



PLYMOUTH RECREATION



WINTER 2019

REGISTER & PAY ONLINE AT WWW.PLYMOUTHREC.COM

508-747-1620 X.10137



- Make Check Payable to: **Plymouth Recreation Department**
26 Court St / Plymouth, MA 02360 / 508-747-1620 Ext. 10137
- **WE ACCEPT CASH, CHECKS, VISA, MASTERCARD, DISCOVER**
- Refund requests must be submitted no later than 5 business days before the start of any program.
- There will be a \$10 processing fee for all refunds requested.
- Credit card purchases are refunded by check.
- There is a \$25 charge for any returned checks.
- There is a \$10 non-resident fee for all programs.
- **ONLY E-MAIL CONFIRMATIONS WILL BE SENT OUT! PLEASE KEEP A RECORD OF ALL PROGRAM INFORMATION.**

<u>For Office Use</u>	
Cash \$	_____
Check #	_____
Amount \$	_____
Date	_____

HOUSEHOLD INFORMATION

Last Name: _____ Home Phone #: _____

Mailing/Residential Address: _____
(Street Address and/or PO Box) (City) (State) (Zip)

Parent: _____ DOB: ___/___/___ Work #: _____ Cell #: _____

Parent: _____ DOB: ___/___/___ Work #: _____ Cell #: _____

E-mail Address: _____
(This address will only be used by the Recreation Department for Registration and Program Updates.)

PROGRAM REGISTRATION – You may register up to 3 participants on this form

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

Participant's Name: _____ Age: _____ DOB: _____ Grade: _____ Sex: M F

Allergies/Medical Info/Limits?: _____

Check Shirt Size: YXS (2-4) YS (6-8) YM (10-12) YL (14-16) YXL (18-20) AS AM AL AXL Other

Program/Class Name	Session or Age Group	Day	Time	Fee

I, the (parent/guardian of the child named above) or (adult participant), have been made aware that the Town of Plymouth, the Recreation Dept. and its related parties, are not covered by insurance for persons injured while taking part in Recreation Department programs. In consideration of my or my child's upcoming participation, I hereby hold the Town, its servants and employees and related parties harmless from any injury I or my child may incur during said participation. Further, I am delegating authority in advance of any specific diagnosis or treatment to an authorized person from the Recreation Department and the doctor/clinic/hospital to exercise their best judgment as to necessary medical/surgical treatment for me or my child in the event I cannot be reached. I agree to hold harmless the Town of Plymouth, the Recreation Dept., its servants and employees, its related parties and the doctor/clinic/hospital treating me or my child for failure to obtain my consent. I further grant authorizations for any pictures taken of me or my child to be used for publicity and promotional purposes.

Signature of Parent/Guardian/ Adult Participant: _____	Date: _____
---	--------------------

ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:
Monday, Wednesday, Thursday- 7:30a-4:00p
Tuesday- 7:30a-6:30p
Friday- 7:30a-12:00p

REGISTRATION IS OPEN

HOW TO REGISTER:

Register online or to register in person or by mail complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 26 Court St, Plymouth, MA 02360. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

SCHEDULES

The recreation department reserves the right to change a programs dates or locations due to weather, emergencies, or availability without a refund.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the start date of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is canceled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is canceled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

FACEBOOK PAGE

Join us on Facebook....at www.facebook.com/PlymouthRecreationDepartment, /Manomet-Youth-Center, /PlymouthMemorial for up to date information about programs, events and more!

PROOF OF AGE REQUIREMENT

Proof of age must be provided when registering your child for any Recreation Department program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified. Any participant must be the minimum age required on the first scheduled day of that program. No exceptions will be made.

Winter Registration is currently open. We would like to thank you for taking interest in the many programs the Plymouth Recreation Department offers. Our main goal is to offer individuals and families quality programs at an affordable price. At the Recreation Department you can expect friendly service and prompt attention to your concerns. If you have any questions or comments about any of our programs, please do not hesitate to contact us. We have provided our information below for your convenience.

Have a new, fun, innovative idea for a class we should offer? Please contact Aimee Howell with your program idea.

RECREATION DEPARTMENT INFORMATION

DIRECTOR OF COMMUNITY RESOURCES

BARRY DEBLASIO
508-830-4230 Ext. 111
bdeblasio@townhall.plymouth.ma.us

RECREATION DIRECTOR

ANNE SLUSSER
508-747-1620 Ext. 10136
aslusser@townhall.plymouth.ma.us

PROGRAM SUPERVISOR

AIMEE HOWELL
508-747-1620 Ext. 10203
ahowell@townhall.plymouth.ma.us

RECREATION OFFICE MANAGER

HOLLY COOTS
508-747-1620 Ext. 10137
hcoots@townhall.plymouth.ma.us

DIRECTOR OF MEMORIAL HALL & SPECIAL EVENTS

KARA OLSON
508-830-4087 • kolson@townhall.plymouth.ma.us

MANOMET YOUTH CENTER DIRECTOR

FRANK LIVERA
508-830-4114
flivera@townhall.plymouth.ma.us

LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth Soccer
www.plymouthyouthsoccer.com

