday- 7:30a-4:00p

Tuesday- 7:30a-6:30p

Friday- 7:30a-12:00p

REGISTRATION IS OPEN

HOW TO REGISTER:

Register online or to register in person or by mail complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 26 Court St, Plymouth, MA 02360. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

SCHEDULES

The recreation department reserves the right to change a programs dates or locations due to weather, emergencies, or availability without a refund.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the start date of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is cancelled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

FACEBOOK PAGE

Join us on Facebook....at www.facebook.com/PlymouthRecreationDepartment, /Manomet-Youth-Center, /PlymouthMemorial for up to date information about programs, events and more!

PROOF OF AGE REQUIREMENT

Proof of age must be provided when registering your child for any Recreation Department program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified. Any participant must be the minimum age required on the first scheduled day of that program. No exceptions will be made.

Winter Registration is currently open. We would like to thank you for taking interest in the many programs the Plymouth Recreation Department offers. Our main goal is to offer individuals and families quality programs at an affordable price. At the Recreation Department you can expect friendly service and prompt attention to your concerns. If you have any questions or comments about any of our programs, please do not hesitate to contact us. We have provided our information below for your convenience.

Have a new, fun, innovative idea for a class we should offer? Please contact us with your program idea.

RECREATION DEPARTMENT INFORMATION

DIRECTOR OF COMMUNITY RESOURCES

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bdeblasio@plymouth-ma.gov

RECREATION DIRECTOR

ANNE SLUSSER
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MEMORIAL HALL DIRECTOR

KARA MEWHINNEY
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kolson@plymouth-ma.gov

Pictures in this guide are designed by
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LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth Soccer

www.plymouthyouthsoccer.com

Plymouth Vikings Football

www.plymouthvikings.com

Plymouth Vikings Cheerleading

www.plymouthvikings.com

South Plymouth Football (Jaguars)

www.psyf.net

South Plymouth Cheerleading (Jaguars)

www.psyf.net

Recreation Dept. NFL Flag Football League

www.plymouthrec.com

Recreation Dept. Basketball League

www.plymouthrec.com

South Plymouth Basketball

<https://southbball.com>

Plymouth Girls Basketball

www.plymouthgirlsbasketball.org

North Plymouth Basketball Assoc.

www.pnhoops.com

Plymouth Little League

www.plymouthlittleleague.com

Plymouth Youth Baseball & Girls Softball

www.plymouthybs.org

Plymouth Babe Ruth Baseball

www.plymouthbaberuth.com

Plymouth Youth Wrestling Club

pshspe@aol.com

Plymouth Youth Hockey

www.plymouthyouthhockey.net

Plymouth Rock Lacrosse (Boys)

www.plymouthrocklacrosse.com

Plymouth Rock Lacrosse (Girls)

www.plymouthrocklacrosse.com

South Plymouth Cub Scout Pack 1620

pack1620plymouth@gmail.com

Cub Scout Pack #51

www.manometpack51.org

West Plymouth Cub Scout Pack #40

mikewmac@verizon.net

Girl Scouts of Eastern Mass

www.girlscoutseasternmass.org

Plymouth Family Network

www.facebook.com/pfnpta

PRESCHOOL PROGRAMS

TOT SMART SOCCER AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 1: Thursday January 7th - February 11th

Session 2: Thursday March 4th - April 8th

Time: 2:00p-2:30p Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

Enter through back ticket door only



QUICK START TENNIS AGES 4-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level to learn tennis skills with fun games! All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesday January 5th-February 9th

Session 4: Tuesday March 2nd-April 6th

Location: Village Racquet and Fitness (30 Golf Dr)

Time: 4:30p-5:00p Fee: \$95 per child (6 classes)

SPORTS STARS AGES 3-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken Little Sports Stars)

Session 1: Wednesday January 6th - February 10th

Session 2: Wednesday March 3rd - April 7th

Time: 1:45p-2:30p Fee: \$55 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

Enter through back ticket door only

ARTSY TOTS AGES 2-4 & PARENT

Enjoy creative self-expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book. All participants and parents must wear masks at check-in and when they leave their tables. Participants will have their own individual table set up.

Session 3: Tuesday January 12th -February 2nd

Session 4: Tuesday March 9th - March 30th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 11:00a-11:45a Fee: \$40 per child (4 classes)

LEARN TO ICE SKATE - TOT AGES 3-5

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates are available on a first-come, first-served basis and included in the class fee. You are welcome to bring your own skates, but double blade skates are not permitted
- Participants must be potty trained and capable of independently wearing a mask, social distancing and following directions.

