

PLYMOUTH RECREATION



SPRING & SUMMER 2018 GUIDE

REGISTER & PAY ONLINE AT WWW.PLYMOUTHREC.COM OR CALL 508-747-1620 X.10137

WE STRONGLY URGE EVERYONE TO REGISTER ON-LINE FOR THE FASTEST, EASIEST AND MOST EFFICIENT REGISTRATION PROCESS.

- Make Check Payable to: **Plymouth Recreation Department**
26 Court St / Plymouth, MA 02360 / 508-747-1620 Ext. 10137
- **WE ACCEPT CASH, CHECKS, VISA, MASTERCARD, DISCOVER**
- Refund requests must be submitted no later than 5 business days before the start of any program.
- There will be a \$10 processing fee for all refunds requested.
- Credit card purchases are refunded by check.
- There is a \$25 charge for any returned checks.
- There is a \$10 non-resident fee for all programs.
- **ONLY E-MAIL CONFIRMATIONS WILL BE SENT OUT! PLEASE KEEP A RECORD OF ALL PROGRAM INFORMATION.**

For Office Use	
Cash \$	_____
Check #	_____
Amount \$	_____
Date	_____

HOUSEHOLD INFORMATION

Last Name: _____ Home Phone #: _____

Mailing/Residential Address: _____
(Street Address and/or PO Box) (City) (State) (Zip)

Parent: _____ DOB: ___/___/___ Work #: _____ Cell #: _____

Parent: _____ DOB: ___/___/___ Work #: _____ Cell #: _____

E-mail Address: _____
(This address will only be used by the Recreation Department for Registration and Program Updates.)

PROGRAM REGISTRATION – You may register up to 3 participants on this form

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

I, the (parent/guardian of the child named above) or (adult participant), have been made aware that the Town of Plymouth, the Recreation Dept. and its related parties, are not covered by insurance for persons injured while taking part in Recreation Department programs. In consideration of my or my child's upcoming participation, I hereby hold the Town, its servants and employees and related parties harmless from any injury I or my child may incur during said participation. Further, I am delegating authority in advance of any specific diagnosis or treatment to an authorized person from the Recreation Department and the doctor/clinic/hospital to exercise their best judgment as to necessary medical/surgical treatment for me or my child in the event I cannot be reached. I agree to hold harmless the Town of Plymouth, the Recreation Dept., its servants and employees, its related parties and the doctor/clinic/hospital treating me or my child for failure to obtain my consent. I further grant authorizations for any pictures taken of me or my child to be used for publicity and promotional purposes.

Signature of Parent/Guardian/ Adult Participant:	Date:
---	--------------

TABLE OF CONTENTS

INFORMATION

REGISTRATION FORM p 1
 ABOUT THE RECREATION DEPT p 3
 INSTRUCTIONS ON REGISTERING p 3
 PROOF OF AGE REQUIREMENTS..... p 3
 WEATHER CANCELLATION INFO p 3
 SUMMER EMPLOYMENT OPPORTUNITIES p 4
 CONTACT INFORMATION FOR LOCAL GROUPS ... p 4

SPRING

PRE-SCHOOL PROGRAMS p 5&6

Advanced Tumble With Me	Sports Stars
Artsy Tots	Spring Smart Soccer
Free Play Friday's	Spring T-ball
Little Sports Stars	Tot Smart Soccer
Meryl's Music Class	Tumble With Me
Parent & Tot Dance	
Preschool Cooking	
Preschool Dance	
Preschool Karate	

YOUTH PROGRAMS.....p 7-9

After School Art	Intro to Karate
April Vacation Archery	Junior's Indoor Tennis
April Vacation Baseball Clinic	Learn to Ice Skate
April Vacation Golf Lessons	Little Grippers Tennis
April Vacation Soccer Clinic	Lego Explorers
Babysitter Safety Training	Letterboxing Adventure
Hip-Hop Dance	Pond Skimming at Hedges
Herring Run Exploration	Tennis Lessons
Home Alone and Staying Safe	Upper Junior's Indoor Tennis

JOHN P. MCKENNA FISHING DERBY p 9

TEEN/ADULT PROGRAMS.....p 10&11

Adult Pickleball	Pilates
Ballroom Dancing	Pound
BellyFit for Women	Tennis For Life
Golf Ready	Tidemarsh Sanctuary Hike
Kripalu Yoga	Zumbathon
Learn to Ice Skate	
Pick-up Volleyball	

SUMMER

LIFEGUARD TRAINING COURSE p 11
 BEACHES & PONDS p 12
 FACILITIES AND PARKS..... p 13
 BIRTHDAY PARTIES.....P 14
 RED CROSS SWIM PROGRAM p 15&16
 Class Descriptions
 Swim Registration Form & Information

YOUTH PROGRAMS..... p 17-21

Acrodance Workshop	Little Explorer
All-Star Athletes	Kayak Adventure Camp
App Inventors	Parkour Clinic
Archery Clinic	Preschool Dance
Baseball Clinic	Parent & Tot Dance
Basketball Clinic	Preschool Karate
Build a Duct Tape Kayak	Preschool Playground Program
Circuit Makers 101	Renewable Energy
Counselor in Training (CIT)	Rocket Science
Crosswinds Golf	Soccer Clinic
Flag Football Clinic	Squirrel Run Golf
Half Day Playground -	Summer Basketball Rec League
West Elementary & Hedges Pond	Summer T-Ball
Ice Skating Clinic	Stand-up Paddleboard
Incrediflix Clinic-	Tennis Clinic
Action Movie Flix	Teen Open Volleyball
Imagination Flix	Top Secret Science & Math
Kayaking Workshop	Track & Field Clinic
Intro To Karate	Plymouth Yacht Club Sailing
Little Sports Stars	

TEEN/ADULT PROGRAMS p 23-24

Adult Kayak	Kripalu Yoga
Adult Pickleball	Ladies Tennis
Bellyfit for Women	Learn to Ice Skate
Barre Hip Hop	Outside Morning Flow Yoga
Barre Fit	Stand up Paddleboarding
Golf Ready	

MANOMET YOUTH CENTER SUMMER SERIES p 22

FALL 2018 PROGRAMS..... p 25

Smart Soccer
 Developmental Soccer League
 NFL Flag Football
 ADULT LEAGUES..... p 25
 Fall Coed Softball League
 ROCKIN' RECREATION NIGHT p 26

DON'T LET A GOOD PROGRAM DIE!!!

Nothing kills a program quicker than waiting until the last minute to register! Any program under-enrolled one week prior to the start date will be canceled. Calls and registration received after the registration deadline cannot reactivate a canceled program.

PLEASE REGISTER EARLY!!

ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:

7:30a - 4:00p Mon, Wed, Thurs 7:30a-6:30p Tues 7:30a-12:00p Fri

RESIDENT REGISTRATION STARTS

MARCH 19th (ONLINE, MAIL-IN & IN OFFICE)

NON RESIDENT REGISTRATION STARTS

MARCH 26th

HOW TO REGISTER:

Register online or to register in person or by mail complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 11 Lincoln Street, Plymouth, MA 02360. **WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).**

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents for most of our Programs.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the first scheduled day of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is canceled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will **try** and do everything to make sure they participate in our programs. There will be a limited number of partial scholarships available for our half day playground program only.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

FACEBOOK PAGE

Join us on Facebook....at www.facebook.com/PlymouthRecreationDepartment for up to date information about programs, events and more!

AGE REQUIREMENTS FOR RECREATION PROGRAMS

Proof of age must be provided when registering your child for any Recreation Department program.

Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified.

****Children must meet the minimum age for the program within 1 week of the first scheduled class.****

SUMMER EMPLOYMENT OPPORTUNITIES

HALF-DAY SUMMER PROGRAM STAFF

We are currently looking to hire: arts and crafts, tennis, baseball, soccer, street hockey, playground and basketball instructors. Must have extensive knowledge of the area in which you are applying, experience working with children and must be at least 16 years old; coaching or teaching experience preferred. Hours: Monday-Friday 8:30a-12:15p.

BEACH/POND STAFF

We are currently seeking certified lifeguards and swim instructors. Applicants must be able to work 40 hours a week including weekends. Hours are 9:00a-5:00p daily.

If you are interested in one of our summer employment opportunities please fill out an application found at www.plymouth-ma.gov under Forms & Documents - Human Resources - Employment Application or by visiting the Human Resources office located on the 4th floor at Town Hall.

Do not come to the Recreation Department for an application.

RECREATION DEPARTMENT INFORMATION

COMMUNITY RESOURCES DIRECTOR

BARRY DEBLASIO
508-830-4250 Ext. 230
bdeblasio@townhall.plymouth.ma.us

PROGRAM SUPERVISOR

AIMEE HOWELL
508-747-1620 Ext. 10203
ahowell@townhall.plymouth.ma.us

DIRECTOR OF MEMORIAL HALL/SPECIAL EVENTS

KARA OLSON
508-830-4087 / kolson@townhall.plymouth.ma.us

RECREATION DIRECTOR

ANNE SLUSSER
508-747-1620 Ext. 10136
aslusser@townhall.plymouth.ma.us

OFFICE MANAGER / PROGRAM ADMIN

HOLLY COOTS
508-747-1620 Ext. 10137
hcoots@townhall.plymouth.ma.us

MYC DIRECTOR/BEACH DIRECTOR

FRANK LIVERA
508-830-4114 / flivera@townhall.plymouth.ma.us

LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth **Soccer**
www.plymouthyouthsoccer.com

Plymouth Vikings **Football**
www.plymouthvikings.com

Plymouth Vikings **Cheerleading**
www.plymouthvikings.com

South Plymouth **Football** (Jaguars)
www.psyf.net

South Plymouth **Cheerleading** (Jaguars)
www.psyf.net

Recreation Dept. **NFL Flag Football** League
www.plymouthrec.com

Recreation Dept. **Basketball** League
www.plymouthrec.com

South Plymouth **Basketball**
www.southplymouthyouthbasketball.com

West Plymouth **Basketball**
www.westplymouthbasketball.com

Plymouth Girls **Basketball**
www.plymouthgirlsbasketball.org

North Plymouth **Basketball** Assoc.
www.pnhoops.com

Plymouth Little League
www.plymouthlittleleague.org

Plymouth **Youth Basesball & Girls Softball**
www.plymouthybs.org

Plymouth **Babe Ruth Baseball**
www.plymouthbaberuth.com

Plymouth Youth **Wrestling** Club
pshspe@aol.com

Plymouth Youth **Hockey**
www.plymouthyouthhockey.net

Plymouth Rock **Lacrosse** (Boys+Girls)
www.plymouthrocklacrosse.com

Plymouth Senior Little League
www.psil.net

South Plymouth **Cub Scout** Pack 1620
pack1620plymouth@gmail.com

Cub Scout Pack #51
www.manometpack51.org

West Plymouth **Cub Scout** Pack #40
mikewmac@verizon.net

Girl Scouts of Eastern Mass
www.girlscouteasternmass.org

Plymouth Family Network
www.facebook.com/pfnpta

Cub Scout Pack #47
www.pack47plymouth.scoutlander.com

SPRING PRESCHOOL PROGRAMS

TOT SMART SOCCER

AGES 2-3 & PARENT

We will provide your child with a non-competitive, FUN and engaging soccer experience that will help support self-confidence and teamwork. Our coach will use specially designed activities to help build basic soccer skills in a fun and social environment. This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Instructor: Coach Frank & Coach Holly

Session A: Thursday, April 26th-May 31st Time: 2:00p-2:30p

Fee: \$50 per child (6 classes)

Session B: Sunday, April 22nd- May 20th Time: 11:15a-11:45a

Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

PRESCHOOL KARATE

AGES 4-6

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform, belt & school patch.

Instructor: Sensei Mike Murphy

Session A: Monday, April 30th-June 11th (no class 5/28)

Location: Mike's Dojo of Champions (739 State Rd)

Time: 4:15p-4:45p

Fee: \$80 per child (6 classes)

INTRO TO MERYL'S MUSIC CLASS

AGES 1-5 & PARENT

Meryl's Music Class is 45 minutes of singing, dancing, instrument play and chants. This is a mixed age's class from 1 to 5 years so families can all attend together without having to get childcare for one of the kids. Research has shown that music learning supports all areas of learning and informal, developmentally appropriate music activities are the best way for children under 6 to gain basic music competence! Includes a full length CD of all the music we will be experiencing during the class. *Infant siblings (under 11 months) come for free with a paid child*

Instructor: Meryl from Meryl's Music

Session A: Thursday, April 26th-May 31st (6 classes)

Location: Manomet Youth Center (659 State Rd)

Time: 11:00a-11:45a

Fee: \$95 per child

PRESCHOOL COOKING

AGES 4-6

Children will enjoy the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). There are no stoves involved, so this class is safe for everyone! Please note ingredients used are pre-made and we cannot control the contents. If your child has a food allergy please call for more details. Includes all supplies.