Plymouth Vikings Football
www.plymouthvikings.com

Plymouth Vikings Cheerleading
www.plymouthvikings.com

South Plymouth Football (Jaguars)
www.psyf.net

South Plymouth Cheerleading (Jaguars)
www.psyf.net

Recreation Dept. Adult Dodgeball League
www.plymouthrec.com

Recreation Dept. NFL Flag Football League
www.plymouthrec.com

Recreation Dept. Basketball League
www.plymouthrec.com

South Plymouth Basketball
www.southplymouthyouthbasketball.com

West Plymouth Basketball
www.westplymouthbasketball.com

Plymouth Girls Basketball
www.plymouthgirlsbasketball.org

North Plymouth Basketball Assoc.
www.pnhoops.com

South Plymouth Youth Baseball
www.spyb.org

Plymouth Little League & Girls Softball
www.plymouthybs.org

Plymouth Babe Ruth Baseball
www.plymouthbaberuth.com

Plymouth Youth Wrestling Club
pshspe@aol.com

Plymouth Youth Hockey
www.plymouthyouthhockey.net

Plymouth Rock Lacrosse (Boys)
www.plymouthrocklacrosse.com

Plymouth Rock Lacrosse (Girls)
www.plymouthrocklacrosse.com

South Plymouth Cub Scout Pack 1620
pack1620plymouth@gmail.com

Cub Scout Pack #51
www.manometpack51.org

West Plymouth Cub Scout Pack #40
mikewmac@verizon.net

Girl Scouts of Eastern Mass
www.girlscoutseasternmass.org

Plymouth Family Network
www.facebook.com/pfnpta

PRESCHOOL PROGRAMS

FREE PLAY FRIDAY'S

AGES 12 MONTHS-4

Free Play is a parent supervised session for infants-preschool aged children. Children are free to explore our wonderful gymnastics area and use all the traditional gymnastics equipment such as balance beams, trampolines, and wedge mats. We also have an awesome range of special climbing equipment through soft shapes and play huts.

Dates: Fridays September 28th - May 17th (No program 11/23, 12/21, 12/28, 1/4, 2/22, 4/19)

Location: Manomet Youth Center (659 State Rd)

Time: 9:30a-11:30a

Fee: \$5 per individual day, or a 5 pack for \$20

TOT SMART SOCCER

AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 3: Thursdays January 10th - February 14th

Fee: \$50 per child (6 weeks)

Session 4: Thursdays March 7th - April 11th

Fee: \$50 per child (6 weeks)

Session 5: Saturdays January 5th - February 9th
(no class 1/19)

Fee: \$42 per child (5 weeks)

Session 6: Saturdays February 23rd - March 23rd

Fee: \$42 per child (5 weeks)

Location: Manomet Youth Center (659 State Rd)

Time: 2:00p-2:30p



AGES 4-6

PRESCHOOL COOKING

Children will enjoy the assembling and measuring tasks that require their deepest concentration. They like projects that have a beginning (preparation), a middle (messy fun), and an end (happy treats around the table). Please note ingredients used are pre-made and we cannot control the contents. If your child has a food allergy please call for more details.



Session 3: Tuesdays January 8th - January 29th

Session 4: Tuesdays March 5th - March 26th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 4:30p-5:15p

Fee: \$50 per child (4 classes)

SPORTS STARS

AGES 3-5

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken little sports stars)

Session 3: Tuesdays January 8th - February 12th

Session 4: Tuesdays March 5th - April 9th

Time: 2:00p-2:30p Fee: \$50 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

TUMBLE WITH ME

AGES 2-3 & PARENT

A coach will guide the parents and children through various circuits that will begin to develop the basics for gymnastics. Parents are actively involved with their children while they explore the equipment. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills. This class will help children become more independent and prepare them for the Advanced Tumble with Me class.

Instructors: Coach Aimee & Coach Holly

Session 4: Wednesdays January 9th - February 13th

Session 5: Wednesdays March 6th - April 10th

Fee: \$50 per child (6 classes)

Session 6: Sundays January 6th - February 10th

(no class 1/20) Fee: \$42 per child (5 classes)

Session 7: Sundays February 24th - March 24th

Fee: \$42 per child (5 classes)

Time A: 9:15a-9:45a or Time B: 10:00a-10:30a

Location: Manomet Youth Center (659 State Rd)

SUNDAY CLASS ADDED

ADVANCED TUMBLE WITH ME

AGES 3-4

This class is designed for children that feel confident following direction and participating in a group environment type of class without their parents presence. 3 year olds must have taken at least 1 Tumble with Me class. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills.

Instructors: Coach Aimee & Coach Holly

Session 4: Wednesdays January 9th - February 13th

Session 5: Wednesdays March 6th - April 10th

Fee: \$50 per child (6 classes)

Session 6: Sundays January 6th - February 10th

(no class 1/20) Fee: \$42 per child (5 classes)

Session 7: Sundays February 24th - March 24th

Fee: \$42 per child (5 classes)

Location: Manomet Youth Center (659 State Rd)

Time: 10:45a-11:15a

SUNDAY CLASS ADDED

LITTLE SPORTS STARS

AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is a must.

Session 3: Tuesdays January 8th - February 12th

Time: 10:00a-10:30a Fee: \$50 per child

Session 4: Tuesdays March 5th - April 9th

Time: 10:00a-10:30a Fee: \$50 per child

Session 3 & 4 Location: Memorial Hall-Auditorium (83 Court St)

Enter through back ticket door only

Session 5: Saturdays January 5th - February 9th (No class 1/19)

Time: 8:15a-8:45a Fee: \$42 per child (5 weeks)

Session 6: Saturdays February 23rd - March 23rd

Time: 8:15a-8:45a Fee: \$42 per child (5 weeks)

Session 5 & 6 Location:

Manomet Youth Center
(659 State Rd)

SATURDAY CLASS ADDED



PRESCHOOL PROGRAMS

WINTER T-BALL

The Recreation Department will be bringing back another year of indoor winter T-ball. The program is designed to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.



AGES 4-6

Dates: Thursdays January 17th-February 28th (no class 2/21)
Time: 5:15p-6:00p
Fee: \$70 per child (6 classes)
Location: Memorial Hall (83 Court St)

PARENT & TOT DANCE AGES 2-3 & PARENT

Does your toddler like to dance around the house and bop their head when they listen to music? Our Parent and Tot Dance Class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Nicole Purtell
Session 3: Thursdays January 10th - February 14th
Session 4: Thursdays March 7th - April 11th
Location: Memorial Hall - Blue Room (83 Court Street)
Time: 9:30a-10:00a Fee: \$50 per child (6 classes)

PRESCHOOL DANCE AGES 3-6

The Preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. At the end of the 8 weeks your child will get to dress up and do a performance on stage!