Location: Armstrong Arena (103 Long Pond Rd)

Winter Session 1: Wednesday January 6th-February 24th

Time: 4:30p-4:55p Fee: \$152 per child (8 classes)

Registration for Learn To Skate will end on Monday December 28th

PRESCHOOL KARATE AGES 4-5

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & belt.

Instructor: Sensei Mike Murphy

Session 3: Friday January 8th - February 12th

Session 4: Friday March 5th - April 9th

Location: Smilin' Mike's Dojo of Champions (739 State Rd)

Time: 4:30p-5:00p Fee: \$90 per child (6 classes)



LITTLE SPORTS STARS AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is required.

Session 3: Tuesday January 5th - February 9th

Session 4: Tuesday March 2nd - April 6th

Time: 10:00a-10:30a Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

Enter through back ticket door only

BIDDY BASKETBALL AGES 4-5

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 3: Saturday January 9th - February 6th

Session 4: Saturday February 20th - March 20th

Time A: 9:00a-9:45a Time B: 10:00a-10:45a

Location: Manomet Youth Center (659 State Road)

Fee: \$55 per child (5 classes)

PRESCHOOL PROGRAMS

MERYL'S MUSIC CLASS

AGES 2-3 & PARENT

Meryl's Music Class is 45 minutes of singing, dancing, instrument play and chants. This is a mixed ages class from 1 to 5 years so families can all attend together without having to get childcare for one of the kids. Research has shown that music learning supports all areas of learning and informal, developmentally appropriate music activities are the best way for children under 6 to gain basic music competence! Parent participation is required. Includes a full length CD of all the music we will be experiencing during the class.

Instructor: Meryl

Session 1: Wednesday January 6th - February 10th

Session 2: Thursday March 3rd - April 7th

Location: Manomet Youth Center (659 State Rd)

Time: 11:00a-11:45a Fee: \$105 per child (6 classes)

Please note that at this time instruments will not be brought by the instructor.

Participants can bring their own instruments or purchase an instrument kit for \$30 from the instructor for class.

For a list of required instruments for class, please check out our website at www.plymouthrec.com.

ONE-HIT WORKSHOPS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and mementos that will last forever!

Ages: 2-5 with Parent Participation

Fee: \$10 per workshop

Time: 10:00a-11:00a

Location: Memorial Hall (83 Court St)

Valentine's Day

Valentine's Day is a great excuse for a crafty session with the kids. After all there is nothing better than getting a little something made by someone you love! Join us for a Valentine's Day themed children's story followed by a variety of crafts to bring home!

Date: Thursday February 11th

St. Patrick's Day

Celebrate St. Patrick's Day with our collection of St. Patrick's Day crafts for kids! We will read a short story followed by crafts involving leprechauns, pots of gold, rainbows and shamrocks, all the traditional St. Patrick's Day symbols!

Date: Thursday March 11th

Easter

With springtime comes Easter, a celebration of baby chicks and fluffy bunnies! This is a wonderful time for a short story and to do some crafts with your kids! Make Easter more fun than ever with these wonderful spring-themed projects!

Date: Thursday April 1st

YOUTH PROGRAMS

INDOOR FUTSAL LEAGUE

Join our new 5 vs. 5 futsal league that plays once a week at Memorial Hall. The games will be two 20-minute halves with running time. All teams will be coached by Plymouth Rec Staff and there will be one referee who will call penalties, keep score and time. There will be 1 goalie, 2 defensive players, and 2 offensive players. Players will rotate between positions during the game. There will be a limit of 8 kids to a team. The first week of the program will be a skill refresher/scrimmage, with the remaining 7 weeks consisting of the first 10 mins being a warmup followed by the game. The team with best record at the end of the season will receive medals. *Basic soccer knowledge required*

Instructor: Coach AJ

Dates: Friday January 22nd-March 19th

Ages: 7-9

Game Times: 5:00p, 6:00p or 7:00p

Fee: \$80 per child (includes team shirts 8 classes - no class 2/19)

Location: Memorial Hall Auditorium (83 Court St)



CSI - CRIME SCENE INVESTIGATION

AGES 7-11

Come and join our Minds In Motion Crime Team in this fun and interesting workshop! We will provide you with all the tools you need to become your very own crime scene investigator! Learn all about forensics, searching for evidence, and gathering clues. Working in groups, you will conduct many science experiments in our crime labs to solve the mysteries at hand! As young detectives in training, you will learn all about fingerprinting and how to classify them. Bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds In Motion Laboratory! We need you!