Instructor: Coach Aimee & Coach Holly

Session A: Tuesday, May 1st-22nd

Location: Memorial Hall - Blue Room (83 Court St)

Time: 4:30p-5:15p

Fee: \$50 per child (4 classes)

SPORTS STARS

AGES 3-5

Every week children will be introduced to a new sport. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see a progression in their basic coordination abilities. *3 year olds must have taken at least 1 Little Sports Stars class.

Session A: Tuesday, April 24th-May 29th

Location: Manomet Youth Center (659 State Rd)

Time: 2:00p-2:30p

Fee: \$50 per child (6 classes)

PRESCHOOL DANCE

AGES 3-6

The Preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. At the end of the 8 weeks your child will get to dress up and do a performance on stage! 3 year olds must have taken Parent and Tot dance before they can take Preschool Dance.

Instructor: Nicole Purtell

Session A: Thursday, April 26th-June 14th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 10:05a-10:50a

Fee: \$75 per child (8 classes)



PARENT & TOT DANCE

AGES 18 MO.-3 & PARENT

Does your toddler like to dance around the house and bob their head when they listen to music? Our Parent and Tot Dance Class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Nicole Purtell

Session A: Thursday, April 26th-May 31st

Location: Memorial Hall - Blue Room (83 Court St)

Time: 9:30a-10:00a

Fee: \$50 per child (6 classes)

ARTSY TOTS

AGES 2-4 & PARENT

Enjoy creative self expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book.

Instructor: Coach Aimee & Coach Holly

Session A: Tuesday, May 1st-May 22nd

Location: Memorial Hall - Blue Room (83 Court St)

Time: 11:00a-11:45a

Fee: \$40 per child (4 classes)

FREE PLAY FRIDAY'S

AGES 12 MONTHS-4

Free Play is a parent supervised session for infants-preschool aged children. Children are free to explore our wonderful gymnastics area and use all the traditional gymnastics equipment such as balance beams, trampolines, and wedge mats. We also have an awesome range of special climbing equipment through soft shapes and play huts.

Dates: Friday's until May 18th Time: 9:30a-11:30a

Location: Manomet Youth Center (659 State Rd)

Fee: \$5 per day, or a 5 pack for \$20 (no class 3/30 & 4/20)

SPRING PRESCHOOL PROGRAMS

ADVANCED TUMBLE WITH ME AGES 3-4

This class is designed for children that feel confident following direction and participating in a group environment type of class without their parents presence. 3 year olds must have taken at least 1 Tumble with Me class. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills.

Instructors: Coach Aimee & Coach Holly

Session A: Wednesday, April 25th-May 30th Time: 10:45a-11:15a

Fee: \$50 per child (6 classes)

Session B: Sunday April 22nd- May 20th Time: 8:15a-8:45a

Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)



TUMBLE WITH ME AGES 2-3 & PARENT

A coach will guide the parents and children through various circuits that will begin to develop the basics for gymnastics. Parents are actively involved with their children while they explore the equipment. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills. This class will help children become more independent and prepare them for the Advanced Tumble with Me class.

Instructors: Coach Aimee & Coach Holly

Session A: Wednesday, April 25th-May 30th

Time 1: 9:15a-9:45a or Time 2: 10:00a-10:30a

Fee: \$50 per child (6 classes)

Session B: Sunday, April 22nd- May 20th Time: 9:00a-9:30a

Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

SPRING T-BALL AGES 3-6

One of our most popular programs! This program is designed to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.

Dates: Wednesday, May 9th-June 13th

Location: Forges Jr. Baseball Field 1&2 (83 Jordan Rd)

Session A: 3 year olds Time: 4:00p-4:30p

Fee: \$55 per child (6 classes)

Session B: 4-6 year olds Time: 4:45p-5:30p

Fee: \$70 per child (6 classes)



LITTLE SPORTS STARS AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out & teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is a must.

Instructor: Coach Aimee & Coach Holly

Session A: Tuesday, April 24th-May 29th Time: 10:00a-10:30a

Location: Memorial Hall-Auditorium (83 Court St)

Fee: \$50 per child (6 classes)

Session B: Sunday, April 22nd- May 20th Time: 10:30a-11:00a

Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd.)

SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship.

Dates: Saturday, April 7th-May 19th (6 classes-no class 4/14)

Location: Forges Soccer Field #1 (83 Jordan Rd)

Age: 3 Fee: \$45

Ages: 4-5 Fee: \$75

**Registration is open
and ends when full
or 4/6**

Group 1: 9:00a-9:30a

Group 3: 10:40a-11:40a

Group 6: 12:15p-12:45p

Group 4: 11:45a-12:45p

SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other Developmental League teams.

Includes a team shirt.

Ages: 6-7

Dates: Saturday, April 7th-May 19th Time: 12:50-1:50p

Location: Forges Soccer Field #1 (83 Jordan Rd)

**Registration is open and
ends when full or 4/6**

Fee: \$80 per child (fee includes 6 classes & team shirt - no class 4/14)



SPRING YOUTH PROGRAMS

APRIL VACATION GOLF LESSONS

AGES 8-13

Skills and correct forms are taught in putting, chipping, pitching, bunkers, and full swing. A playing ability test is included, along with sections on rules and etiquette. Incentive pins are earned, and progress can be measured. Once each level is completed, the young golfers move on to the next level. Kids, their parents, and their golf instructor all work from the same point of reference. Instructor David L. Moore is the 2014 CCNEPGA Professional of the Year, 2012 US Kids Top 50 Master Kid Teacher, and authorized instructor for the Golfing Machine.

Location: Squirrel Run Golf Club (32 Elderberry Dr) Session 1: Monday, April 16th-Thursday April 19th

Time A: 10:00a-11:15a Fee: \$99 per child (4 classes)

APRIL VACATION SOCCER CLINIC

AGES 4-11

The Plymouth Recreation Department partners with LFC International MA to provide a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport. (4 classes)

Dates: Tuesday, April 17th - Friday April 20th Location: West Recreational Facility (154 South Meadow Rd)

Little Kickers

Ages: 4-6 year olds

Time: 9:00a-10:00a

Soccer Juniors

Ages: 7-11 year olds

Time: 10:00a-12:00p



APRIL VACATION ARCHERY

AGES 8-12

Join us during April vacation and find out what a fun and exciting sport archery can be. Dee Scchetti, a USA Archery Certified Instructor will teach students about safety, shooting fundamentals and proper form. While it is not only fun to challenge yourself to hitting the target, it's also physically beneficial, increase body strength, focus, and attention skills. Give it a shot!

Dates: Monday, April 16th-Thursday April 19th

Instructor: Dee Scchetti, USA Archery Certified

Location: Forges Adult Softball Field (83 Jordan Rd) Time: 9:30a-11:30a

Fee: \$145 per child (4 classes)

APRIL VACATION BASEBALL CLINIC

AGES 7-10

This is a great way to get a jump start on the season. This camp is designed to teach the fundamentals of the game. Through group instruction and drill work, the camp will aid each participant in developing their baseball skills in the areas of hitting, throwing, fielding, base running and basics of their chosen position.

Instructor: Paul Coffin Location: Forges Junior Baseball Field 1 (83 Jordan Rd)

Date: Monday, April 16th-Thursday April 19th

Time: 9:00a-11:00a

Fee: \$50 per child (4 classes)



LITTLE GRIPPERS @ THE PINE HILLS

AGES 6-8

These Little Grippers will work with foam balls and red balls. Fun drills and games on the court will result in your child loving the game of tennis. Most of the work is done close to the net, or little nets. Getting the ball over the net is really fun for these kids. Little Grippers will work on forehands and tracking down the ball, backhands, and the serve. Please make sure to bring your own racket.

Instructor: Kevin Pease - USPTA, USPTR, & USTA High Performance Coach

Session A: Mondays, April 9th-May 21st Instructor: Kevin Pease Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 4:00p-4:30p

Fee: \$105 per child (6 classes - no class 4/16)

JUNIOR'S INDOOR TENNIS @ THE PINE HILLS

AGES 9-12

Participants will learn the forehand, backhand, serve, and volley. Players will use starter balls (in some cases championship balls), and train over little nets or half court using a regular net. Players will learn the solid fundamentals of the game and receive a challenging workout. Rally games are introduced if a player is ready. A student is welcome to bring their own racquet or borrow one from the club

Session A: Mondays, April 9th-May 21st Instructor: Kevin Pease Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes - no class 4/16)



UPPER JUNIOR'S INDOOR TENNIS @ THE PINE HILLS

AGES 13-17

The Upper Junior's will train with children close to their age. Many of these players will seek to continue with tennis and play on high school teams and develop a life sport interest. These players will train with championship tennis balls. Each session will provide a solid workout on court. A student is welcome to bring their own racquet or borrow one from the club

Session A: Mondays, April 9th-May 21st Instructor: Kevin Pease Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 5:30p-6:30p

Fee: \$135 per child (6 classes - no class 4/16)

SPRING YOUTH PROGRAMS

HIP-HOP DANCE

AGES 6-9

This is a high energy class that teaches the popular moves of today. You will learn combinations and dance routines that will get your body moving, and have you closer to looking like a dancer in your favorite music video. At the end of the 8 weeks your child will perform their routine!

Instructor: Nicole Purtell

Location: Open Space Dance Studio (19R Court St)

Session A: Thursday, April 26th-June 14th

Time: 6:15p-7:00p Fee: \$80 per child (8 classes)

LEGO EXPLORERS

AGES 8-12

The LEGO Explorers program provides students with an opportunity to get together and use their imagination to create with LEGO bricks. Each session will focus on a new adventure as students work together to overcome challenges, solve puzzles, and create their masterpiece. This camp is a great opportunity for students to develop their STEM skills including teamwork, creativity, perseverance, and problem solving. NOTE: This camp will not include the use of the LEGO Mindstorms or LEGO WeDo Robotics kits.

Date: Wednesday, April 25th-May 30th

Instructor: David Arruda

Location: Manomet Youth Center (659 State Rd)

Time: 5:00p-6:00p Fee: \$80 per child (6 classes)

BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned babysitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful babysitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Date: Saturday May 12th Instructor: Bette Antonellis

Location: Manomet Youth Center (659 State Rd)

Time: 9:00a-12:00p Fee: \$50 per child



AFTER-SCHOOL ART

AGES 7-12

Come explore through art. We will draw, paint, collage, and construct 3D art. This is a fun class to let creativity shine and learn new art skills.

Teacher: Paula Turley

Session A: Tuesday, May 1st-22nd

Location: Manomet Youth Center (659 State Rd)

Time: 4:30p-5:30p

Fee: \$45 per child (4 classes)

LEARN TO ICE SKATE

AGES 3-15

For ages 3-15 with little or no formal skating instruction, our group classes teach skating basics in a fun and comfortable environment. Classes include 25 minutes of group instruction. Skaters will be grouped by age and/or ability as needed. Ice skates are available on a first come first serve basis, free of charge.

PREREQUISITES: Skaters must be at least 3 years old and potty-trained. A helmet, such as a bike helmet or HECC helmet is required.

Location: Armstrong Arena (103 Long Pond Rd)

Session A: Wednesday, May 2nd-June 20th

Time: 5:00p-5:25p

Fee: \$139 per child (8 classes)

Registration for Learn To Skate will end on April 23rd

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills and more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform, belt & school patch.

Instructor: Sensei Mike Murphy

Session A: Monday, April 30th-June 11th (no class 5/28)

Location: Mikes Dojo of Champions (739 State Rd)

Time: 6:00p-6:45p

Fee: \$80 per child (6 classes)

TENNIS LESSONS

AGES 6-13

The curriculum will teach the basics of the game and how to have fun on the tennis court. Emphasis will be placed on stroke production and quickly developing players for match play. They will learn strategy, court positioning, conditioning and drills for match play. Players must bring their own racket.