Instructor: Nicole Purtell
Session 3: Thursdays January 10th - March 7th (No class 2/21)
Fee: \$75 per child (8 classes)
Session 4: Thursdays March 21st - April 11th
Fee: \$35 per child (4 classes, no performance)
Location: Memorial Hall - Blue Room (83 Court St)
Time: 10:05a-10:50a

ARTSY TOTS AGES 2-4 & PARENT

Enjoy creative self-expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book.

Session 3: Tuesdays January 8th - January 29th
Session 4: Tuesdays March 5th - March 26th
Location: Memorial Hall - Blue Room
(83 Court St)
Time: 11:00a-11:45a
Fee: \$40 per child (4 classes)



PRESCHOOL KARATE

AGES 4-5

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & belt

Instructor: Sensei Mike Murphy
Session 3: Mondays January 7th - February 25th (no class 1/21, 2/18)
Session 4: Mondays March 4th - April 8th
Location: Smilin' Mike's Dojo of Champions (739 State Rd)
Time: 4:15p-4:45p Fee: \$80 per child (6 classes)

INTRO TO MERYL'S MUSIC CLASS AGES 1-5 & PARENT

Meryl's Music Class is 45 minutes of singing, dancing, instrument play and chants. This is a mixed age's class from 1 to 5 years so families can all attend together without having to get childcare for one of the kids. Research has shown that music learning supports all areas of learning and informal, developmentally appropriate music activities are the best way for children under 6 to gain basic music competence! Includes a full length CD of all the music we will be experiencing during the class. *Infant siblings (under 11 months) come for free with a paid child*

Instructor: Meryl from Meryl's Music
Session 3: Thursdays January 10th - February 14th
Session 4: Thursdays March 7th - April 11th
Location: Manomet Youth Center (659 State Rd)
Time: 11:00a-11:45a Fee: \$95 per child

BIDDY BASKETBALL AGES 4-7

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 2: Saturdays January 5th - February 9th
(No class 1/19)
Session 3: Saturdays February 23rd - March 23rd
A: 4&5 Time: 9:00a-10:00a
B: 4&5 Time: 10:05a-11:05a
C: 6&7 Time: 11:10a-12:10p

Location: Manomet Youth Center (659 State Road)
Fee: \$60 per child (5 classes)



QUICK START TENNIS AGES 5-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level to learn tennis skills with fun games! All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesdays January 8th-February 12th
Session 4: Tuesdays March 5th-April 9th
Location: Village Racquet and Fitness (30 Golf Dr, Pine Hills)
Time: 4:30p-5:00p Fee: \$95 per child (6 classes)

*** ANY PARTICIPANT IN A PROGRAM MUST BE THE MINIMUM AGE REQUIRED FOR THE PROGRAM BY THE FIRST SCHEDULED DAY OF THE PROGRAM. NO EXCEPTIONS WILL BE GIVEN ***

PRESCHOOL / YOUTH PROGRAMS

ONE-HIT WORKSHOPS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and mementos that will last forever!

Ages: 2-5 with Parent Participation Fee: \$10 per workshop Time: 10:00a-11:00a Location: Memorial Hall (83 Court St.)

Valentine's Day

Valentine's Day is a great excuse for a crafty session with the kids. After all there is nothing better than getting a little something made by someone you love! Join us for a Valentine's Day themed children's story followed by a variety of crafts to bring home!

Date: Monday February 11th



St. Patrick's Day

Celebrate St. Patrick's Day with our collection of St. Patrick's Day crafts for kids! We will read a short story followed by crafts involving leprechauns, pots of gold, rainbows and shamrocks, all the traditional St. Patrick's Day symbols!

Date: Monday March 11th



Easter

With springtime comes Easter, a celebration of baby chicks and fluffy bunnies! This is a wonderful time for a short story and to do some crafts with your kids! Make Easter more fun than ever with these wonderful spring-themed projects!

Date: Thursday April 11th



AFTER-SCHOOL COOKING

AGES 7-9

Back by popular demand, we have expanded our afterschool cooking. Each class we will cook a snack, main course, and of course we can't forget dessert! From smashing, to rolling, to cutting and stirring, your child is sure to have a great time, especially in the end when they get to taste all their hard work!

Session 1: Tuesday January 15th- February 5th

Session 2: Tuesday March 5th - 26th

Times: 5:30p-6:30p Fee: \$60

Location: Memorial Hall- Blue Room (83 Court St.)



FEBRUARY & APRIL VACATION YOUTH PROGRAMS

FEBRUARY VACATION BASKETBALL CLINIC

AGES 7-12

This program provides Plymouth youth with an opportunity to learn basketball at the fundamental level. In this energetic program, the emphasis is on fun and learning techniques that players can take home with them.

Instructor: Coach Paul Coffin

Location: South Middle School (488 Long Pond Rd)

Dates: Tuesday February 19th - Friday February 22nd Time: 9:00a-12:00p Fee: \$60 per child



LITTLE SPORTS CLINIC

AGES 2-5

If your looking to get your little one moving during the break, we are offering 3 days of action! We will be offering a different sport each morning and you can sign up for 1 or all 3. Our ages 2&3 class is parent participation, while our ages 4&5 class will be without parents. This is a great way to test out our classes if you've never taken one with us before as we offer full sessions of all our sports we are offering. Space is limited so register early!