Dates: Wednesday March 1st-22nd

Instructor: Minds in Motion

Location: Memorial Hall - Blue Room (83 Court St)

Time: 4:30p-6:30p

Fee: \$130 per child (4 classes)

YOUTH PROGRAMS

YOUTH YOGA

AGES 9-13

Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self-respect and respect for others with the practice of fun and challenging Yoga poses and Yoga games. Children must bring their own Yoga mat. Masks are required for anyone entering the facility. Masks may be taken off by participants when they are on their Yoga mat, but anytime participants leave their Yoga mat, masks must be worn.

Instructor: Jamie Houde

Location: Memorial Hall - Auditorium (83 Court St)

Session 3: Wednesday January 13th-February 3rd

Session 4: Wednesday March 3rd-March 24th

Time: 4:45p-5:30p

Fee: \$45 per child (4 classes)

FUNDAMENTALLY FUN TENNIS

AGES 8-12

Your child will learn the fundamentals of tennis using low pressure balls and age/size appropriate equipment that will get them rallying in no time!

Session 1: Sunday January 3rd - February 7th

Session 2: Sunday February 21st - March 28nd

Instructor: Kingsbury Club Staff

Location: Kingsbury Club (186 Summer St, Kingston)

Ages: 8-9 Time: 9:00a-10:00a

Ages 10-12 Time: 10:00a-11:00a

Fee: \$120 per child (6 classes)

CHEMICAL CREATIONS

AGES 7-12

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will make and take home a wide assortment of doodads and formations that you created all on your own. Learn and discover many different scientific concepts in an entertaining and innovative approach. Generate your own growing cube and make a shiny clean penny! Make your very own UV bracelet and watch it react to the sun. Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! You will also get to witness some really cool scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, a cool blue light, a soda explode, and many other exciting experiments in this fascinating and educational workshop!

Dates: Wednesday January 20th - February 10th

Instructor: Minds in Motion

Location: Memorial Hall - Blue Room (83 Court St)

Time: 4:30p-6:30p Fee: \$135 per child (4 classes)

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills, and more. Each class combines fun cardiovascular exercises with martial arts training that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & Belt.

Instructor: Sensei Mike Murphy

Session 3: Friday January 8th - February 12th

Session 4: Friday March 5th - April 9th

Location: Smilin' Mikes Dojo of Champions (96 Long Pond Rd)

Time: 5:15p-6:00p

Fee: \$90 per child (6 classes)

INDOOR BASKETBALL

AGES 6-11

This program teaches kids the basics of basketball in an exciting indoor environment. Kids will work on developing their skills in all aspects of the game as well as participate in fun drills and games using previously learned skills.

Instructor: Coach AJ

Session 3: Saturday January 9th - February 6th

Session 4: Saturday February 20th - March 20th

Ages 6-8:

Time A: 11:00a-12:00p

Time B: 12:15p-1:15p

Time C: 1:30p-2:30p

Ages 9-11

Time D: 2:45p-3:45p

Fee: \$65 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)



INTRO TO ACTING: SCENE STUDY FOR YOUNG ACTORS

AGES 8-13

This class offers a fun and accessible way to explore a student's innate ability to be playful and creative. Activities are designed to keep students engaged while also improving their performance technique. Actors will have the opportunity to explore scenes from television, movies and popular shows on Broadway. Students will be hand selected material that they will get to block, rehearse and present alongside other aspiring actors. Students will learn how to truthfully play out a scene through building relationships with their scene partners and dissecting and understanding the text of the scene. The course will culminate in an online showcase that the students will present in the latter half of the final class!

Instructor: Break a Leg Theater Staff

Location: ONLINE ZOOM CLASS

Dates: Friday January 8th-February 12th

Time: 3:45p-5:00p

Fee: \$120 per child (6 classes)

LEARN TO ICE SKATE - YOUTH

AGES 5-15

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- Arrive 15-20 minutes prior to the class start time
- A helmet, such as a bike helmet or HECC helmet is required
- Warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens are recommended; little ones should wear waterproof items
- Rental skates are available on a first-come, first-served basis and included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted
- Participants must be potty trained and capable of independently wearing a mask, social distancing and following directions.