Instructor: Scott Froman

Location: PCIS Tennis Courts (117 Long Pond Rd)

Fee: \$70 per child (4 classes)

Date: Tuesday, May 29th-June 19th

Ages: 10-13 years old

Time: 4:15p-5:45p

Date: Thursday, May 31st- June 21st

Ages: 6-9 years old

Time: 4:15p-5:45p



HOME ALONE & STAYING SAFE

GRADES 4 & 5

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Instructor: Bette Antonellis & Denise Laiosa

Session A: Saturday, April 7th

Session B: Saturday, June 23rd

Location: Manomet Youth Center (659 State Rd)

Time: 9:00a-12:00p

Fee: \$60 per child

SPRING ONE-HIT WONDERS



POND SKIMMING AT HEDGES

AGES 3-5 W/ Parent

Come down to hedges for a fun hour of learning about the ponds ecosystem! The Natural Resources Department will be joining us for a fun filled hour at the pond where we will learn about tad poles, frogs, stick bugs, dragonfly larvae, fish, turtles, and more! Skim the surface of the water, or dig deeper to see what you can find hidden in the reeds! We will end with a small craft for the kids to bring home. Please make sure wear your rain boots!

Date: Thursday, April 26th (Rain Date May 3rd) Location: Hedges Pond (158 Hedges Pond Rd.)

Time: 10:00a-11:00a Fee: \$10 per child

HERRING RUN EXPLORATION!

AGES 7-10

The Recreation Department has teamed up with the Natural Resources Department for a 1 hour hands on learning session at the Herring Run in Plymouth. Participants will learn about the protected River Herring fish population! They will start with learning about how to conduct a fish count, then they will walk the town brook to see how the fish migrate and will end with a closer look at the fish ladder! Participants will meet at the Jenny Grist Mill for drop off and pick up. Please make sure to wear rain boots!

Date: Wednesday, April 18th (Rain Date April 19th) Location: Jenny Grist Mill (6 Spring Lane)

Time: 10:00a-11:00a Fee: \$10 per child



LETTERBOXING ADVENTURE

AGES 3-5 W/Parent

Letterboxing is the ultimate scavenger hunt! It is a fun, environmentally friendly hobby that combines rubber stamping, puzzle solving, hiking and navigational skills. The goal is to find a letterbox — small, weatherproof boxes that are hidden, or “planted,” by fellow enthusiasts — by following clues posted online. Once the box is found, you sign your trail name (a letterboxing nickname or handle that you choose) into the logbook inside the letterbox, and stamp the book with your personal stamp. So join us for a fun family adventure at Hedges Pond!

Date: Thursday, May 17th (Rain Date May 24th) Location: Hedges Pond (158 Hedges Pond Rd.)

Time: 10:00a-11:00a Fee: \$10 per child

JOHN P. MCKENNA YOUTH FISHING DERBY

The John P. McKenna Youth Fishing Derby has been established with hopes of sharing John’s passions for fishing with other members of the community by offering a free day of fun for kids and their families by hosting an annual fishing derby. All proceeds raised will fund the John P. McKenna Youth Fishing Derby, to be held this year on **May 12th, 2018 at Morton Park**. The fishing derby is free and open to all children ages 3-17 from Plymouth and surrounding communities. Children participating in the derby are provided with fishing instruction, a goody bag and prizes. **Please make sure you bring your own bait & tackle, and fishing rod.** **Registration is at 8:00a, with the event running from 9:00a-12:30p.** Age groups are 3-7, 8-10, 11-14 and 15-17. There will be lots of tackle and rod/reel combos to given as prizes along with trophies in each age category including a grand prize for the biggest fish.

***The rain date will be on Sunday, May 13th**



SPRING TEEN / ADULT PROGRAMS

GOLF READY

AGES 18+

Golf Ready is designed to teach you everything you'll need to play golf in just a few lessons. You will be shown that there are lots of ways to play by combining fun, friends and fitness. You must bring your own clubs.

Session A: Saturday, May 5th-26th Time A: 10:00a-11:00a

Session B: Thursday, May 10th-31st Time B: 5:30p-6:30p

Session C: Saturday, June 9th-30th Time C: 10:00a-11:00a

Session D: Thursday, June 7th-28th Time D: 5:30p-6:30p

Location: Squirrel Run Golf Club (32 Elderberry Dr)

Fee: \$99 per person (4 lessons)

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility, to achieve muscular balance, all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body, Mind, Body, & Spirit. Please bring a yoga mat to class each week.

Instructor: Paul Wybieracki

Session A: Monday, April 23rd-June 4th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p Fee: \$50 per person (6 classes - no class 5/28)

LEARN TO ICE SKATE

TEEN/ADULT SEMI-PRIVATE

AGES 16+

Ages 16 and older are invited to learn to skate or enhance skating skills in a fun and comfortable learning environment. Classes include group instruction and free time and encourage skaters to learn at their own pace. Skaters will be grouped by age and/or ability as needed. Ice skates are available on a first come first serve basis, free of charge. PREREQUISITE: Skaters must be at least 16 years of age. A helmet, such as a bike helmet or HECC helmet is required.

Instructor & Location: Armstrong Arena (103 Long Pond Rd)

Session A: Sunday, May 6th-June 24th

Time: 9:00a-9:25a Fee: \$139 per person (8 classes)

Registration will end on April 23rd

TENNIS FOR LIFE

AGES 17+

Join Kevin Pease, a USPTA, USPTR and USTA High Performance coach at the Village Racquet Club in the Pine Hills for tennis lessons for all ages. Adults will learn the forehand, backhand, serve, volley, and basic doubles positioning with scoring. Players will get a good workout and meet other players learning the game. Rackets are required and can be purchased from the coach.

Session A: Monday, April 9th- May 21st

Location: Village Racquet and Fitness
(30 Golf Dr, Pine Hills)

Adult Advanced Techniques: 6:30p-7:30p

Fee: \$135 per person (6 classes - no class 4/16)



ADULT PICKLEBALL

Come join us down at beautiful Stephens Field for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, game! It's a fun sport that combines many elements of tennis, badminton, and ping-pong. We will provide all the equipment, and there will be 3 courts to split novice and experienced!! Space is limited!

Session A: Tuesday & Thursday, May 8th-June 28th Session B: Monday & Wednesday, May 7th-June 27th

Location: Stephens Field (132R Sandwich St) [Time: 8:30a-10:30a **FULL**] Time: 10:30a-12:30p Fee: \$25 (8 weeks)

BELLY FIT FOR WOMEN

AGES 18+

BELLYFIT is a holistic fitness program for women providing cardio, strength and stretch set to a seamless ethno-electro soundtrack unlike any other fitness class! "Unleash your inner goddess" with cool cardio based on Indian, African, and Belly dance, pilates-inspired core work, and yoga stretch and meditation, all with the unique needs of a woman in mind. Bring water and a mat. Comfy clothes and sneakers recommended. Bare feet optional.

Instructor: Wendy Weiser

Session A: Thursday, April 26th- May 31st

Location: Memorial Hall - Blue Room (83 Court St)

Time: 5:15p-6:15p Fee: \$50 per person (6 classes)

PICK-UP VOLLEYBALL

AGES 18+

Do you love to play, but are not necessarily looking for a formal league? We will run informal games of pick-up volleyball on Wednesday nights for beginner to semi-competitive players. The idea is to stay active and have fun.

Dates: Wednesday nights until May 23rd (no class 4/18)

Location: Memorial Hall - Auditorium (83 Court St)

Time: 7:00p-8:30p Fee: \$5 per person per night

BALLROOM DANCING

AGES 18+

Whether you are going to a wedding, function, or out on the town, this class will help you join in on the fun. Learn the proper footwork, lead & follow, & styling so you can gain the confidence to get out of your chair and on to the dance floor.

Intro to Waltz: One of the oldest and most popular ballroom dances of all time. Considered "the mother of all dances", it is a must for weddings and social functions.

Instructor: Paul Wybieracki

Dates: Monday, April 23rd-June 4th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$60 per person (6 classes - no class 5/28)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session A: Thursday, April 26th-May 31st

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p - 7:45p Fee: \$60 per person (6 classes)

SPRING TEEN / ADULT PROGRAMS

TIDMARSH WILDLIFE SANCTUARY HIKE

To help promote the many open space resources available to the citizens of Plymouth, the Plymouth Open Space Committee (OSC) is sponsoring a community Hike at Mass Audubon's newly opened 450 acre Tidmarsh Wildlife Sanctuary (60 Beaver Dam Road, Plymouth) on Sunday, May 6, at 1:00 p.m. Come explore another of the many open spaces Plymouth has to offer. Participants of all ages are invited at no charge to this relatively easy hike. According to Mass Audubon, the Tidmarsh Wildlife Sanctuary was a working cranberry farm before it underwent the largest freshwater ecological restoration completed in the Northeast. The previous owners and a number of conservation groups have re-created over three miles of a meandering stream by removing nine dams and sculpting the land's surface to reconnect the headwaters of Beaver Dam Brook to the Atlantic Ocean.

The event will be lead by members of the OSC. Time to complete the hike is about one hour. Bring insect spray, always recommended in wooded areas for ticks, and water and a snack for those who decide to linger. Pets are not allowed in the Sanctuary. A trail map and more information can be found at: <https://www.massaudubon.org/get-outdoors/wildlife-sanctuaries/tidmarsh/about/trails>.

YOU MUST PRE-REGISTER WITH THE RECREATION DEPARTMENT

ZUMBAthon™

Join some of your favorite local instructors for 2 hours of fun benefiting a great cause. Get your Zumba on to help raise money for the Manomet Youth Center! Hosted by Wendy Weiser and Vanessa Winston. No experience required. All levels can join the fun. Just bring your dancing shoes and a smile - we will show you how! Lights will be low, dress in your favorite 80's and 90's attire, we will give everyone registered glow bracelets and necklaces!

Date: Friday, June 8th, 2018

Time: 6:30p-8:30p

(check-in and registration will start at 6:00p)

Location: Memorial Hall Blue Room (83 Court St)

Fee: \$15 per person pre-registered before June 8th

\$20 day of registration

(All proceeds will go to the Manomet Youth Center)

Ages: 16+ are welcome



AMERICAN RED CROSS LIFEGUARD TRAINING COURSE

Interested in a great summer job or a challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Successful completion results in a 2-year certification in Lifeguarding that includes first aid, professional-level CPR and AED in one certificate. Digital certificate available upon successful completion of course.

Prerequisites: Must be at least 16 years old and pass the required swimming & skills test which include:

1. Prospective participants must show that they can swim 300 yards continuously using breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but, swimming on the back or side is not allowed. Swim goggles may be used. NOTE: There is no time requirement for this skill.
2. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
3. Start in the water, swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10-pound object, return to the surface, and swim 20 yards back to the starting point with object and exit the water without using a ladder or steps, within 1 minute 40 seconds. (NOTE: When returning to the starting point, the candidate must hold the 10lb. object with both hands and must keep his or her face above the water. This can be achieved by swimming on their back using a whip (breaststroke kick on their back) or a rotary (eggbeater) kick.

Date: Monday June 25th-Friday June 29th Time: 9:30am-3:30pm

Location: Hedges Pond (158 Hedges Pond Rd)

Cost: \$200 or FREE if you qualify to work the summer for the Recreation Department*

*For more information on the free class please contact the Recreation Office





TOWN OF PLYMOUTH BEACHES AND PONDS

Summer 2018

The Plymouth Recreation Department is responsible for operating five waterfront areas including two ocean beaches and three ponds. Plymouth Beach & Morton Park are open, and staffed with lifeguards, weekends starting Memorial Day weekend. All five beaches open daily starting Saturday, June 23rd. The Recreation Department does not supervise Plymouth Long beach or the Cross Over. For more information on those areas please contact the Environmental Management Dept. at 508-747-1620 x10201

Resident Beach Parking Stickers and 4X4 Stickers can be purchased at the Collector's Office in Town Hall

- Resident Beach Parking Sticker: \$35 (\$10 senior/handicap)
 - 4X4 Sticker: \$55 (\$27 senior/handicap)
- For questions regarding stickers, please call 508-747-1620 ext. 10291

Parking Fees: ALL vehicles without a resident beach parking sticker

must pay the following parking fees:

- Plymouth Beach/Fresh Pond/Hedges Pond: \$15 every day
- Morton Park: \$15 weekdays; \$25 weekends & holidays

PLYMOUTH BEACH: 130 Warren Avenue

Ocean beach, very popular with both locals and tourists

Hours: 9AM-5PM

Restrooms: Yes

Concession Stand: Yes

WHITE HORSE BEACH: Taylor Avenue

A beautiful open-ocean crescent beach, of which about 560 feet is supervised by the Recreation Department. There are four buoys located off the guarded beach area which helps keep boats and jet skis out of the area.