Instructor: Coach Aimee & Coach Holly

Location: Memorial Hall (83 Court St)

Dates: Tuesday February 19th- Soccer Wednesday February 20th-T-Ball Thursday February 21st-Basketball
Time: Ages 2&3 10:00a-10:30a Ages 4&5 10:45a-11:15p Fee: \$8 per child per class or \$20 per child for all 3 classes

FEBRUARY VACATION TENNIS CLINIC

AGES 8-14

Come join us over winter break to work on your tennis skills before the spring season hits! We will work on stroke development for groundstrokes, volleys, and serves. We will also learn game development for positioning, scoring, and movement. All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Dates: Tuesday February 19th - Thursday February 21st Fee: \$165 per child (3 classes)

Session 1: 8-10 year olds Time: 12:00p- 2:00p

Session 2: 11- 14 year olds Time: 2:00p - 4:00 pm



FEBRUARY & APRIL VACATION YOUTH PROGRAMS

APRIL VACATION OUTDOOR GOLF LESSONS

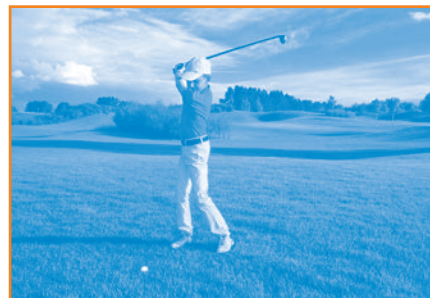
AGES 8-13

Skills and correct forms are taught in putting, chipping, pitching, bunkers, and full swing. A playing ability test is included, along with sections on rules and etiquette. Incentive pins are earned, and progress can be measured. Once each level is completed, the young golfers move on to the next level. Kids, their parents, and their golf instructor all work from the same point of reference. Instructor David L. Moore is the 2014 CCNEPGA Professional of the Year, 2012 US Kids Top 50 Master Kid Teacher, and authorized instructor for the Golfing Machine.

Location: Squirrel Run Golf Club (32 Elderberry Dr)

Dates: Monday April 15th - Thursday April 18th

Time: 10:00a-11:15a Fee: \$99 per child (4 classes)



APRIL VACATION BASEBALL CLINIC

AGES 7-10

This is a great way to get a jumpstart on the season. This camp is designed to teach the fundamentals of the game. Through group instruction and drill work, the camp will aid each participant in developing their baseball skills in the areas of hitting, throwing, fielding, base running and basics of their chosen position.

Instructor: Coach Paul Coffin Location: Forges Junior Baseball Field 1 (83 Jordan Rd)

Date: Monday April 15th - Thursday April 18th

Time: 9:00a-11:00a Fee: \$50 per child (4 classes)

APRIL VACATION SOCCER CLINIC

AGES 4-11

The Plymouth Recreation Department partners with Liverpool FC to provide a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport.

Dates: Tuesday April 16th - Friday April 19th

Location: Jack Medeiros Field (154 South Meadow Rd)

Little Kickers

Ages: 4-6 year olds

Time: 9:00a-10:00a Fee: \$45 per child

Soccer Juniors

Ages: 7-11 year olds

Time: 10:00a-12:00p Fee: \$70 per child



APRIL VACATION PARKOUR CLINIC

AGES 7-10

Parkour is a training discipline using movement that developed from military obstacle course training. Participants aim to get from one point to another in a complex environment, without assistance and in the fastest and most efficient way possible. Parkour includes running, climbing, swinging, vaulting, jumping, rolling, quadrupedal movement, and other movements. Come learn this exciting sport in a safe environment with trained professionals!

Instructor: Parkour Generations Location: Memorial Hall (83 Court St)

Date: Tuesday April 16th - Friday April 19th

Time: 1:00p-4:00p Fee: \$160 per child

YOUTH PROGRAMS

VOLLEYBALL SKILLS AND DEVELOPMENT CLINIC

AGES 13-17

Come join us for 8 weeks of training! In this clinic students will learn drills, skills, new techniques and small sided play! The clinic is geared for both boys and girls who range from beginner to advanced skills. Students will be broken up into groups based on skills. Clinic is coached by Kevin Yee, who has played the sport for many years and was an assistant volleyball coach at Sacred Heart College. Darin Yee has played his entire life and has had several Assistant and Head Coaching positions in Boston. Eric Yee has been playing the sport since the early 90s.

Dates: Mondays January 28th-March 25th (no class 2/18)

Time: 6:00p-7:30p Fee: \$115 (8 classes)

Location: Memorial Hall- Auditorium (83 Court St.)



YOUTH PROGRAMS

AFTER-SCHOOL ART

AGES 7-12

Join us for lots of fun while we explore through art! We will draw, paint, collage, and construct 3D art. This is a fun class to let creativity shine and learn new art skills. All materials included.

Teacher: Paula Turley

Session 2: Tuesdays January 15th - February 5th

Session 3: Tuesdays March 5th - March 26th

Location: Manomet Youth Center (659 State Rd.)

Time: 4:30p-5:30p Fee: \$45 per child (4 classes)

HIP-HOP DANCE

AGES 6-9

This is a high energy class that teaches the popular moves of today. You will learn combinations and dance routines that will get your body moving, and have you closer to looking like a dancer in your favorite music video. At the end of the 8 weeks your child will perform their routine on stage!

Instructor: Nicole Purtell

Location: Open Space Studio (19R Court St)

Dates: Saturdays January 12th - February 23rd

Time: 9:00a-9:45a

Fee: \$60 per child (6 classes) (no class 1/19)



WINTER INDOOR ARCHERY

AGES 8-12

Join us and find out what a fun and exciting sport archery can be. Dee Sacchetti, a USA Archery Certified Instructor will teach students about safety, shooting fundamentals and proper form. While it is not only fun to challenge yourself to hitting the target, it's also physically beneficial, increases body strength, focus, and attention skills. Give it a shot! All equipment is provided!