Location: Armstrong Arena (103 Long Pond Rd)

Winter Session 1: Wednesday January 6th-February 24th

Time: 4:55p-5:20p

Fee: \$152 per child (8 classes)

Registration for Learn To Skate will end on Monday December 28th

YOUTH PROGRAMS

VIDEO GAME CLUB

AGES 7-12

Video Game Club is a program that will provide students a safe, fun, and competitive club, where they can play video games with their friends. The games that will be offered are Super Smash Brothers, Mario Kart, Minecraft and more. The games will all be played on a Nintendo Switch.

Session 3: Thursday January 7th-February 11th

Session 4: Thursday March 4th-April 8th

Location: Manomet Youth Center (659 State Rd)

Time: 5:30p-7:00p Fee: \$25 per child (6 classes)

PARKOUR

AGES 6-11

Parkour is a training discipline using movement that developed from military obstacle course training. Participants aim to get from one point to another in a complex environment, without assistive and in the fastest and most efficient way possible.

Parkour includes running, climbing, swinging, vaulting, jumping, rolling, quadrupedal movement, and other movements. Come learn this exciting sport in a safe environment with trained professionals!

Instructor: Parkour Generations

Dates: Saturday January 9th-30th

Ages 6-8 Time: 12:00p-1:00p

Ages 9-11 Time: 1:30p-2:30p

Location: Memorial Hall - Auditorium (83 Court St)

Fee: \$125 per child (4 classes)

INTRO TO SKATEBOARDING

AGES 7-14

Designed for beginner skateboarders with little to no experience, this class teaches fundamental skateboarding tricks and skills. Concentrating on balance, turning, accelerating, stopping, transitions, dropping in, Ollies, and a variety of other skills, we not only teach tricks but help participants develop confidence to apply them on their own. Proper safety equipment (helmet, knee and elbow pads, and wrist guards) and skateboards are required. For those that can't bring them, they will be provided but you must let us know upon registration. Participants must keep all safety gear on at all times and wear athletic shoes. Masks are required to be worn during the program.

Date: Saturday April 10th

Instructor: Knucklebones Staff

Location: Forges Field Upper Overflow Parking (83 Jordan Rd)

Time: 9:00a-12:00p Fee: \$52 per child (1 class)

LITTLE HOT SHOTS TENNIS

AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes.

All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesday January 5th- February 9th

Session 4: Tuesday March 2nd-April 6th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 5:00p-6:00p Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS

AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Thursday January 7th- February 11th

Session 4: Thursday March 4th-April 8th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 5:00p-6:00p Fee: \$135 per child (6 classes)

HOME ALONE & STAYING SAFE

GRADES 4 & 5

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Date: Saturday February 6th

Instructor: Bette Antonellis & Denise Laiosa

Location: Memorial Hall- Blue Room (83 Court St)

Time: 9:00a-11:30a Fee: \$55 per child

BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned baby-sitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful baby-sitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke-saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Date: Saturday March 6th

Instructor: Bette Antonellis

Location: Memorial Hall - Blue Room (83 Court St)

Time: 9:00a-11:30a Fee: \$55 per child



HOT SHOTS

AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the fundamentals of all strokes and will start work on match play. All pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesday January 5th- February 9th

Session 4: Tuesday March 2nd-April 6th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 6:00p-7:00p Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS

AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. All Pros are USTA and USPTR certified. Students should have their own racquet.

Session 3: Thursday January 7th- February 11th

Session 4: Thursday March 4th-April 8th

Location: Village Racquet and Fitness (30 Golf Drive)

Time: 6:00p-7:00p Fee: \$135 per child (6 classes)

YOUTH PROGRAMS

CHESS WIZARDS ONLINE

AGES 7-12

1 Hour, 64 Squares, Infinite Possibilities! Your brain is your super power! Are you ready to use it? Join Chess Wizards community today for fun, friendship and some serious chess skills. All experience level welcome. If you're brand-new to chess, we'll teach you the basics and get you playing in no time. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity loose on the board! Tech Requirements: Computer or tablet, Microphone and Internet

Instructor: Chess Wizards

Location: ZOOM ONLINE CLASS

Dates: Monday January 25th- March 8th

Time: 4:30p-5:30p Fee: \$110 per child (6 classes)

CREATIVE CODING STUDIO WITH TYNKER AGES 8-12

Discover programming through art, music, and math. Collaborate with friends to plan and build amazing projects using visual programming. Start with coding sounds and music, make a band and program beatboxing gnomes. Animate dragons and learn to draw and color your computer animations.