Hours: 9AM-5PM

Restrooms: No

Concession Stand: No

Other: Very limited parking at the Taylor Ave Lot, must have a resident beach sticker to park in the lot

MORTON PARK: end of Morton Park Road

A freshwater pond with beach, this scenic recreation area attracts people from all over Massachusetts

Hours: 9AM-5PM

Restrooms: Yes

Concession Stand: No

Other: Swim lessons are held here during the week; there is a boat launch for small non-motorized boats

FRESH POND: 220 Bartlett Road

This is a quaint little neighborhood freshwater pond with beach

Hours: 9AM-5PM

Restrooms: Yes

Concession Stand: No

Other: There is a boat launch for small boats

HEDGES POND: 158 Hedges Pond Road

This is our newest park and beach on a freshwater pond

Hours: **Monday-Friday 12:30PM-5PM**, Saturday & Sunday 9AM-5PM

Restrooms: Yes

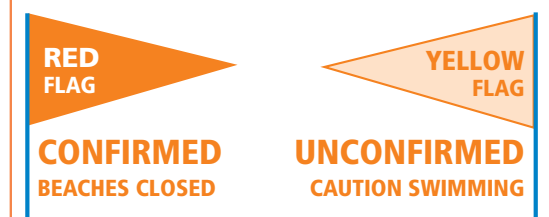
Concession Stand: No

Other: There is a playground, sports field, tennis courts, basketball court, beach volleyball court & horseshoe pit


































































































Beach Policies & By Laws

- No alcohol on any beaches
 - No glass containers
 - No loud music
 - Dogs must be leashed and under control at all times
 - No open fires
 - No boats within 150 ft of a swimmer
 - No jet skis on Morton, Fresh or Hedges Ponds
 - No fishing in designated swimming areas during hours of operation.
 - All personal flotation devices must meet Coast Guard approval
 - Lifeguards have final say in rule enforcement
 - Drones are not allowed on beaches Memorial Day through Labor Day
- *No Charcol grills are allowed at any beach*

SHARK FLAG


















PLYMOUTH RECREATION FACILITIES AND PARKS

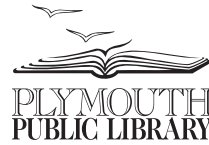
Allerton Street Playground Corner of Allerton & Sevier Streets (0.95 acres)				Manomet Recreation Area 1197 State Road (7 acres)		
Bates Park Corner of Allerton & Vernon Streets (0.75 acres)				Manomet Youth Center/Bartlett Hall 659 State Road * 508-830-4114	Membership/Drop-in: basketball, dodgeball, game room, birthday party rentals	
Beaver Dam Road Conservation Area 260 Beaver Dam Road (119 acres)				Memorial Hall 83 Court Street * 508-830-4087	Special event hall, available for rent, www.memorialhall.com	
Billington Street Park 20 Billington Street (4+ acres)				Morton Park 35 Summer Street (209 acres)		
Brewster Gardens 30 Water Street (2.9 acres)				Nelson Memorial Playground & Splash Pad 255 Water Street (3.9 acres) Oceanfront		
Briggs Playground 838 State Road (4 acres)				Plymouth Beach/Long Beach 130 Warren Ave (83+ acres)		
Brook Road Playground 13 Brook Road (5.6 acres)				Russell & Sawmill Ponds Conservation Ar Bourne Street off Standish (64 acres)		
Burton Park 25 Whiting Street (1.1 acres)				Siever Field 112 Standish Avenue (3.5 acres)		
Cleft Rock Park 290 State Road (8.7 acres)				Sirrico Memorial Playground Opposite 71 South Street (1.2 acres)		
Center Hill Preserve Center Hill Road (78 acres)				Stephens Field 132R Sandwich Street (7.4 acres) Oceanfront		
Depot Park 9 North Park Avenue (0.5 acres)				Town Brook Nature Trail S of Town Brook - Newfield to Billington St (0.55 acres)		
Elmer Raymond Park 1138 Long Pond Road (17 acres)				Town Forest Long Pond Road before State Forest (255 acres)		
Emerson Park 48 White Horse Road (5.5 acres)				Training Green 65 Sandwich Street (1.4 acres)		
Forges Field Recreation Facility 83 Jordan Road (30+ acres)				Veterans Memorial Playground 219 Standish Avenue (2.1 acres)		
Fresh Pond Park 220 Bartlett Road (13 acres)				West Plymouth Recreation Facility 154 South Meadow Road (8 acres)		
Haskell Field & Avery Memorial Playground 43 Nook Road (3.2 acres)				White Horse Beach Taylor Avenue (12+ acres)		
Hathaway Property/Russell Mill Pond Conservation Area Long Pond Rd-byt Boot Pond & Gunners Exch (130 acres)						
Hedges Pond Recreation Area 158 Hedges Pond Road (128 acres)						
Holmes Playground Corner of Summer & Newfield Streets (2.3 acres)						
Huntley Playground 97 Lake Drive (0.5 acres)						
Jackson Park End of Newfield Street (1 acre)						
Jenny Pond Park 17 Spring Lane - off Summer Street (3.8 acres)						
Mabbett Park 115 Water Street (0.75 acres)						

LEGEND



	BASEBALL/SOFTBALL
	SOCCER
	BASKETBALL
	TENNIS
	SKATEBOARD PARK
	CONCESSIONS (seasonal)
	RESTROOMS (seasonal)
	PARKING FEES (seasonal)
	PLAYGROUND EQUIPMENT
	SWIMMING (seasonal lifeguards)
	SMALL BOAT LAUNCH
	FISHING
	PICNIC AREA
	SCENIC TRAIL
	BIKE PATH

Let's Celebrate the Great Outdoors!



Spring/Summer 2018
at YOUR Library

The staff at Plymouth Public Library and the Manomet Branch Library are looking forward to spending our Spring and Summer with you! This year we are celebrating **Plymouth's NOT SO Secret Gardens** and have planned dozens of programs for patrons of all ages. From container gardens to full-fledged farms, this summer we are highlighting gardens of all shapes and sizes. Stop by and grab some seeds from our Seed Catalog and get planting!

Read along with us this summer. Go online or stop by to register and receive a free copy of your selected title! Supplies limited so sign up for your free copy on May 1st.



CHILDREN & YOUNG ADULTS: *The Secret Garden* by Frances Hodgson Burnett

ADULTS: *Animal, Vegetable, Mineral* by Barbara Kingsolver and
The Guernsey Literary and Potato Peel Pie Society
by Mary Ann Shaffer and Annie Barrows



SAVE THESE DATES!

Saturday, June 2nd
10 am – 2 pm

The 7th Annual POLICE SERVICES DAY

Join us for the day and learn the many ways that the Plymouth Police Department keeps us safe! Many different types of equipment will be on display in the parking lot and members of the police department will be on-hand to tell you about their work.



Saturday, June 16th for
FAMILY FUN DAY

Summer Program Kick-Off Event & Summer Solstice Book Sale
Book Sale: 9 am – 2 pm Plymouth Public Library Otto Fehlow Room

Family Fun Activities: 9 am – 2 pm

Let's take advantage of the most beautiful front lawn in Plymouth and celebrate the start of summer! There will be music to make bubbles by and good old-fashioned fun – for patrons of all ages – sack, egg & spoon and relay races, a water balloon toss and tug o' war. Our friends from ACE will be grilling burgers and dogs and there will be a craft station for creating banners to cheer on your family and friends. Prizes will be awarded!

Music by DJ Gib Gailius

PHOTO BOOTH Grab a prop or two and prepare to say cheese!

With your permission, we'll hang your photo on our Summer Fun Board and you can take home the rest!

Plymouth Public Library

132 South Street

Plymouth, MA 02360

(508) 830-4250

www.plymouthpubliclibrary.org

Manomet Branch Library

12 Strand Avenue

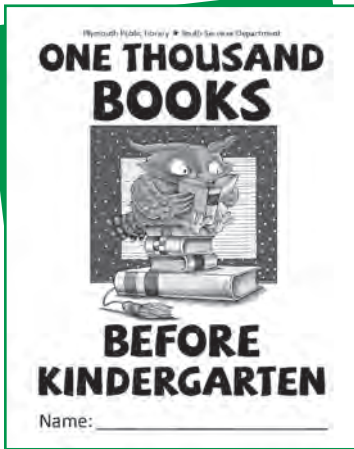
Sign up for your library
card today and enjoy a
world of possibilities!

*A library card is your
FREE pass to the universe!*

For more information or to register, contact us at (508) 830-4250, or visit <http://www.plymouthpubliclibrary.org>.

The library is fully accessible; please let us know if you need special accommodation to attend.

Did you know.... With your card you can access the library's collection on-line or in-person!



1000 Books Before Kindergarten @ the Plymouth Public Library

Author Mem Fox states in her book *“Reading Magic”*, *“Reading aloud and talking about what we’re reading sharpens children’s brains. It helps develop their ability to concentrate at length, to solve problems logically, and to express themselves more easily and clearly. The stories they hear provide them with witty phrases, new sentences, and words of subtle meaning. Before long children begin to understand the look of the print and the way words work in sentences... No wonder experts tell us that children need to hear a thousand stories read aloud before they learn to read for themselves. A thousand! That sounds daunting. But when we do the sums, it isn’t as bad as we might think. Three stories a day will deliver us a thousand stories in one year alone, let alone in the four or five years prior to school. We can do it!”*



About 1000 Books Before Kindergarten

This program is an ongoing, multi-year project to encourage parents to read aloud 1000 books with their children before they enter school. The program is open to any of our preschool patrons and their adults. When a child registers at the library, he or she will receive a reading journal to record the 1000 books being read. Families are then encouraged to return to the library every time they finish reading and listening to 100 books. For each 100 books recorded, a child will receive a sticker for the journal to mark their progress. Each child who completes the program will be recognized for achieving their goal. Most importantly, that child will have received a tool for reading and school success. For more information, including a set of guidelines, go online to www.plymouthpubliclibrary.org.



Weekly Programs

PLEASE NOTE: All children must be accompanied by a parent or caregiver!

Mother Goose on the Loose

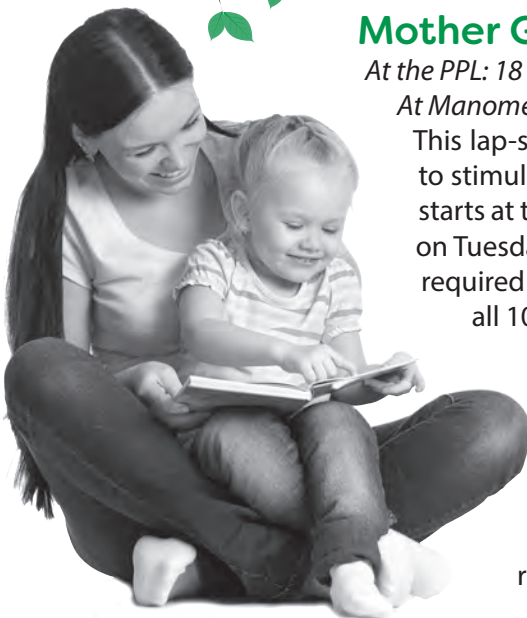
At the PPL: 18 mos. and younger

At Manomet Branch Library: 24 mos. and younger

This lap-sit early literacy program uses rhymes, songs, musical instruments and more to stimulate the learning process of babies and toddlers. Mother Goose on the Loose starts at the Manomet Branch, on Monday, June 11 at 10 am. Sessions at the PPL begin on Tuesday, June 12 at 10:15 am and on Thursday, June 14 at 10:15 am. Registration is required and will begin two weeks before the beginning of each session, and includes all 10 consecutive weeks.

Tots and Tales (Ages 3 and under)

This lap-sit storytime is an opportunity for the youngest library users to enjoy all that the library has to offer: books, CDs, DVDs, puzzles, puppets, new friends, and fun! It is presented on Wednesdays at 11 am at the Main Library beginning June 20. The storytime consists of age-appropriate rhymes, stories, songs, and other fun literacy building activities.



Spring/Summer 2018
at YOUR Library



Weekly Programs

PLEASE NOTE: All children must be accompanied by a parent or caregiver!

Family Story Time at the Main Library *(Children ages 6 & under)*

Family Story Time is a half-hour story program designed to provide participants with the opportunity to enjoy books, songs, rhymes and movement activities together. It also reinforces important early literacy skills to help children get ready to read. This program is offered on Thursdays at 11 am beginning June 21.

Manomet Story Time *(Children ages 6 & under)*

Described above. This program is held on Mondays at 11 am beginning June 18.

Saturday Stories at the Main Library *(Children ages 6 & under)*

Can't make the weekday story times described above? Join us Saturday mornings! This program is offered Saturdays at 11 am beginning June 23.

PJ Story Time For All Ages, Wednesdays at 6:30 pm, starting June 20th.