Dates: Monday January 14th - February 11th
(4 classes, no class 1/21)

Instructor: Dee Sacchetti, USA Archery Certified

Location: Manomet Youth Center (659 State Rd)

Time: 6:00p-7:00p Fee: \$135 per child

LEGO EXPLORERS

AGES 8-12

The LEGO Explorers program provides students with an opportunity to get together and use their imagination to create with LEGO bricks. Each session will focus on a new adventure as students work together to overcome challenges, solve puzzles, and create their masterpiece. This program is a great opportunity for students to develop their STEM skills including teamwork, creativity, perseverance, and problem solving.

Instructor: Dave Aruda

Session 2: Monday January 7th-February 25th (no class 1/21, 2/18)

Session 3: Monday March 4th-April 8th

Times: 5:00p-6:00p Fee: \$80 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

CIRCUIT MAKERS 101

AGES 6-8

Let's get creative with electricity! In this junior hands-on electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronics project, using components like lights, buzzers, switches, motors, and sensors. Circuit Lab staff will make sure participants create a project that they can be proud of each day. Most class days include a take-home project.

Dates: Thursdays January 10th-February 14th

Location: Manomet Youth Center (659 State Rd)

Time: 4:30p-6:00p Fee: \$120 per child (6 classes)

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills, and more. Each class combines fun cardiovascular exercises with martial arts training that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform & Belt.

Instructor: Sensei Mike Murphy

Session 3: Mondays January 7th - February 25th
(no class 1/21, 2/18)

Session 4: Mondays March 4th - April 8th

Location: Smilin' Mikes Dojo of Champions (739 State Rd)

Time: 6:00p-6:45p

Fee: \$80 per child (6 classes)



LEARN TO ICE SKATE

AGES 3-16

For ages 3 -16 with little or no formal skating instruction, our group classes teach skating basics in a fun and comfortable environment. Classes include 25 minutes of group instruction. Skaters will be grouped by age and/or ability as needed.

- Arrive 15-20 minutes prior to the class start time
- A helmet, such as a bike helmet or HECC helmet is required
- Warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens are recommended; little ones should wear waterproof items
- Rental skates are available on a first-come, first-served basis and included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted

Location: Armstrong Arena
(103 Long Pond Rd)

Dates: Wednesdays February 27th - April 17th

Time: 4:55p-5:20p

Fee: \$139 per child (8 classes)

Registration for Learn To Skate will end on Monday February 18th



HANDS ON ELECTRONICS

AGES 8-11

Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry, and step up to projects where our class of young makers will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming. Each class day gives participants the chance to design a hands-on project with the guidance of skilled Circuit Lab instructors.

Dates: Thursdays March 7th-April 11th

Location: Manomet Youth Center (659 State Rd)

Time: 4:30p-6:00p Fee: \$120 per child (6 classes)

LIVERPOOL FC IA MA INDOOR SOCCER PROGRAM

AGES 5-10

Mighty Reds (5 to 7 year olds)

The Liverpool FC IA MA Mighty Reds program follows our Long Term Player Development model and focuses particular attention on the development of technical, physical, psychological and social aspects in our younger players. From basic soccer techniques to the A. B. C.S - Agility, Balance, Co-ordination, Speed, our Mighty Reds program is centered around supporting these U6 to U8 players in an imaginative, enthusiastic and enjoyable atmosphere. Each Mighty Reds participant will receive support, guidance and professional coaching both in an individual and group setting from our licensed coaching staff.

Junior Reds (8 to 10 year olds)

The Liverpool FC IA MA Junior Reds program for players U9 to U11 builds upon the foundation laid in our Mighty Reds programming. We continue to follow our Long Term Player Development model and focus particular attention on the development of technical, physical, psychological and social aspects in our younger players. Players will learn to outplay their opponent in 1v1 situations and build the confidence needed to improve their individual game. Players will also learn to play in 2v1, 1v2 and 2v2 situations to properly prepare them for the next phase in their development. Along with these important areas of development, all Junior Reds participants will also be introduced to progressive group activities and small sided games.

Session 1: Tuesdays January 8th - February 12th

Location: Plymouth Sports Complex (8 Natalie Way)

Mighty Reds (ages 5-7 years): 5:00p-6:00p

Junior Reds (ages 8-10 years): 6:00p-7:00p

Fee: \$125 per child (6 classes)

MANOMET YOUTH CENTER BIRTHDAY PARTIES

For availability contact the Recreation Dept
1 & 1/2 hours of Birthday Fun
(1 hour of Activity and 1/2 Hour Cake/Presents)

Location: Manomet Youth Center (659 State Road)

Parents are responsible for:
Cake/Food, drinks, plates, flatware, decorations, etc.

Party Directors:
Set up party, lead activities chosen by parent &
cleans up after the party.

To book parties or rentals
please contact:

Aimee Howell
ahowell@townhall.plymouth.ma.us



**Fees start for parties on
January 1, 2019 and after**



SPORTS BIRTHDAY PARTIES:

Ages: 3-15 years old
Activities include: Basketball,
dodgeball, soccer, scooters,
parachutes, pilla hockey, home
run derby, and other various
activities.

Fee: \$160 (Includes up to 15
children. Add \$5 per child up to
20 children)

GAGA BIRTHDAY PARTIES

Ages: 3-15 years old
New this year, you can use our inflatable gaga pit for birthday
parties at the youth center. Our staff will run gaga for the party
including set up and take down of the inflatable.

Fee: \$185 (Includes up to 15 children. Add \$5 per child up to 20
children)

WANT TO RENT THE SPACE?

\$90 for 2 hour minimum
then an additional \$40 per
hour after that.

Use for birthday parties,
family parties and more.
Staff not responsible for
running activities.

YOUTH PROGRAMS

FUNDAMENTALLY FUN TENNIS AGES 7-12

Your child will learn the fundamentals of tennis using low pressure balls and age/size appropriate equipment that will get them rallying in no time!