* Online courses require a modern desktop computer, laptop computer, Chromebook, or Netbook with Internet access and a Chrome (29+), Firefox (30+), Safari (7+), or Edge (20+) browser.*

Dates: Thursday January 28th-March 11th

Time: 4:45p-5:45p

Fee: \$150 per child (6 classes - no class 2/18)

Location: ZOOM ONLINE CLASS

KID'S NIGHT OUT

Ages 7-13

The Manomet Youth Center will be hosting two Saturday night "Parties". They are open to everyone and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room and challenge each other to matches of ping-pong, pool and air hockey! Masks are required for all attendees at all times. During pizza time, children will be spread out throughout the facility allowing them to eat and be socially distant from their peers. Equipment will be sanitized, and there will be hand sanitizing units throughout the facility.

Fee: \$13 per child per night Time: 5:00p-8:30p



VIDEO GAME NIGHT

The evening will include video game tournaments all night. We will have the inflatable screen set up in the gym to play Wii, and two TV's going with the Nintendo Switch on them.

When: Saturday January 23rd

MOVIE NIGHT

Join us for a movie in the gym on our giant inflatable screen. Kids will enjoy popcorn and snacks during the movie.

When: Saturday March 27th



PARKOUR VACATION CLINICS



VACATION PARKOUR CLINICS

AGES 7-10

Parkour is a training discipline using movement that developed from military obstacle course training. Participants aim to get from one point to another in a complex environment, without assistance and in the fastest and most efficient way possible. Parkour includes running, climbing, swinging, vaulting, jumping, rolling, quadrupedal movement, and other movements. Come learn this exciting sport in a safe environment with trained professionals!

Instructor: Parkour Generations Location: Memorial Hall - Auditorium (83 Court St)

February Break: Tuesday February 16th-Thursday February 18th

April Break: Tuesday April 20th-Thursday April 22nd

Time: 1:00p-4:00p Fee: \$170 per child (3 days)

DECEMBER VACATION YOUTH PROGRAMS

EMPOW STUDIOS: ONE DAY HOLIDAY WORKSHOPS ONLINE

MINECRAFT EXPLORATIONS

AGES 7-12

Minecraft isn't just for video gamers – it's for explorers, designers, and builders too! Students will explore the basics of art, architecture, commands, and the patented Redstone circuitry. They will build their own Minecraft creations in a shared world, collaborate together, and take home digital files so that they can keep exploring their world after class has ended. They'll also gain an understanding of how one of the most popular platforms in the world works!

Requirements: Windows or Mac computer, or a Chromebook that supports Linux.

Programs Needed: Minecraft: Java Edition (free to download), Zoom

Date: Monday December 28th

Time: 9:00a-12:00p

Fee: \$75 per child



VIDEO GAME DESIGN WITH FLOWLAB

AGES 7-12

Does your child love video games? In this class, we will channel that passion by having them learn to build their own! Together with like-minded students, they will build simple video games step-by-step, experimenting with specific tasks and movements, and sharing gameplay with their peers, while learning important STEM concepts of design, problem-solving, and trial/error. They will learn to use the accessible game design program Flowlab — no coding required — a platform used by many professional game designers to prototype new builds. All games will be stored online, so students can gain access after class ends, and, if their game is approved, upload it to Google Play or the Apple Store!

Tech Requirements: Windows, Mac, or Chromebook computer

Programs Needed: Flowlab is entirely web-based (free account creation required), Zoom

Date: Tuesday December 29th

Time: 9:00a-12:00p

Fee: \$75 per child

ONLINE ONLY

3D MODELING WITH Tinkercad

AGES 7-12

Does your child have a budding interest in 3D Art or 3D Printing? Come explore and be creative using the vast range of options that Computer-Aided Design has to offer! In this program, we will apply the concept of Constructive Solid Geometry towards designing a solid, often linear and symmetrical object - such as furniture, wrench, or a chess piece. Tinkercad is an easy and intuitive first entry-point for emerging designers, and students will engineer 3D objects that can be printed on a 3D printer.