Monthly Programs

MCBA Book Club *(For Children in grades 4 - 6)*


Sponsored by Salem State University, the Massachusetts Children's Book Award Program is a statewide reading program. Each year, a master list of 25 titles is released and a winner is chosen each April. Students are encouraged to read at least 5 books in order to place a vote for their favorite book in February of 2019. Join us and discuss the books you've read and find out what you may want to read next! All of the books will be available in the Children's Room. Snacks will be provided. Summer dates are Thursday, June 28, July 26 and August 23 at 4 pm.

Are you a TWIG? *(For tweens ages 9 - 11)*

The Plymouth Public has undergone a change. Our all-new Tween Interest Group (a.k.a. TWIG) provides a special opportunity to get involved in making decisions that will shape their library community. This may mean helping Youth Services staff prep materials for programs, sorting and shelving books, volunteering at the biannual book sale, or assisting the Corporation with the Storybook Breakfast. TWIG members will have a chance to influence tween offerings at the library and will have a voice in tween-related decisions. Get involved, share your ideas, and have fun at the library! Summer meeting dates are June 6, July 11 and August 1 at 7 pm.

YOUNG AUTHORS CLUB

Do you like to write stories? Do you dream of writing a script for a movie or comic book? Come meet with other young writers at the Young Authors Club! We will be meeting on the third Tuesday of every month (beginning in April) from 4 to 5pm to play writing games, learn tips and tricks, and work on writing projects together! The club will be putting out its own literary magazine, so all members will have a chance to see their work published. For ages 8-11.



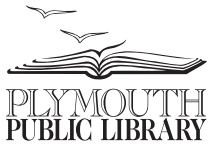
For additional information, please call (508) 830-4250.

To register for a program click "Register" on our Calendar of Events at www.plymouthpubliclibrary.org.

The library is fully accessible; please let us know if you need special accommodation to attend.

DID WE SAY FREE? Yup. Every program offered by YOUR Library is free -- with THE CARD!





Spring/Summer 2018
at YOUR Library



- June 5:** The Glass Castle, Rated PG-13
- June 26:** The Secret Garden, Rated G
- July 10:** Little Shop of Horrors, Rated PG-13
- July 24:** **DRIVE IN MOVIE NIGHT!**
The Good Dinosaur, Rated G
- July 31:** Cold Comfort Farm, Rated PG
- August 7:** Oklahoma, Rated G
- August 14:** We Bought A Zoo, Rated PG

CLUBS of all kinds...

Book Clubs Galore....

We have several to choose from...pick one or join them all!

Vintage Reads

History

Classics

New Best Sellers

NEW THIS SUMMER! The Cookbook Club

Chess Club....

How about a standing date with the game of **CHESS**?

Pick up a game every Tuesday night, from 6 - 8 pm



Philosophy Club....

If you love to ponder, this club is for you....

Join us one Wednesday evening a month for a lively, thought provoking discussion.

SUMMER LAWN CONCERTS start at 1 pm

Thursday, July 12

Charlie Hope, Singer, Guitarist

Thursday, August 2

The Dixie Diehards

Thursday, July 26

Jim & Michele Rockwell Blues Band

Thursday, August 16

Local singer-songwriter, Hayley Sabella



Often referred to as
'the most important card'
to have in your wallet.



Sign your child up for their
first library card and receive a
special card and folder designed
specifically for our younger patrons.

The Literacy Program of Greater Plymouth

We are here for you...and
have been for over 20 years!

What are you waiting for?

We can help you

- ✓ Earn a High School Diploma
- ✓ Learn English
- ✓ Set Career & Educational Goals
- ✓ Prepare for a Citizenship Interview
- ✓ Improve Reading, Writing & Math Skills

**Call (508) 830-4260 and ask
for Kristen Enos.**

And did we say FREE?

To receive a copy of our FULL calendar of events go online to www.plymouthpubliclibrary.org or call (508) 830-4250.



POWDER HORN PRESS, INC.

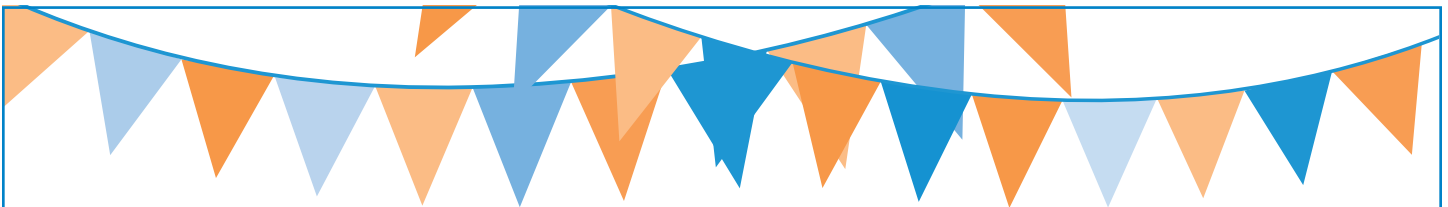
Print, Design & Sign

SERVING THE COMMUNITY SINCE 1975

508.746.8777

301 COURT STREET | PLYMOUTH, MA 02360

WWW.POWDERHORNPRESS.COM



MANOMET YOUTH CENTER BIRTHDAY PARTIES

Join us this summer in our air conditioned building for your child's birthday party!

For availability contact the Recreation Dept

1 & 1/2 hours of Birthday Fun
(1 hour of Activity and 1/2 Hour Cake/Presents)

Location: Manomet Youth Center (659 State Road)

Parents are responsible for:

Cake/Food, drinks, plates, flatware, decorations, etc.

Party Directors:

Set up party, lead activities chosen by parent & cleans up after the party.

To book parties please contact:

Aimee Howell

ahowell@townhall.plymouth.ma.us

SPORTS

BIRTHDAY PARTIES:

Ages: 3-15 years old

Activities include:

Basketball, dodgeball, soccer, scooters, parachutes, pillo hockey, home run derby, and other various activities.

Fee: \$145 Includes up to 15 children

WANT TO RENT THE SPACE??

\$90 for 2 hour minimum then an additional \$40 per hour after that.

Use for birthday parties, family parties and more. Staff not responsible for running activities.



RED CROSS SWIM LESSONS 2018

NON-RESIDENTS NOW WELCOME!!

REGISTRATION IS OPEN

Times will be provided before the start of lessons. Times for 1st session and 2nd session may vary.

PRIVATE LESSONS **Session 1: July 16th-20th Session 2: August 13th-17th**

In addition to our Group Swim Lesson program, we will also offer private & semi private swim lessons during the break between the 1st and 2nd sessions. In order to participate, children must be at least 3 years of age. To schedule lessons you must call or email the Recreation Department to check availability.

Private / Semi-Private Swim Lessons (PRIVATE/SEMI) - \$20 residents/\$30 non-residents per child per half hour
\$30 resident/\$40 non-resident (up to 2 children) Scheduled on the 1/2 hour between 9:00am and 4:30pm at Morton Park ONLY!

GROUP SWIM LESSONS

Levels 1 to 6 - Minimum age: 4 by start of program / \$45 resident / \$65 non-residents

NEW FORMAT: Classes only meet Tuesday-Thursday for 30 minutes per day

Please choose AM (9:00a-11:50a) or PM (12:20p-4:55p) at Morton Park

SESSION 1: June 26th-July 12th (no class July 4th, class will be held Monday July 2nd) **SESSION 2: July 24th-August 9th**

LEVEL 1 - WATER EXPLORATION

The main focus of Level 1 is an introduction to water. If your child cannot fully submerge without holding their nose, this class is for them. Skills required to pass this level include: front and back float with supports, front and back glide with support, basic combined stroke.

LEVEL 2 - PRIMARY SKILLS

The main focus of this level is to strengthen front and back floating skills and work on basic front and back crawl (beginner stroke) skills. In order to pass this level the child must be comfortable underwater, roll from front to back float, tread water for 15 seconds, and swim for 5 body lengths using a combined stroke or beginner stroke.

LEVEL 3 - STROKE DEVELOPMENT

The main focus of this level is strengthening front and back swimming skills in deep water. The skills associated with the elementary backstroke and sidestroke kick will be introduced. In order to pass this level the child must be able to tread in deep water for 30 seconds, swim the front crawl for 15 yards using rotary breathing and demonstrate knowledge of both the elementary backstroke and scissor kick in deep water. They will need to be comfortable swimming underwater.

LEVEL 4 - STROKE IMPROVEMENT

The main focus of this level is to build swimming endurance and improve stroke technique. In order to be in this level your child needs to have passed level 3 and be able to swim crawl and elementary backstrokes with good technique for 15 yards. Sidestroke skills will be improved on and complicated breaststroke and butterfly stroke skills will be taught. In order to pass this level the child must be able to swim Front Crawl and elementary back strokes for 25 yards, sidestroke for 15 yards and show knowledge of breaststroke and butterfly for 15 yards. At this level your child needs to be very comfortable in deep water and be able to swim underwater for 3-5 body lengths.

LEVEL 5 - STROKE REFINEMENT

The main focus of this level is to refine the technique for all of the strokes and continue to build endurance. To be in this level your child needs to have passed level 4 and have a great crawl stroke with rotary breathing, strong elementary backstroke and sidestroke. In addition they should know how to do the breaststroke and butterfly. They should be able to dive into a pool, swim 25 yards and surface dive down to 8 feet. In order to pass this level the child must be able to show proper technique in all of the strokes that have been learned. They should be able to swim 50 yards comfortably using both the front crawl and elementary backstrokes.

LEVEL 6 - SKILL PROFICIENCY

The main focus of this level is to improve stroke technique and build endurance. There are three separate sections of instruction in this level. They are: Personal Water Safety, Fitness Swimmer and Fundamentals of Diving. Because this program is taught in a pond with no diving facilities available, only the first two sections will be covered in this class. To be in this level, your child must have proof of having passed level 5.

**If you are still unclear as to which class level your child should be in, don't guess!!
Call the Recreation Dept. at 508-747-1620 Ext. 10137 & we will be happy to help you.**



SUMMER 2018 - RED CROSS SWIM LESSONS

1. Beach or 4x4 stickers are **required** for all vehicles entering Morton Park.
2. Non-Residents and Non-Stickered cars will receive a special pass that is **ONLY** good during swim lesson times.
3. A parent or guardian **must accompany** the child for the duration of their stay at the pond.
4. Classes are held unless weather conditions threaten the safety of the students or staff. Classes are canceled on a class by class basis. Please call **508-747-1620 Ext. 10321** ½ hour before your scheduled start time for the status of the class. Classes will not be made up because of cancellations due to weather or other unforeseen circumstances.
5. When you complete the application, you must **CHOOSE: a.)** a class level (See class descriptions on the previous page), **b.)** either a morning or afternoon time slot and **sign the bottom** of the application.
6. We will contact you with the assigned class time. **WE CANNOT GRANT SPECIFIC TIME REQUESTS!**

HOUSEHOLD INFORMATION

Last Name: _____ Parent: _____ DOB: _____ Work #: _____ Cell #: _____
 Home #: _____ Parent: _____ DOB: _____ Work #: _____ Cell #: _____
 Address: _____
(Street or PO Box) (City) (State) (Zip)
 Email Address: _____
(This address will only be used by the Recreation Dept to notify you of registration start dates and program updates)

QUESTIONNAIRE:

Please fill out this quick (but required) questionnaire regarding your child's swim history:

1. Has your child ever taken swim lessons before? Yes No
 - a. If yes, where? _____
2. Are they comfortable in the water? Yes No
3. Can they submerge underwater without assistance? Yes No
4. Can they perform any standard swim strokes (ie: front stroke, back stroke, breast stroke)? Yes No
 - a. If yes, which ones: _____

****STOP****
Before filling out the application, please take a moment to read page 15 which contains important swim lesson information.

Mail your application with payment to: 26 Court St Plymouth MA 02360 / Refund requests must be made 5 business days before the start of the program. There is a \$10 administrative fee for all refunds. If the time assigned to you is not acceptable, we will waive the \$10 administrative fee **IF you contact us within 1 WEEK** of the postmark date on your class time notification.