Session 1: Sundays January 6th - February 10th

Session 2: Sundays February 24th - March 31st

Instructor: Kingsbury Club Staff

Location: Kingsbury Club
(186 Summer St, Kingston)

Time: 12:00p-1:00p

Fee: \$120 per child (6 classes)



DEVELOPMENTAL BASKETBALL LEAGUE AGES 7-9

Has your child already gone through biddy basketball but is not quite ready for competitive basketball play? In this program children will spend time practicing, playing scrimmages with coaches, and eventually instructional games. Games will be played by instruction, with no score kept. Whistles will be blown during games when fouls or violations are committed, followed by instruction on how to prevent those whistles.

Instructor: Recreation Staff

Session 1: Saturdays January 5th - February 9th (no class 1/19)

Session 2: Saturdays February 23rd - March 23rd

Times: 12:45p - 1:45p

Location: Manomet Youth Center (659 State Road)

Fee: \$65 per child includes team jersey (5 classes)

HOME ALONE & STAYING SAFE GRADES 4 & 5

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Date: Saturday March 2nd

Instructor: Bette Antonellis & Denise Laiosa

Location: Memorial Hall- Blue Room (83 Court St)

Time: 9:00a-12:00p Fee: \$60 per child

BABYSITTER SAFETY TRAINING AGES 11.5 & UP

A child care safety education course for new and seasoned baby-sitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful baby-sitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke-saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Date: Saturday March 16th Instructor: Bette Antonellis

Location: Memorial Hall - Blue Room (83 Court St)

Time: 9:00a-12:00p Fee: \$50 per child

DON'T LET A GOOD PROGRAM DIE. IF WE DO NOT REACH OUR MINIMUM NUMBER TO RUN A PROGRAM 1 WEEK PRIOR TO THE START OF A PROGRAM, IT WILL BE CANCELLED. REGISTER EARLY!

Indoor Tennis @ Village Racquet and Fitness

LITTLE HOT SHOTS TENNIS AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes.

All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesdays January 8th - February 12th

Session 4: Tuesdays March 5th - April 9th

Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 5:00p-6:00p Fee: \$135 per child (6 classes)



MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Thursdays January 10th - February 14th

Session 4: Thursdays March 7th - April 11th

Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 5:00p-6:00p Fee: \$135 per child (6 classes)

HOT SHOTS AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the fundamentals of all strokes and will start work on match play. All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesdays January 8th - February 12th

Session 4: Tuesdays March 5th - April 9th

Location: Village Racquet and Fitness (30 Golf Drive, Pine Hills)

Time: 6:00p-7:00p Fee: \$135 per child (6 classes)



MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. All Pros are USTA and USPTR certified. Students should have their own racquet.

Session 3: Thursdays January 10th - February 14th

Session 4: Thursdays March 7th - April 11th

Location: Village Racquet and Fitness

(30 Golf Drive, Pine Hills)

Fee: \$135 per child (6 classes)

Time: 6:00p-7:00p

MANOMET YOUTH CENTER

AFTER SCHOOL at the MYC Ages 7-14

During the school year the Manomet Youth Center located at 659 State Road will be available for youth to drop-in. The MYC is operated by the Plymouth Recreation Department, and is a fun place for children to stay active after school. The youth center has a game room, TV room, and a gymnasium!! Children can challenge each other in bumper pool, air hockey, ping, or join us in the gymnasium for a large game of dodgeball, doctor dodgeball and more!

Times: Monday-Thursday 3:00p-6:00p & Friday's 3:00p-8:00p

*hours are subject to change due to programing schedule

Fee: \$75 from January 3rd - June or \$3 for daily drop-in

HALF DAYS at the MYC AGES 7-14

Offered every Wednesday half-day during the school year, this new program provides a safe, fun, exciting environment for your child. Our professionally trained staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, pool, and more.

Parents can pre-register with a credit card by calling 508-747-1620 Ext. 10137

Fee: \$3 for members, \$8 for non-members

Dates: 1/23, 2/13, 3/6, 3/20, 4/10, 5/15

Times: 12:30p-6:00p

EARLY DROP OFF FOR NON-SCHOOL DAYS @ the MYC AGES 7-14

For early drop off, you can pre-register your child to be dropped off at the youth center between 7:00a-11:00a for \$5 for members and \$10 for non-members. If children come after 11:00a, there is no fee for members and the regular \$3 for non-members. Space is limited to 40 children for early drop off and parents must pre-register their child. If your child plans on being at the youth center for the day lunch is required.

Dates: 12/26-12/28, 2/19-2/22, 4/16-4/19



KID'S NIGHT OUT

Ages 7-13

The Manomet Youth Center will be hosting two Saturday night "Parties". They are open to all Plymouth Youth Residents and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room, play sports in the gym, and challenge each other to matches of ping-pong, pool and air hockey! These great events are sponsored by the Plymouth Elks.

Fee: \$13 per child per night Time: 5:00p-9:00p

VIDEO GAME NIGHT

The evening will include video game tournaments all night. Mario Kart, Smash Brothers & Just Dance will be played all night. We will have prizes for the top winners!

When: Saturday January 26th



GAGA NIGHT

Come join us as we set up our inflatable gaga pit in the gym and play all night! Gaga is a fast paced dodge ball like sport played in an octagonal pit!

When: February 23rd



DODGEBALL NIGHT

Dive, Dodge, Duck, Dodge! We will be having our second annual Dodgeball Kids Night Out. We will play mini tournaments all night. Prizes will be awarded to our winners!

When: Saturday March 23rd



TEEN / ADULT PROGRAMS

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.



Instructor: Jayne Sutton

Session 3: Thursdays January 10th - February 14th

Session 4: Thursdays February 28th - April 4th

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p - 7:45p Fee: \$60 per person (6 classes)

LEARN TO ICE SKATE

TEEN/ADULT SEMI-PRIVATE

AGES 16+

Ages 16 and older are invited to learn to skate or enhance skating skills in a fun and comfortable learning environment. Skaters will be grouped by age and/or ability as needed. PREREQUISITE: Skaters must be at least 16 years of age. A helmet, such as a bike helmet or HECC helmet is required.