Tech Requirements: Windows, Mac, or Chromebook computer

Programs Needed: Tinkercad is entirely web-based (free account creation required), Zoom

Date: Wednesday December 30th

Time: 9:00a-12:00p

Fee: \$75 per child



MINDS IN MOTION FEBRUARY VACATION STEM

ELECTRICITY AND MAGNETMANIA

AGES 8-12

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments including making and taking home the World's Simplest Motor! See a mysterious spinning top that never stops and witness a cool magnetic sand timer. Watch electricity being produced by a hand held generator and take part in a cool activity involving a very powerful magnet. Behold a special magnetic top levitating and much much more!

Date: Tuesday February 16th-Friday February 19th

Location: Memorial Hall-Blue Room (83 Court St)

Time: 9:00a-12:00p

Fee: \$140 per child (4 days)

RE/CO ROBOT

AGES 8-12

Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and its tank-like tracks, make it perfect for rugged conditions! With the wireless remote control added, RE/CO Robot can access new play modes like storytelling, singing, dancing, and even programming. Students can enjoy guiding it over all sorts of terrain or allow the friendly robot to lead the way, using its infrared sensor to find a clear path in patrol mode. For parents who look to get the most out of their children's time, RE/CO Robot is a great all in one package! It combines assembling with 106 pieces, STEAM learning with infrared sensors, programming with easy directional commands, and having fun with the freedom of a handy wireless remote control!

Date: Tuesday February 16th-Friday February 19th

Location: Memorial Hall-Blue Room (83 Court St)

Time: 12:30-3:30p

Fee: \$135 per child (4 days)

Register your child for both clinics and save \$35, plus children will have a supervised lunch!

FEBRUARY & APRIL VACATION YOUTH PROGRAMS

APRIL VACATION GOLF LESSONS @ SQUIRELL RUN

AGES 8-13

For those children who play in the Squirrel Run PGA Junior League, this pre-season tune up will get you prepared for the upcoming season.

Location: Squirrel Run Golf Club (32 Elderberry Dr)

Dates: Monday April 19th-Friday April 23rd

Time A: 10:00a-11:15a or Time B: 1:00p-2:15p

Fee: \$129 per child (5 classes)



APRIL VACATION ARCHERY CLINIC

AGES 8-14

Archery is a sport that nearly anyone can pursue. Students learn how to properly hold and load a bow, and gain an appreciation for being patient and positive. Our youth archery program offers children the unique opportunity to discover the joy of shooting a bow as well as learning about different disciplines of the sport. Each day the children will learn to develop proper shooting form based on the National Training System.

Instructor: Dee Sachetti Location: Forges Adult Softball Field 1 (83 Jordan Rd)

Date: Monday April 19th - Thursday April 23rd

Time: 9:30a-11:30a Fee: \$150 per child (4 classes, 4/24 rain make up date)

APRIL VACATION SOCCER CLINIC

AGES 4-11

We have partnered with Scorpions Soccer to offer this fun and exciting clinic. It provides a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport.

Dates: Tuesday April 20th-Thursday April 22nd

Location: Forges Soccer Field #1 (83 Jordan Rd)

Little Kickers

Ages: 4-6 year olds

Time: 9:00a-10:30a

Soccer Juniors

Ages: 7-11 year olds

Time: 10:30a-1:00p

Fee: \$50 per child

Fee: \$70 per child



KNUCKLEBONES ONE DAY CLINICS

ATHLETICS

AGES 6-8

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing, playing Messy Backyard and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

Date: Tuesday February 16th

Instructor: Knucklebones Staff

Location: Memorial Hall - Auditorium (83 Court St)

Time: 9:00a-12:00p

Fee: \$55 per child (1 class)

NINJA WARRIOR

AGES 6-8

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements. Sneakers are required.

Date: Tuesday April 20th

Instructor: Knucklebones Staff

Location: Memorial Hall - Auditorium (83 Court St)

Time: 9:00a-12:00p

Fee: \$55 per child (1 class)



TEEN / ADULT PROGRAMS

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session 3: Thursday January 7th-February 11th

Session 4: Thursday February 25th-April 1st

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p - 7:45p Fee: \$60 per person (6 classes)

LEARN TO ICE SKATE TEEN/ADULT

AGES 16+

Ages 16 and older are invited to learn to skate or enhance skating skills in a fun and comfortable learning environment. Skaters will be grouped by age and/or ability as needed. PREREQUISITE: Skaters must be at least 16 years of age. A helmet, such as a bike helmet or HECC helmet is required.