*****CASH, CREDIT CARD OR CHECK MADE OUT TO: "PLYMOUTH REC DEPT"*****

SWIM REGISTRATION ***ALL INFORMATION BELOW IS REQUIRED***

CIRCLE AM OR PM IN LOCATION DESIRED

PARTICIPANT'S NAME	BIRTH DATE	CLASS LEVEL 1-6	COST RES/NON	MORTON PARK	ALLERGIES / LIMITATIONS	FOR OFFICE USE / NOTES
			\$45/\$65	AM / PM		
			\$45/\$65	AM / PM		
			\$45/\$65	AM / PM		
		PRIVATE	\$20/\$30 class	AM / PM		
		SEMI	\$30/\$40 class	AM / PM		
		SEMI	2nd child N/C	AM / PM		

I, the (parent/guardian of the child named above) or (adult participant), have been made aware that the Town of Plymouth, the Recreation Dept. and its related parties are not covered by insurance for persons injured while taking part in Recreation Department programs. In consideration of my or my child's upcoming participation, I hereby hold the Town, its servants and employees and related parties harmless from any injury I or my child may incur during said participation. Further, I am delegating authority in advance of any specific diagnosis or treatment to an authorized person from the Recreation Department and the doctor/clinic/hospital to exercise their best judgment as to necessary medical/surgical treatment for me or my child in the event I cannot be reached. I agree to hold harmless the Town of Plymouth, the Recreation Dept., its servants and employees, its related parties and the doctor/clinic/hospital treating me or my child for failure to obtain my consent. I further grant authorizations for any pictures taken of me or my child to be used for publicity and promotional purposes.

Signature of Parent/Guardian/Adult Participant: _____ Date: _____

SUMMER YOUTH PROGRAMS

SUMMER T-BALL

AGES 3-6

Back by popular demand the Recreation Dept. will be hosting our Summer T-ball program. The program is designed to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.

Dates: Wednesday, July 11th-August 15th

Location: Forges Jr. Baseball Field 1 & 2
(83 Jordan Rd)

Session C: Age 3 years old

Time: 2:15p-2:45p Fee: \$55 (6 classes)

Session D: Age 4-6 years old

Time: 3:00p-3:45p Fee: \$70 (6 classes)



PRESCHOOL DANCE

AGES 3-6

The Preschool class teaches the basic fundamentals of Ballet, Tap, and Jazz while continuing to focus on rhythm, body position, and counting. 3 year olds must have taken Parent and Tot dance before they can take Preschool Dance.

Session B: Saturday, July 7th-August 18th Instructor: Miss Nicole

Location: Open Space Dance Studio (19R Court St)

Time: 9:30a-10:15a

Fee: \$55 per child (6 classes / no class 7/21)

PARENT & TOT DANCE

AGES 18 MO.-3 & PARENT

Does your toddler like to dance around the house and bob their head when they listen to music? Our parent and tot dance class will introduce you and your child to the basics of dance through song, circle time and what else but dancing!!!

Session B: Saturday, July 7th-August 18th Instructor: Miss Nicole

Location: Open Space Dance Studio (19R Court St)

Time: 9:00a-9:30a

Fee: \$50 per child (6 classes / no class 7/21)

PRESCHOOL KARATE

AGES 4-5

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform, belt & school patch.

Instructor: Sensei Mike Murphy

Location: Smilin' Mike's Dojo of Champions (739 State Rd)

Session B: Monday, July 9th-August 13th Time: 4:15p-4:45p

Fee: \$80 per child (6 classes)

SOCCER CLINIC

AGES 4-12

This is a great opportunity for fun and soccer development through the Plymouth Recreation Department and Liverpool FC. Their experienced coaching staff will lead a developmental clinic with the emphasis on skill instruction in a fun environment. Don't miss this affordable and exciting soccer clinic this summer!

Date: Monday, July 23rd-Thursday, July 26th

Location: Forges Soccer 1 (83 Jordan Rd)

Little Kickers

Ages: 4-5 year olds Time: 9:00a-10:15a Fee: \$65 per child

Soccer Juniors

Ages: 6-12 year olds Time: 9:00a-12:30p Fee: \$95 per child

ALL-STAR ATHLETES

AGES 4-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see a progression in their catching, throwing, kicking and basic coordination abilities.

Session A: Tuesday, July 10th-July 31st

Location: Manomet Youth Center (659 State Rd)

Time: 2:45p-3:30p

Fee: \$40 per child (4 classes)

LITTLE SPORTS STARS

AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out & teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is a must.

Session C: Tuesday, July 10th-July 31st

Location: Manomet Youth Center (659 State Rd)

Time: 2:00p-2:30p

Fee: \$35 per child (4 classes)

ICE SKATING CLINIC

AGES 3-15

For ages 3-15 with little or no formal skating instruction, our group classes teach skating basics in a fun and comfortable environment. Classes include 25 minutes of group instruction. Skaters will be grouped by age and/or ability as needed. Rental skates are available on a first come first serve basis. Please dress warm!

PREREQUISITES: Skaters must be at least 3 years old and potty-trained. A helmet, such as a bike helmet or HECC helmet is required.

Session B: Wednesday, June 27th-August 15th

Location: Armstrong Ice Arena (103 Long Pond Rd)

Time: 5:00p-5:25p

Fee: \$139 (7 classes no class 7/4)

*Registration ends on June 11th

BASKETBALL CLINIC

AGES 8-13

Participants will learn the fundamental skills required to play basketball by participating in drills that they can continue to work on at home once camp is over. Each day, players will be taught the individual skills of rebounding, ball handling, shooting, and will finish up the most important skill a child can learn and that's team work. The clinic is taught by long-time Plymouth basketball coach and Physical Education teacher Paul Coffin.

Dates: Monday, July 16th-Thursday, July 19th

Location: Plymouth South Middle School
(488 Long Pond Rd)

Time: 9:00a-12:30p

Fee: \$80 per child



LITTLE EXPLORERS

AGES 4-6

Come explore the wonders of Mother Nature! Catch falling leaves, call out to birds and search for insects! This 4 week program is designed to be a hands on nature exploration with active play and creativity!

Instructor: Coach Holly

Date: Thursday, July 12th-August 2nd

Location: Hedges Pond (158 Hedges Pond Rd)

Time: 3:00p-3:45p

Fee: \$50 per child (4 classes)

SUMMER YOUTH PROGRAMS

FLAG FOOTBALL CLINIC

AGES 7-13

It is designed as an introduction to flag football, teaching the skills of passing, receiving, running with the ball, and defense. The camp will stress skill development and game competition.

Date: Monday, August 13th-Thursday, August 16th

Location: Forges Football Game Field (83 Jordan Rd)

Instructor: Paul Coffin

Time: 9:00a-11:15a Fee: \$65 per child



TENNIS CLINIC

AGES 8-14

This program is intended for boys and girls of all skill levels. Children will learn correct form on all strokes as well as learn the basics of singles and doubles strategies. Clinic taught by former girl's varsity tennis coach Scott Froman.

Session A: Monday, June 25th-Thursday, June 28th

Session B: Monday, July 9th-Thursday, July 12th

Session C: Monday, July 23rd-Thursday, July 26th

Location: PCIS (117 Long Pond Rd)

Time: 8:30a-12:00p Fee: \$80 per child



TRACK & FIELD CLINIC

AGES 7-12

Track & Field is a sport for everyone. Events include running, jumping, throwing, hurdles, and relays. Children will learn basic skills of Track and Field. There is an event for everyone! Athletes will be instructed by high school and college level coaches and athletes. Each day you will learn and participate in the following events: High Jump, Long Jump, Sprints / Hurdles, Middle Distance Running / Cross Country Running, Discus Throw, and Turbo Javelin. There will be a track and field meet at the end of the week!

Dates: Monday, July 9th-Thursday, July 12th

Instructor: Plymouth Area High School Coach Sean Clifford

Location: Plymouth South High School Track (490 Long Pond Rd)

Time: 8:30a-12:00p Fee: \$80 per child



ACRODANCE WORKSHOP

AGES 6-12

Come out and develop your Acro skills. This workshop offers gym-based strengthening and stretching that will keep you in shape all summer! Learn new tricks and improve old ones during this week of training. This camp is not just for acrobats, all dancers are encouraged to come out to improve their flexibility and strengthen their bodies. This workshop will help you with most other types of dance.

Date: Monday, August 6th-Thursday, August 9th

Location: Open Space Dance Studio

Time: 9:00a-12:00p Fee: \$175 per child

NEW!

CIRCUIT MAKERS 101

AGES 6-8

Lets get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronic project, using components like lights, buzzers, switches, motors, and sensors. Most class days include a take-home project!

Dates: Monday, August 13th-Friday, August 17th

Instructor: Circuit Lab Instructors

Location: Manomet Youth Center (659 State Rd)

Time: 9:00a-12:00p Fee: \$150 per child

NEW!

INCREDIFLIX CLINICS

AGES 7-13

ACTION MOVIE FLIX

Use green screen, camera tricks, & special FX to create an action-packed live-action adventure movie! Collaborate with your group as you write, act, & direct in this INCREDIBLY exciting camp where you'll be taught Hollywood stunts to thrill the entire audience. *Flix downloadable within a month after camp ends.

Time: 9:00a-12:30p Fee: \$170 per child

IMAGINATION FLIX

There are no limits to where your imagination can take you! You and your group will brainstorm, film movies on a green screen background, and add voice-overs to clay characters that you create. *Flix downloadable within a month after camp ends.

Time: 1:00p-4:00p Fee: \$170 per child

Location: Manomet Youth Center (659 State Rd.)

Instructor: INCREDIFLIX Staff

Dates: Monday, June 25th-Friday, June 29th

Choose both clinics to make it a full day!

Supervised lunch from 12p-1p included.

Full day fee (both clinics): \$305

BASEBALL CLINIC

AGES 6-10

Join us in a program designed for youngsters just starting out in baseball as well as for those who have baseball experience. Skills, game and activities will include throwing, fielding, hitting, and situational baseball. Players will be placed in separate age and skill levels. Clinic taught by long time Plymouth varsity and Babe Ruth baseball coach and Physical Education teacher Paul Coffin.

Date: Monday, June 25th-Thursday, June 28th

Location: Forges Jr. Baseball Fields (83 Jordan Rd)

Time: 9:00a-12:30p Fee: \$80 per child

APP INVENTORS

AGES 8-12

Want to know how the apps work on your phone or iPad? Or do you already have the next great app idea, and just need to know how to make it? In this no-experience-required course, we use MIT App Inventor software to make fun, creative apps for Android phones and tablets. Participants will learn both the programming and design aspects of creating great apps, and have the opportunity to build apps of their own design with the support of Circuit Lab instructors!

Date: Monday, August 13th-Friday, August 17th

Location: Manomet Youth Center (659 State Rd)

Time: 1:00p-4:00p Fee: \$150 per child

CROSSWINDS GOLF

AGES 8-14

Learn to golf or sharpen your skills this summer. This clinic is taught by a Crosswinds Golf Club professional. You must bring your own clubs.

Location: Crosswinds Golf Course (424 Long Pond Rd)

Fee: \$99 per child (4 classes)

Date: Wednesdays, July 11th- August 1st

SESSION A: Ages: 8-10 Time: 9:00a-10:15a

SESSION B: Ages: 11-14 Time: 10:30a-11:45a

SUMMER YOUTH PROGRAMS

ARCHERY CLINIC

AGES 8-14

Students will learn the athleticism, mental focus, and self discipline it takes to excel in this individual sport. Advancement awards will be presented to demonstrate the student's progress through the different levels of achievement. Includes all equipment.

Instructor: Dee Sacchetti, USA Archery Certified

SESSION A Dates: Monday, July 9th-Thursday, July 12th
Time: 9:00a-11:00a

SESSION B Dates: Monday, August 13th-Thursday, August 16th
Time: 9:00a-11:00a

Location: Forges Adult Softball Field (83 Jordan Rd)

Fee: \$150 per child (4 classes)

TEEN OPEN VOLLEYBALL

AGES 13-17

Join us this summer in the air conditioned Memorial Hall for our Teen OPEN Volleyball. The games are open to both mature boys and girls, who enjoy the competition of volleyball. Players can be beginners, but must have some knowledge of the game of volleyball. Please note misbehaving will not be tolerated and will result in being kicked out of the program indefinitely.

Dates: Tuesday, June 12th- August 7th Time: 6:00p-7:30p

Location: Memorial Hall - Auditorium (83 Court St)

Fee: \$5 per person per night (no volleyball - 7/3)

STAND UP PADDLEBOARDING

AGES 8-16

The three-session youth SUP camp at Billington Sea Kayak is a great summer activity for active children interested in trying something new! Participants will learn the fundamentals of Stand-up Paddleboarding including safety, board handling, and various stroke techniques while taking part in various on-the-water games and challenges. The quiet waters of Billington Sea offer the ideal location for participants to safely enjoy their first SUP experience with our ACA-trained staff! We require that all participants be comfortable with water and be dressed appropriately for class with closed-toe water shoes. Price includes instruction and gear rental (board, paddle, PFD).