Location: Armstrong Arena (103 Long Pond Rd)

Dates: Sundays March 3rd - April 21st

Time: 2:25p-2:50p Fee: \$139 per person (8 classes)

Registration will end on Monday February 25th

COUNTRY WESTERN TWO STEP

AGES 18+

Country Two-step begins with very simple footwork, it speeds along quickly with many fun dance positions, turns and wraps, to make it a very fun and high energy dance style. Danced to Country Western music exclusively, it is an up-tempo easy dance to learn.

Dates: Mondays January 7th - February 25th (no class 1/21, 2/18)

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p Fee: \$60 per person (6 classes)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body", "Mind, Body, & Spirit". Please bring a Yoga mat to class each week.

Instructor: Paul Wybieracki

Location: Memorial Hall - Blue Room (83 Court St.)

Session 2: Monday January 7th - February 25th (no class 1/21, 2/18)

Session 3: Monday March 4th - April 8th

Time: 6:00p-7:00p Fee: \$50 per person (6 classes)

PICK-UP VOLLEYBALL

AGES 18+

Do you love to play, but are not necessarily looking for a formal league? We will run informal games of pick-up volleyball on Wednesday nights for beginner to semi-competitive players. The idea is to stay active and have fun.

When: Wednesdays January 9th - March 27th (no volleyball 2/20)

Location: Memorial Hall - Auditorium (83 Court St)

Time: 7:00p-8:30p

Fee: \$5 per person per night or 10 nights for \$35 pre-paid

MENS PICK-UP BASKETBALL

AGES 18+

New this winter we are offering Pick-Up Basketball at the Manomet Youth Center. Come on down for a night of hoops with friends in a relaxed setting. Space is limited to 20 per night so pre-registration is encouraged to secure your spot! This ensures that everyone gets plenty of time to play.

When: Thursdays January 10th - March 21st (10 weeks)
(no class 2/21)

Location: Manomet Youth Center Time: 7:15p-9:15p

Fee: \$35 for all 10 nights or \$5 for one night drop in
MAX OF 20 PEOPLE ALLOWED so PRE-REGISTRATION is encouraged!

PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts. (you are more than welcome to bring your own paddles). Space is limited!! YOU MUST REGISTER TO PLAY.

Location: Memorial Hall - Auditorium (83 Court Street)

Session 3: Tuesdays January 8th - February 12th

Session 4: Tuesdays February 26th - April 9th (no PB 4/2)

Times: 6:00p-8:00p Fee: \$25

PLEASE NOTE, DUE TO POPULARITY, YOU ARE ONLY PERMITTED TO SIGN UP FOR ONE TIME SLOT PER SESSION

INTRO TO SWING DANCE

AGES 18+

If you like Big Band, Blues, Country & Western, Rock & Roll, or today's Pop music, then Swing is the dance for you. You can call it Jitterbug, Jive, or Lindy. It doesn't matter, you will be learning the basic turns & spins that make it one of the most fun & versatile dances there is. A true American, timeless, classic that you can use anywhere!

Dates: Mondays March 4th - April 8th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p Fee: \$60 per person (6 classes)

*Casual dress & comfortable shoes are all you need. No sneakers or rubber soled shoes please.

POUND

AGES 18+

Pound is a high energy, drumming and Pilates-inspired workout. It is a mood-boosting, stress-releasing cardio interval fitness format that will leave you feeling strong and energized!

Instructor: Jenna Sorensen

Session 3: Wednesday January 9th - February 13th

Session 4: Wednesday March 6th - April 10th

Location: Memorial Hall - Auditorium (83 Court St)

Times: 5:30p-6:30p

Fee: \$50 per person
(6 classes)



TEEN / ADULT PROGRAMS

ADULT COED SOFTBALL LEAGUE AGES 18+

Join our fun and competitive coed adult softball league! Teams play one game per week. We will start accepting team registrations Monday February 4th. Team registration forms plus a nonrefundable deposit of \$150 is due upon registration. Teams will be taken on a first come first serve basis with the deposit. All remaining fees must be paid prior to April 12th 2019. Failure to do so will result in forfeiting participation in the league and the team's registration deposit. Team applications are available online or in the Recreation office. If you need more information, email Aimee Howell at ahowell@townhall.plymouth.ma.us There is a MANDATORY ASA bat testing done prior to the start of the season. Only bats tested and approved will be allowed to be used in our league.

Date: Monday-Thursday April 30th- July 26th

(make-up games on Fridays)

Location: Forges Adult Softball Field (83 Jordan Rd)

Time: 7:00p or 8:30p Fee: \$700 per team

(10 game season plus top 8 teams make the playoffs)

BARRE HIP-HOP AGES 18+

With a non-stop, motivating play list, we move through a high intensity but low impact workout combining elements of hip hop dance with barre and strength exercises to keep your heart rate up, booty shaking, muscles quaking, and a smile on your face! Utilizing light dumbbells, a small Pilates ball, and a chair as your barre (all provided at Memorial Hall). Please bring your own yoga mat and water. This workout is best without shoes. Instructor: Wendy Weiser

Session 3: Tuesdays January 8th- February 12th

Session 4: Tuesdays March 5th-April 9th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:00p-7:55p Fee: \$50 per person (6 classes)

CLUB CALIENTE

Music Pumping. Heart Pounding. Booty Shaking. If you like Zumba(tm), you'll also enjoy this unique and challenging yet EASY TO FOLLOW dance party with a hip hop-based playlist and extra spicy, supercharged moves. More plyometrics and toning help you maximize your workout, with modifications for ALL LEVELS. Let's turn up the music for dance fitness meets HIIT... in the club! Instructor: Wendy Weiser

Session 3: Tuesdays January 8th- February 12th Session 4: Tuesdays March 5th-April 9th

Location: Memorial Hall - Blue Room (83 Court St) Time: 6:00p-6:55p Fee: \$50 per person (6 classes)

TENNIS @ THE PINEHILLS LEVEL 1 ADULT AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr, Pine Hills)

Session 3: Tuesdays January 8th-February 12th

Session 4: Tuesdays March 5th- April 9th

Time: 7:00p-8:00p Fee: \$135 per person (6 classes)

TENNIS @ THE PINEHILLS LEVEL 2 ADULT AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.