Location: Armstrong Arena (103 Long Pond Rd)

Dates: Wednesday January 6th-February 24th

Time: 4:30p-5:10p Fee: \$168 per person (8 classes)

Registration will end on Monday December 28th

COUNTRY WESTERN LINE DANCING

AGES 18+

Country line dancing – you will be learning some of the latest and greatest Line Dances “No Partner Necessary” So get your boots on!

Session 3: Monday January 4th-February 22nd

Session 4: Monday March 8th-April 12th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$65 per person (6 classes - no class 1/18, 2/15)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the “Whole Body”, “Mind, Body, & Spirit”. Please bring a Yoga mat to class each week.

Instructor: Paul Wybieracki

Session 3: Monday January 4th-February 22nd

Session 4: Monday March 8th-April 12th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes - no class 1/18, 2/15)

DANCE YOUR FLOW YOGA

AGES 18+

Dance your yoga flow is a 60 minute mind, body and spirit yoga dance fusion class to music. It is a great workout to improve balance, flexibility and strength. Roll out your mat and practice sun salutations, yoga stretches and dance conditioning movement. Please bring a Yoga mat to class each week.

Instructor: Kelly Madenjian

Session 1: Tuesday January 5th-February 9th

Session 2: Monday March 2nd-April 6th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$55 per person (6 classes)

MENS PICK-UP BASKETBALL

AGES 18+

Come on down for a night of hoops with friends in a relaxed setting. Space is limited to 16 per night so pre-registration is required to secure your spot! This ensures that everyone gets plenty of time to play. *MASKS ARE REQUIRED FOR ALL PARTICIPANTS DURING THE DURATION OF THE PROGRAM*

Session 1: Thursday March 4th-April 22nd

Location: Manomet Youth Center (659 State Rd)

Time: 7:30p-9:30p Fee: \$30 per person for 8 nights

PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts. (You are more than welcome to bring your own paddle). Space is limited!! YOU MUST REGISTER TO PLAY.

MASKS ARE REQUIRED FOR ALL PARTICIPANTS AT ALL TIMES

Session 3: Wednesday January 6th- February 10th

Session 5: Wednesday March 3rd-April 7th

Time: 9:00a-10:30a Fee: \$15 per person (6 classes)

Session 4: Thursday January 7th- February 11th

Session 6: Thursday March 4th-April 8th

Times: 6:00p-8:00p Fee: \$30 per person (6 classes)

Location: Memorial Hall - Auditorium (83 Court Street)



SALSA FIT

AGES 18+

Salsa Fit is a fun easy to follow 60 minute cardio dance workout to ballroom and Latin Rhythms. A little bit of Salsa. Cha Cha, Samba, Swing, Merengue, Bachata and Tango too! Please bring a Yoga mat to class each week.

Instructor: Kelly Madenjian

Session 1: Tuesday January 5th-February 9th

Session 2: Monday March 2nd-April 6th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes)

POUND

AGES 18+

Pound is a high energy, drumming and Pilates-inspired workout. It is a mood-boosting, stress-releasing cardio interval fitness format that will leave you feeling strong and energized!

Instructor: Jenna Ball

Session 3: Wednesday January 6th-February 10th

Session 4: Wednesday March 3rd-April 7th

Location: Memorial Hall - Auditorium (83 Court St)

Times: 6:00p-7:00p

Fee: \$50 per person (6 classes)

TEEN / ADULT PROGRAMS

ADULT COED SOFTBALL LEAGUE

AGES 18+

Join our fun and competitive coed adult softball league! Teams play one game per week. We will start accepting team registrations Monday February 1st. Team registration forms plus a nonrefundable deposit of \$150 is due upon registration. Teams will be taken on a first come first serve basis with the deposit. All remaining fees must be paid prior to April 8th, 2021. Failure to do so will result in forfeiting participation in the league and the team's registration deposit. Team applications are available online or in the Recreation office. If you need more information, email Anne Slusser at aslusser@plymouth-ma.gov

There is a MANDATORY ASA bat testing done prior to the start of the season. Only bats tested and approved will be allowed to be used in our league.

Date: Monday-Thursday April 26th - July 22nd (make-up games on Fridays)

Location: Forges Adult Softball Field (83 Jordan Rd)

Time: 7:00p or 8:30p Fee: \$700 per team
(10 game season plus top 8 teams make the playoffs)

INTRO TO KNITTING

AGES 18+

Learn the basic knit and purl stitch as well as the cast off and an easy cast on technique. Learn about the many options and characteristics of yarn and needles available. Additionally, participants will begin to learn how to read a pattern. Participants will have the option to select and begin their own first knit project at the end of the class.