Session A: Monday, July 23rd-Wednesday, July 25th

Session B: Monday, July 30th-Wednesday, August 1st

Session C: Monday, August 13th-Wednesday, August 15th

Location: Billington Sea Kayak (41 Branch Point Road)

Time: 8:00a-9:30a

Fee: \$105 per child (3 classes)

YOUTH KAYAK ADVENTURE CAMP

AGES 8-16

The Kayak Adventure Clinic engages students in the development of their paddling and navigational skills while inspiring a sense of adventure and discovery. Students will spend the first of three classes learning the basics of kayaking and kayak safety with ACA trained instructors. The remaining sessions will be spent exploring the shores and islands of Billington Sea for hidden treasures. Students will be introduced to navigational techniques using map & compass and use these new skills to locate a series of hidden geocaches on the way to discovering the ultimate treasure! **No prior kayaking experience required. BSK requires that all participants be dressed appropriately for the weather and wear closed-toe water shoes. Price includes: PFD, kayak & paddle.

Session A: Monday, July 16th-Wednesday, July 18th

Session B: Monday, July 30th-Wednesday, August 1st

Session C: Monday, August 6th-Wednesday, August 8th

Location: Billington Sea Kayak (41 Branch Point Road)

Time: 10:00a-11:30a

Fee: \$105 per child (3 classes)

BUILD A DUCT TAPE

STEM KAYAK WORKSHOP

AGES 8-16

The "Build a Duct Tape Kayak" STEM camp challenges students to turn a few rolls of ordinary duct tape into an extraordinary kayaking experience! Participants come together as a team to construct a duct tape kayak during the first half of the camp under the guidance of our staff "Duct Tape Masters." Then they'll get the chance to take their creation to the water where they will participate in a variety of on-the-water challenges while paddling the kayak that they just built. This is an empowering experience for students who enjoy building and playing outside! Includes all materials, kayak, paddle & PFD.

Session A: Thursday, July 19th

Session B: Thursday, August 2nd

Location: Billington Sea Kayak (41 Branch Point Road)

Time: 2:00p-4:30p

Fee: \$60 per child (1 class)

REGISTER TODAY!

SUMMER
Art Exploration Camps
For Kids & Teens
7-16 yrs
Monday~Friday
9am ~ 3pm

July 9-13
July 23-27
August 6-10

10% OFF
when student
attends
all 3 camps!

COST:
\$375 ~ member
\$390 ~ non-member
+\$25 ~ supplies p/s

11 North Street
Downtown Plymouth

Plymouth
Center for the Arts

www.artsplymouth.org
508.746.7222

SUMMER YOUTH PROGRAMS

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills and more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform, belt & school patch.

Instructor: Sensei Mike Murphy

Session B: Monday, July 9th-August, 13th

Location: Mikes Dojo of Champions (739 State Rd)

Time: 6:00p-6:45p Fee: \$80 per child (6 classes)

TOP SECRET SCIENCE & MATH

AGES 5-10

Come join the very cool and fun elementary school summer science program!! Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 10 different projects. The scientists are fast paced and funny and our kids will be thoroughly entertained (they'll even learn some interesting things too!) We will explore weird motions, flying things, air and water pressure, crazy chemistry, light and sound, science magic, magnets, and more! Each child receives a Free Scientist Trading Cards Boxed Set. Hope to see you there!

Instructor: Top Secret Science staff

Dates: Monday, July 23rd-Friday, July 27th

Location: Manomet Youth Center (659 State Rd)

Time: 9:00a-3:00p Fee: \$170 per child



PARKOUR CLINIC

AGES 7-10

Parkour is a training discipline using movement that developed from military obstacle course training. Participants aim to get from one point to another in a complex environment, without assistive equipment and in the fastest and most efficient way possible. Parkour includes running, climbing, swinging, vaulting, jumping, rolling, quadrupedal movement, and other movements. Come learn this exciting sport in a safe environment with trained professionals!

Instructor: Parkour Generations Staff

Dates: Monday, July 30th-Thursday, August 2nd

Location: Memorial Hall - Auditorium (83 Court St)

Time: 1:00p-4:00p Fee: \$135 per child



ALREADY HAVE AN ACCOUNT? SAVE THE TRIP! PAY BY CREDIT CARD OVER THE PHONE OR ONLINE!!

SUMMER BASKETBALL REC LEAGUE

If your child loves basketball and is looking to play this summer, this is the league for them! It will be a relaxed environment, coached and reffed by our own staff. We will spend 15 minutes doing drills and the last 45 minutes playing a live game. We will make different teams every week and it will be a fun, competitive time for all. T-shirt included.

Dates: Thursday, July 12th-August, 16th

Location: Manomet Youth Center (659 State Rd)

Grade and Time:

Grades 1-2: 5:00p-6:00p

Grades 3-5: 6:05p-7:05p

Grades 6-8: 7:10p-8:10p

Fee: \$65 (6 classes)



SQUIRREL RUN GOLF

AGES 8-13

This clinic is designed to teach everything you'll need to play golf in just a few lessons. You will be shown that there are lots of ways to play by combining fun, friends and fitness. Your classes will be taught by David L. Moore PGA his highlights as an instructor include: 2014 CCNEPGA Professional of the Year, 2012 US Kids Top 50 Master Kid Teacher, and Authorized Instructor for The Golfing Machine. You must bring your own clubs.

Session A: Monday-Thursday, July 9th-12th

Session B: Monday-Thursday, July 23rd-26th

Session C: Monday-Thursday, August 6th-9th

Location: Squirrel Run Golf Club (32 Elderberry Dr)

Time: 10:00a-11:15a Fee: \$99 per child (4 classes)

ROCKET SCIENCE

AGES 8-12

Calling all aspiring Rocket Scientists! This will introduce students to the exciting world of rocketry. Students will work to design, create, and launch their very own soda bottle rockets. This is a great opportunity for students to develop their STEM skills including teamwork, creativity, iterative design, perseverance, and problem solving. NOTE: This camp will not involve the use of Estes Rockets or pyrotechnic devices.

Instructor: David Arruda

Date: Thursday, July 26th

Time: 3:30p-5:30p

Location: Manomet Youth Center (659 State Rd)

Fee: \$25 per child (1 class)

RENEWABLE ENERGY

AGES 8-12

Participants will be introduced to the physics of wind and solar power and how we can use these technologies to harness clean energy from the environment. Students will work to design, create, and test model windmills and solar cars. This is a great opportunity for students to develop their STEM skills including teamwork, creativity, iterative design, perseverance, and problem solving.

Instructor: David Arruda

Date: Thursday, August 9th

Time: 3:30p-5:30p

Location: Manomet Youth Center (659 State Rd)

Fee: \$25 per child (1 class)

HALF-DAY PLAYGROUND PROGRAMS

WEST ELEMENTARY SCHOOL

Our half-day playground program is one of the most popular programs our department offers. You can count on our Playground program to be there for your child every morning this summer, **weather permitting**. Children will have the opportunity to participate in a variety of different activities including baseball, basketball, tennis, soccer, street hockey, flag football, dodgeball, kickball, playground and arts & crafts.

The half-day program consists of three 45 minute sessions. In every session children can choose a new activity.

Date: Monday-Friday, June 25th-August 10th (no class 7/4)

Location: West Elementary School (170 Plympton Rd)

Ages: 6-12

Time: 9:00a -12:00p

Fee: \$220 per child

HEDGES POND

This state of the art facility has adjustable basketball nets, a soccer field, an arts and crafts area and much more! You can count on our playground program to be there for your child every morning this summer, weather permitting. Children will have the opportunity to participate in a variety of different activities including baseball, basketball, tennis, soccer, street hockey, Gaga Pit and arts & crafts.

Children will have the opportunity to go on nature hikes, Geo-Cache, collect and sample aquatic vegetation and explore the various eco-systems that exist on the property.

The Half Day Program consists of three 45 minute sessions. In every session children chooses a new activity.

Date: Monday-Friday, June 25th-August 10th (no class 7/4)

Location: Hedges Pond Recreation Area (158 Hedges Pond Rd)

Ages: 4-12

Time: 9:00a -12:00p

Fee: \$220 per child

WE'VE ADDED AGES 4&5 TO OUR HEDGES POND HALF DAY PROGRAM / 4&5 YEAR OLDS WILL BE IN THEIR OWN GROUP

COUNSELOR IN TRAINING (CIT) PROGRAM

This program is for individuals too old for our half-day program, but too young to have a job yet. Through this program individuals will be given the opportunity to work closely with our staff learning the ropes of the program. This program is perfect for individuals who will be looking for a job working with children or working at another camp when they are old enough. The CIT will rotate through each of our different activities so they get a feel for what each counselor does with their groups. The program is very limited. Each person applying to be a CIT must obtain 2 letters of recommendation from a coach, neighbor, etc. stating why he/she would be a good fit for the program. CIT's must be available 4 weeks at one our half-day locations.

Date: Monday-Friday, June 25th-August 10th (no class 7/4) **Time:** 8:45a-12:15p **Ages:**13-15

Location: West Elementary School or Hedges Pond **Fee:** \$160 per person

Contact the Recreation Dept. for more information: 508-747-1620 Ext. 10137

PRESCHOOL PLAYGROUND PROGRAM

Our preschool playground program is returning this summer! It is a two week program created and designed for having fun, being active and meeting new friends! Activities include painting and making paper crafts. They will build gross motor skills through sports, creative movement, and outdoor play. This fills quickly and is on a first-come first-serve basis.

Session A: Monday, July 9th-Friday, July 20th

Session B: Monday, July 23rd-Friday, August 3rd

Session C: Monday, August 6th-Friday, August 17th

Location: Nathaniel Morton Elementary School (6 Lincoln St)

Time: 9:00a-12:00p

Payment Options (Per Session)

10 days (M-F): \$100 per child per session

6 days (Mon, Wed, Fri)- \$80 per child per session

4 days (Tues, Thurs)- \$65 per child per session

Ages: 4-6

WE'VE EXTENDED OUR HOURS AND ADDED MORE REGISTRATION OPTIONS FOR THIS PROGRAM!!!

PLYMOUTH YACHT CLUB SAILING PROGRAMS

FIRST MATE

This beginner program will introduce younger children to sailing and having fun together on the water. The fun begins onshore with basic boating safety and learning sailing concepts, and then students sail with instructors in 14-foot RS Quests to get comfortable on the water exploring Plymouth Harbor. Sailors will learn how to steer and trim sails themselves, and they will then pair up to try their hands sailing Pram dinghies. Their instructors will accompany them in coach boats as they sail and practice together.

AGES 5-7

LEARN TO SAIL

This 2-week beginner program introduces sailors to basic sailing skills. Lessons will begin onshore with boating safety and sailing concepts after which students will sail on 14-foot RS Quests with instructors onboard to get them comfortable on the water. Students will then move into sailing Prams with 1-2 students per boat focusing on basic boat handling skills.

AGES 8-12

FOR INFORMATION ON DATES, TIMES, PRICES, AND MORE ADVANCED CLASSES PLEASE GO TO OUR WEBSITE

MANOMET YOUTH CENTER KIDS NIGHT OUT SUMMER SERIES

COME JOIN US AT THE YOUTH CENTER FOR OUR SUMMER EVENT SERIES!! EVERY FRIDAY NIGHT WE WILL HAVE A NEW THEME!!! YOU MUST PRE-REGISTER FOR THE EVENT! PIZZA, DRINKS, AND SNACKS INCLUDED!

AGES 7-13
5pm-9pm
SPACE IS LIMITED!!

\$15
PER NIGHT

FRIDAY JULY 6th

We will be playing bingo games all night with prizes given out! The Gym and game room will also be open!



FRIDAY JULY 13th

GAGA NIGHT



Come join us as we use our new inflatable gaga pit in the gym and play all night! Gaga is a fast paced dodgeball like sport played in an octagonal pit!

FRIDAY JULY 20th

VIDEO GAME NIGHT

VIDEO GAME TOURNAMENTS ALL NIGHT. SMASH BROTHERS, MARIO KART, AND JUST DANCE....PRIZES ALL NIGHT!



FRIDAY JULY 27th

BEACH PARTY

COME DRESSED IN YOUR BEST BEACH OUTFIT FOR A NIGHT OF BEACH GAMES LIKE BOCCI, CAN JAM, CORN HOLE, AND MORE! WE WILL HAVE A BEACH MOVIE, BEACH CRAFTS, AND MORE!!



FRIDAY AUGUST 3rd

DODGEBALL



DODGEBALL ALL NIGHT, MINI TOURNAMENTS, PRIZES, AND EVERY TYPE OF DODGEBALL IN BETWEEN!!!



FRIDAY AUGUST 10th

WE WILL PROJECT A BIG MOVIE IN THE GYM WITH COMFY MATS, AND POPCORN!!

MOVIE NIGHT

COME IN YOUR PAJAMAS!!!