Location: Village Racquet and Fitness (30 Golf Dr, Pine Hills)

Session 3: Thursdays January 10th-February 14th

Session 4: Thursdays March 7th- April 11th

Time: 7:00p-8:00p Fee: \$135 per person (6 classes)

BELLY FIT FOR WOMEN AGES 18+

BELLYFIT is a holistic fitness program for women providing cardio, strength, and stretch set to a seamless ethno-electro soundtrack unlike any other fitness class! "Unleash your inner goddess" with cool cardio based on Indian, African, and Belly Dance, pilates-inspired core work, and yoga stretch and meditation, all with the unique needs of a women in mind. Bring water and a mat. Comfy clothes and sneakers recommended, bare feet optional! Instructor: Wendy Weiser

Session 3: Tuesdays January 8th- February 12th

Session 4: Tuesdays March 5th-April 9th

Location: Memorial Hall (83 Court St.)

Time: 5:00p-5:55p Fee: \$50 per person (6 classes)

AGES 18+

PLYMOUTH REC CORNHOLE TOURNAMENT

Break those winter blues and join us for our 4th annual Cornhole Tournament! Come challenge your friends and coworkers to a game of corn hole! Teams of 2 can register online at www.plymouthrec.com or fill out the form below and mail it to the Recreation Office. Make sure to register early, last year we filled! Beer, wine and snacks will be available for purchase.

Date: Saturday March 2nd, 2019 Time: Registration & Warm-up 4:30-5:00pm - Bags Fly @ 5:00pm

Location: Memorial Hall 83 Court St., Plymouth, MA 02360 Fee: \$35 per team (Teams of 2) Must be 18+ to play

*All equipment is provided. Players cannot bring their own bags or boards.

PRIZES!! \$100 for 1st, \$50 for 2nd, \$35 for 3rd for Competitive Bracket & Gift Certificates will be awarded for the social bracket

REGISTRATION FORM



COMPETITIVE SOCIAL

(please circle one)

TEAM NAME: _____

CONTACT EMAIL: _____

PLAYER 1: _____ PHONE: _____

PLAYER 1 ADDRESS: _____
STREET ADDRESS CITY, STATE, ZIP CODE

PLAYER 2: _____ PHONE: _____

Drop off or mail registration forms at Plymouth Recreation Department, 26 Court St, Plymouth, MA 02360

Or Register by phone: 508-747-1620 x 10137 or online www.plymouthrec.com

WINTER BASH

SATURDAY
FEBRUARY 9, 2019

PLYMOUTH
RECREATION

Join us at Memorial Hall for an all out Family Fun Time! Dance the night away to some of your favorite tunes. Photo-booth, refreshments, games, and so much more!

6:00pm-8:00pm

PLYMOUTHREC.COM

\$15 Family of Four
\$5 per additional person
2+ needs a ticket

RESIDENTIAL CUSTOMER

SPRING 2019 SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship.

Dates: Saturdays April 6th - May 18th (no class 4/20, could be used as a make-up)

Location: Forges Soccer Field #1 (83 Jordan Rd)

Age: 3
Group 1: 9:00a-9:30a
Group 5: 11:45a-12:15p
Group 6: 12:15p-12:45p
Fee: \$48 per child

Age: 4-5
Group 2: 9:35a-10:35a
Group 3: 10:40a-11:40a
Group 4: 11:45a-12:45p
Fee: \$78 per child

SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other developmental league teams. Includes a team shirt.

Ages: 6-7

Dates: Saturdays April 6th - May 18th (no class 4/20, could be used as a make-up)

Time: 12:50-1:50p Location: Forges Soccer Field #1 (83 Jordan Rd)

Fee: \$83 per child (fee includes 6 classes & team shirt)



SPRING 2019 NFL FLAG FOOTBALL LEAGUE

5-6 YEAR OLD LEAGUE

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Thursdays; there will be no other practice requirements. We do not take special requests for team placement.

Dates: Thursdays April 4th - May 16th (no flag 4/18) Time: 5:30p-6:30p

Location: Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey & end of the season award)

REGISTRATION OPENS: JANUARY 7TH FOR RESIDENTS

JANUARY 14TH FOR NON RESIDENTS

REGISTRATION CLOSES: FEBRUARY 25TH OR WHEN FULL.

7-9 & 10-13 YEAR OLD LEAGUES

This extremely successful and competitive flag football league teaches fundamentals as well as good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement, all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. Volunteer coaches are needed! ***Game nights are subject to change due to weather and make-ups.

7-9 & 10-13 League Dates: Friday nights April 5th - May 31st (additional weeks for playoffs; no flag 4/19, 6 games)

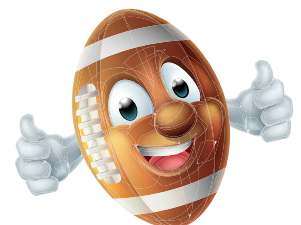
Time: 5:30p, 6:30p, 7:30p or 8:30p

Location: Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

Fee: \$100 per child (includes NFL Jersey)

*Evaluations: Evaluations are required for ALL PLAYERS

You will be advised of evaluation times 1 week before your evaluation date.



VOLUNTEER COACHES NEEDED!