Instructor: Plymouth Harbor Knits

Session 1: Wednesday January 6th-February 3rd

Location: Plymouth Harbor Knits (170 Water St)

Time: 5:15p-6:30p
Fee: \$50 per person (5 classes)

TENNIS @ THE PINEHILLS LEVEL 1 ADULT

AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr, Pine Hills)

Session 3: Tuesday January 5th- February 9th

Session 4: Tuesday March 2nd-April 6th

Time: 7:00p-8:00p Fee: \$135 per person (6 classes)

TENNIS @ THE PINEHILLS LEVEL 2 ADULT

AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr, Pine Hills)

Session 3: Thursday January 7th- February 11th

Session 4: Thursday March 4th-April 8th

Time: 7:00p-8:00p Fee: \$135 per person (6 classes)

TENNIS FOR TEENS

AGES 13-18

Your child will learn the fundamentals of tennis using low pressure balls and age/size appropriate equipment that will get them rallying in no time!

Session 1: Sunday January 3rd - February 7th

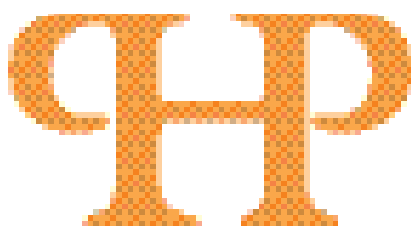
Session 2: Sunday February 21st - March 28nd

Instructor: Kingsbury Club Staff

Location: Kingsbury Club (186 Summer St, Kingston)

Time: 11:00a-12:00p

Fee: \$120 per child (6 classes)



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SPRING 2021 PROGRAMS

SPRING 2021 SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. We have partnered with Scorpions Soccer to help coach the program. The fee for this program includes 6 classes.

Dates: Saturday April 10th - May 15th

Location: Forges Soccer Field #1 (83 Jordan Rd)

SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other developmental league teams.

Ages: 6-7

Dates: Saturday April 10th - May 15th

Time: 12:50-1:50p **Location:** Forges Soccer Field #1 (83 Jordan Rd)

Fee: \$83 per child (fee includes 6 classes & team shirt)

Age: 3

Group 1: 9:00a-9:30a

Group 5: 11:45a-12:15p

Group 6: 12:15p-12:45p

Fee: \$48 per child

Age: 4-5

Group 2: 9:35a-10:35a

Group 3: 10:40a-11:40a

Group 4: 11:45a-12:45p

Fee: \$78 per child



NFL FLAG FOOTBALL LEAGUE

5-6 YEAR OLD LEAGUE

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Thursdays; there will be no other practice requirements. We do not take special requests for team placement.

Dates: Thursday April 8th - May 20th (no flag 4/22) **Time:** 5:30p-6:30p

Location: Forges Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey & end of the season award)



7-9 & 10-13 YEAR OLD LEAGUES

This extremely successful and competitive flag football league teaches fundamentals as well as good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement, all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. Volunteer coaches are needed! ***Game nights are subject to change due to weather and make-ups.

7-9 & 10-13 League Dates: Friday nights April 9th - June 4th (additional weeks for playoffs; no flag 4/23, 6 games)

Time: 5:30p, 6:30p, 7:30p or 8:30p

Location: Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey)

*Evaluations: Evaluations are required for ALL PLAYERS

You will be advised of evaluation times 1 week before your evaluation date.

REGISTRATION OPENS: JANUARY 4TH FOR RESIDENTS

JANUARY 11TH FOR NON RESIDENTS

REGISTRATION CLOSES: FEBRUARY 19TH OR WHEN FULL.



T-BALL

This program is designed to keep your favorite t-ball player active during the winter months and to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.

*Please make sure to bring a glove, sneakers and water for your child.

*There are no player or team requests. Siblings will be placed together.

Location: Forges Jr. Baseball Field #1 & #2 (83 Jordan Rd)

Date: Sunday April 25th-June 6th (no class 5/23)

*fee includes 6 classes & team shirt

Age: 3

Time: 9:00a-9:30a

Fee: \$55 per child

Age: 4-6

Time A: 9:45a-10:30a

Time B: 10:45a-11:30a

Fee: \$70 per child