FRIDAY AUGUST 17th

SUNDAE PARTY



COME JOIN US FOR OUR LAST EVENT OF THE SUMMER. YOU WILL MAKE YOUR OWN SUNDAES, PLAY GAMES IN THE GYM & GAMEROOM, AND MORE!!



SUMMER TEEN/ADULT PROGRAMS

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session B: Thursday, June 21st-July 12th

Session C: Thursday, August 9th-August 30th

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p - 7:45p

Fee: \$40 per person (4 classes)



ADULT LEARN TO KAYAK

AGES 16+

The Adult Learn-to-Kayak class provides participants with everything that they need to know to jumpstart their kayaking adventures! This introductory class focuses on the fundamentals of kayaking safety, various paddle strokes, and kayak handling techniques all on the quiet waters of Billington Sea. Our experienced instructors are passionate about kayaking and have lots of great tips and local knowledge to share. This is a great opportunity for groups and families to learn something new together.

Session A: Sunday, July 22nd Session B: Sunday August 5th

Session C: Sunday, August 19th

Location: Billington Sea Kayak (41 Branch Point Road)

Time: 9:00a-10:30a Fee: \$50 per person

SUMMER ADULT PICKLEBALL

AGES 18+

Come join us down at beautiful Stephens Field for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, game! It's a fun sport that combines many elements of tennis, badminton, and ping-pong. We will provide all the equipment, and there will be 4 courts to split novice and experienced!! Space is limited!

Location: Stephens Field (132R Sandwich St)

Session C: Tuesday & Thursday, July 10th-August 30th

Session D: Monday & Wednesday, July 9th-August 29th

Time: 8:30a-10:30a Fee: \$25 (8 weeks)

Session E: Wednesday nights July 11th-August 22nd

Time: 6:00p-8:00p Fee: \$15 (7 weeks)



OUTSIDE MORNING FLOW YOGA

AGES 18+

If you enjoy moving outside with the fresh morning air, quiet breezes, and morning sun.....this is the class for you! Poses are presented in a slow flow sequence focusing on bringing movement to your breath and body. You will be guided to bring awareness and proper alignment of poses, building strength and flexibility to your body. All levels welcome and encouraged.

Instructor: Yvonne Jeffries

Session A: Tuesday, July 10th-July 31st Location: Stephens Field Outfield Grass

Session B: Tuesday, August 7th-August 28th Location: Morton Park Main Beach

Time: 7:45a - 8:45a Fee: \$40 per person (4 classes) or \$15 drop-in fee per class

SUMMER TEEN/ADULT PROGRAMS

BELLY FIT FOR WOMEN

AGES 18+

BELLYFIT is a holistic fitness program for women providing cardio, strength and stretch set to a seamless ethno-electro soundtrack unlike any other fitness class! "Unleash your inner goddess" with cool cardio based on Indian, African, and Belly dance, pilates-inspired core work, and yoga stretch and meditation, all with the unique needs of a woman in mind. Bring water and a mat. Comfy clothes and sneakers recommended. Bare feet optional.

Instructor: Wendy Weiser

Session B: Tuesday, June 19th-July 17th (no class 7/3)

Session C: Tuesday, August 7th-August 28th

Location: Memorial Hall - Blue Room(83 Court St)

Time: 5:15p-6:15p Fee: \$35 per person (4 classes)

LEARN TO ICE SKATE

TEEN/ADULT SEMI-PRIVATE

AGES 16+

Ages 16 and older are invited to learn to skate or enhance skating skills in a fun and comfortable learning environment. Classes include group instruction and free time and encourage skaters to learn at their own pace. Skaters will be grouped by age and/or ability as needed. Ice skates are available on a first come first serve basis, free of charge.

PREREQUISITES: Skaters must be 16 years old. A helmet, such as a bike helmet or HECC helmet is required.

Instructor & Location:

Armstrong Arena (103 Long Pond Rd)

Session B: Sunday, July 1st-August 19th

Time: 9:00a-9:25a

Fee: \$139 per person (8 classes)

Registration will end on June 11th

LADIES TENNIS

AGES 18+

Join a tennis league while getting comprehensive instruction for players of all ability levels. This program runs for 8 sessions and is designed to give participants a competitive and fun learning experience. Participants must bring their own rackets. It's on Tuesday and Thursday taught by Scott Froman.

Location: PCIS (117 Long Pond Rd)

Fee: \$70 per person (8 classes, twice a week)

SESSION A: Tuesday & Thursday, May 29th-June 21st

Time: 6:00p-8:00p

SESSION B: Tuesday & Thursday, July 10th-August 2nd

Time: 6:00p-8:00p



BARRE HIP HOP

AGES 18+

With a non-stop, motivating playlist, we move through a high intensity but low impact workout combining elements of hip hop dance with barre and strength exercises to keep your heart rate up, booty shaking, muscles quaking, and a smile on your face! Utilizing light dumbbells, a small Pilates ball, and a chair as your barre. Please bring your own yoga mat and water. This workout is best without shoes.

Instructor: Wendy Weiser

Session A: Tuesday, June 19th-July 17th (no class 7/3)

Session B: Tuesday, August 7th-August 28th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:30p-7:30p Fee: \$35 per person (4 classes)

STAND UP PADDLEBOARDING

AGES 16+

The adult Learn-to-SUP class is perfect for those adventurous spirits who are interested in seeing the water from a new perspective! This clinic will provide you with the knowledge and experience that you need for a pleasant and safe start! Our instructors will cover the fundamentals of SUP safety, various paddle strokes, and board handling techniques all on the quiet waters of Billington Sea. No prior SUP experience necessary. We require that all participants be comfortable with water and be dressed appropriately for class with closed-toe water shoes.

Location: Billington Sea Kayak (41 Branch Point Road)

Session A: Sunday, July 15th Session B: Sunday, August 12th

Time: 9:30a-11:00a

Fee: \$50 per person (includes all equipment)

GOLF READY

AGES 18+

Golf Ready is designed to teach you everything you'll need to play golf in just a few lessons. You will be shown that there are lots of ways to play by combining fun, friends and fitness. You must bring your own clubs.

Instructor: David Moore

Session E: Thursday, August 9th-30th Time E: 5:30p-6:30p

Session F: Saturday, August 4th-25th Time F: 10:00a-11:00a

Location: Squirrel Run Golf Club (32 Elderberry Dr)

Fee: \$99 per person (4 lessons)

BARRE FIT

AGES 18+

Have you heard of Barre and wanted to give it a try? Have you taken a Barre class but want to move at a slower pace to ensure good form? Barre is a modern fusion format: elements of Pilates, yoga, ballet, and calisthenics for a total body workout. This 60 minute session will offer the full body strength routine you can expect from any barre class, with added instruction to help you properly execute each exercise. We will begin with a low impact warm up, then standing barre series, move on to floor work, and end with stretch and relaxation. Utilizing light dumbbells, a small Pilates ball, and a chair as your barre (all provided at Memorial Hall). Please bring your own yoga mat and water. This workout is best without shoes. No previous experience needed!

Instructor: Wendy Weiser

Session A: Monday, June 18th-July 16th (no class 7/2)

Session B: Monday, August 6th-August 27th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 10:30a-11:30a Fee: \$35 per person (4 classes)

FALL 2018

SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship.

Dates: Saturday, September 8th-October 20th (6 classes - no class 10/6)

Location: Forges Soccer Field #1 (83 Jordan Rd)

Age: 3

Group 1: 9:00a-9:30a

Group 5: 11:45a-12:15p

Group 6: 12:15p-12:45p

Fee: \$45

Age: 4-5

Group 2: 9:35a-10:35a

Group 3: 10:40a-11:40a

Group 4: 11:45a-12:45p

Fee: \$75

SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next four weeks will consist of games versus the other Developmental League teams. Includes a team shirt.

Ages: 6-7

Dates: Saturday, September 8th-October 20th **Time:** 12:50p-1:50p

Location: Forges Soccer Field #1 (83 Jordan Rd)

Fee: \$80 per child (fee includes 6 classes & team shirt - no class 10/6)



NFL FLAG FOOTBALL LEAGUE

This extremely successful and competitive flag football league teaches fundamentals, competitiveness and most importantly... good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement; all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. **Volunteer coaches are needed!**

Date: Saturday, September 8th-November 3rd (6 games per league - no games 10/6 & includes NFL Jersey)

Location: Forges Adult Softball & Football Practice Field (83 Jordan Rd)

Fee: \$95 per child

Ages: 7-9* **Game Times:** 1:15p & 2:15p

Ages: 10-13* **Game Times:** 2:15p, 3:15p & 4:15p

***Evaluations are required for ALL PLAYERS; with the exception of the 5-6 year olds. You will be advised of evaluation times 1 week before your evaluation date.**

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Saturday's; there will be no other practice requirements. We do not take special requests for team placement.

Ages: 5-6 **Game Time:** 12:15p

ALL GAME TIMES ARE SUBJECT TO CHANGE

REGISTRATION FOR FALL SMART SOCCER AND FLAG FOOTBALL FOR RESIDENTS
BEGINS MONDAY JUNE 25TH AND FOR NON-RESIDENTS JULY 2ND.

FLAG FOOTBALL REGISTRATION ENDS WHEN FULL OR JULY 26TH.

**DON'T KNOW
YOUR LOG-IN
INFORMATION?
GIVE US A CALL!**

FALL ADULT LEAGUES

FALL ADULT COED SOFTBALL LEAGUE

AGES 18+

Join our fun and competitive coed adult softball league! Teams play one game per week. We will start accepting team registrations **Monday June 18th**. Team registration forms plus a nonrefundable deposit of \$150 is due upon registration. Teams will be taken on a first come first serve basis with the deposit. **All remaining fees must be paid prior to July 26th**. Failure to do so will result in forfeiting participation in the league and the team's registration deposit. Team applications are available online or in the Recreation office. If you need more information, email Aimee Howell at ahowell@townhall.plymouth.ma.us. There is a **MANDATORY** ASA bat testing done prior to the start of the season. Only bats tested and approved will be allowed to be used in our league. Make-up games may be scheduled for Friday's.

Date: Monday-Thursday, August 13th-November 16th **Location:** Forges Adult Softball Field (83 Jordan Rd)

Time: 7:00p or 8:30p

Fee: \$700 per team (10 game season plus top 8 teams make the playoffs)

ROCKIN' RECREATION NIGHT



PRESENTED BY:

BEST



CHRYSLER

DODGE

Jeep



Join us for our 2nd annual Rockin' Recreation Night Presented by Best Automotive! This year we've added even more fun! All proceeds from this event will support our annual Scholarship Fund!

THIS NIGHT WILL INCLUDE:

- INFLATABLES
- FAMILY 1.5 MILE FUN WALK
- KIDS 1.5 MILE RACE (Ages 5-14)
- FOOD VENDORS
- WE END THE NIGHT WITH A MOVIE ON THE GREEN!!



LOCATION: Forges Field Complex (83 Jordan Rd)

COST: \$10 per person (Everyone must register to participate in all activities)

TIME: Activities start at 6:00pm RACE/WALK Starts @ 6:45pm Movie at Dusk

RESIDENTIAL CUSTOMER

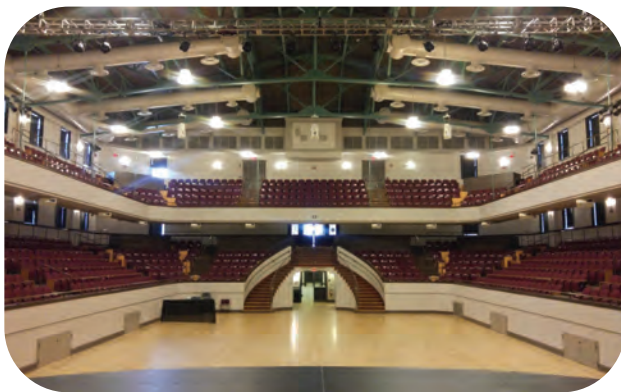
MEMORIAL HALL

A historic venue with so much to offer to the community. With events booking each week Memorial Hall has a variety of events for all to enjoy!

Do you have an upcoming event? Need to find a venue to hold your next shower, reception, business meeting, or performance? Look no further! Memorial Hall is your place to be!

The rich architectural details with years of history and the hall of flags makes Memorial Hall more than just a space and can suit all events from 50 to 1,500! Find out how this hidden gem can work for you. Many resources are available along with a dedicated Director who will work with you every step of the way to plan and organize your event to ensure success! Pricing options are available and can be requested along with a building tour!

Contact our Director today to learn more! Want to take a look before you come by? No problem visit our website www.memorialhall.com and learn more about the facility.



MAIN HALL



Kara Olson: Director
508-830-4087
kolson@townhall.plymouth.ma.us

BLUE ROOM

